

2025 SHOREMEN FOOTBALL

“A Legacy of Success”



CONFERENCE CHAMPIONS

1941 1948 1949 1950 1951 1954 1958 1959 1960 1961 1966 1967 1971 1974 1975 1976 1981 1982
1985 1990 1992 1993 1994 1997 1998 1999 2000 2001 2002 2003 2004 2005 2007 2008 2009 2010
2011 2012 2018

STATE PLAYOFFS

1981 1985 1994 1995 1998 1999 2000 2001 2002 2003 2004 2005 2007 2008 2009 2010 2012 2013
2016 2018 2019 2020 2021 2022 2023 2024

STATE FINALIST

2004

STATE CHAMPION

2003

**AVON LAKE HIGH SCHOOL
SHOREMEN FOOTBALL**

FRIDAY	8/9	Lorain	Home	10:00 AM
			(SCRIMMAGE)	
THURSDAY	8/15	PADUA	Away	7:00 PM
			(SCRIMMAGE)	

EXPECT VICTORY 2025

Schedule is subject to change.



SHOREMEN 4C FOOTBALL

									
AWAY 8/22	AWAY 8/29	HOME 9/05	AWAY 9/12	HOME 9/19	HOME 9/26	AWAY 10/3	HOME 10/10	AWAY 10/17	HOME 10/24
Strongsville	Lake Catholic	Medina Highland	Midview	Amherst Steele	Elyria	Olmsted Falls	North Ridgeville	Avon	Berea-Midpark

2025 Schedule / All Games 7pm / All Home Games @ Memorial Stadium

Schedule is subject to change.

December 2024						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	2 <u>Lifting</u> 3:00-4:15 <u>Baseline Testing</u> <u>Week</u>	3	4 <u>Lifting</u> 3:00-4:15	5	6 <u>Lifting 6:15 AM</u>	7
8	9 <u>Lifting</u> 3:00-4:15 <u>Banquet</u>	10	11 <u>Lifting</u> 3:00-4:15	12	13 <u>Lifting 6:15 AM</u>	14
15	16 <u>Lifting</u> 3:00-4:15	17	18 <u>Lifting</u> 3:00-4:15	19	20 <u>Lifting 6:15 AM</u>	21
22	23 Xmas Break Begin	24 Weight Room Closed	25 Weight Room Closed	26 Weight Room Closed	27 Weight Room Closed	28
29	30 <u>Lifting</u> 8:00-9:30 AM	31 Weight Room Closed	1 Weight Room Closed	2 <u>Lifting</u> 8:00-9:30 AM	3 <u>Lifting</u> 8:00-9:30 AM	4

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January 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30 <u>Lifting</u> <u>8:00-9:30 AM</u>	31 Weight Room Closed	1 Weight Room Closed	2 <u>Lifting</u> <u>8:00-9:30 AM</u>	3 <u>Lifting</u> <u>8:00-9:30 AM</u>	4
5	6 <u>Lifting</u> <u>3:00-4:15</u>	7	8 <u>Lifting</u> <u>3:00-4:15</u>	9	10 <u>Lifting 6:15 AM</u>	11
12 Senior Leadership 7pm	13 <u>Lifting</u> <u>3:00-4:15</u> <u>MS-4:45-5:30</u>	14	15 Midterms <u>Lifting 12:30</u> <u>MS-4:45-5:30</u>	16 Midterms	17 Midterms <u>Lifting 12:30</u> End of 2Q Early Release	18
19	20 MLK Day No School Weight Room Closed	21 <u>Lifting</u> <u>3:00-4:15</u>	22 <u>Lifting</u> <u>3:00-4:15</u> <u>MS-4:45-5:30</u>	23	24 <u>Lifting 6:15 AM</u>	25
26	27 <u>Lifting</u> <u>3:00-4:15</u> <u>MS-4:45-5:30</u>	28	29 <u>Lifting</u> <u>3:00-4:15</u> <u>MS-4:45-5:30</u>	30	31 <u>Lifting 6:15 AM</u>	1

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February 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 Senior Leadership 7pm	3 <u>Lifting</u> 3:00-4:15 <u>MS-4:45-5:30</u>	4	5 <u>Lifting</u> 3:00-4:15 <u>MS-4:45-5:30</u>	6	7 <u>Lifting 6:15 AM</u>	8 OL/TE/FB/DL Skill Work 9am
9	10 <u>Lifting</u> 3:00-4:15 <u>MS-4:45-5:30</u>	11	12 <u>Lifting</u> 3:00-4:15 <u>MS-4:45-5:30</u>	13	14 <u>Lifting 6:15 AM</u> No School Inservice Day	15
16	17 Presidents Day No School	18 <u>Lifting</u> 3:00-4:15 <u>MS-4:45-5:30</u>	19 <u>Lifting</u> 3:00-4:15 <u>MS-4:45-5:30</u>	20	21 <u>Lifting 6:15 AM</u>	22 OL/TE/FB/DL Skill Work 9am
23 Senior Leadership 7pm	24 <u>Lifting</u> 3:00-4:15 <u>MS-4:45-5:30</u>	25	26 <u>Lifting</u> 3:00-4:00 <u>MS - 4:45-5:30</u>	27	28 <u>Lifting 6:15 AM</u>	1

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March 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3 <u>Lifting</u> 3:00-4:15 <u>MS-4:45-5:30</u>	4	5 <u>Lifting</u> 3:00-4:15 <u>MS-4:45-5:30</u>	6 <u>MS-None Conferences</u> Lock-In Current 9-11 grade only 9:00PM	7 NO School <u>Lifting 3:30</u>	8
9 Senior Leadership 7pm	10 No School	11 <u>Lifting</u> 3:00-4:15 <u>MS-4:45-5:30</u>	12 <u>Lifting</u> 3:00-4:15 <u>MS-4:45-5:30</u>	13	14 <u>Lifting 6:15 AM</u>	15 OL/TE/FB/DL Skill Work 9am
16	17 <u>Lifting</u> 3:00-4:15 <u>MS-4:45-5:30</u>	18	19	20 <u>Lifting</u> 3:00-4:15 <u>MS-4:45-5:30</u>	21 <u>Lifting 6:15 AM</u>	22
23 Senior Leadership 7pm 7on7@NR 2-4PM	24 <u>Lifting</u> 3:00-4:15 <u>MS-4:45-5:30</u>	25	26 <u>Lifting</u> 3:00-4:15 <u>MS-4:45-5:30</u>	27	28 <u>Lifting 6:15 AM</u>	29 OL/TE/FB/DL Skill Work 9am
30 3 Rep Check-In 7on7@NR 2-4PM	31 <u>Lifting</u> 3:00-4:15 <u>MS-4:45-5:30</u>	1	2 <u>Lifting</u> 3:00-4:15 <u>MS-4:45-5:30</u>	3	4 <u>Lifting 6:15 AM</u>	5

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April 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 7on7@NR 2-4PM	31 <u>Lifting</u> 3:00-4:15 <u>MS-4:45-5:30</u>	1	2 <u>Lifting</u> 3:00-4:15 <u>MS-4:45-5:30</u>	3	4 <u>Lifting 6:15 AM</u>	5 OL/TE/FB/DL Skill Work 9am
6 Senior Leadership 7pm 7on7@NR 2-4PM	7 <u>Lifting</u> 3:00-4:15 <u>MS-4:45-5:30</u>	8	9 <u>Lifting</u> 3:00-4:15 <u>MS-4:45-5:30</u>	10	11 <u>Lifting 3:00</u>	12 OL/TE/FB/DL Skill Work 9 am
13 7on7@NR 2-4PM	14 <u>Lifting</u> 3:00-4:15 <u>MS-4:45-5:30</u>	15	16 <u>Lifting</u> 3:00-4:15 <u>MS-4:45-5:30</u>	17 Lifting 9:00AM	18 <u>Off</u>	19
20	21 7on7@NR 2-4PM Canceled	22 <u>Lifting</u> 9-10:15 <u>MS-10:30-11:15</u>	23 <u>Lifting</u> 9-10:15 <u>MS-10:30-11:15</u>	24	25 <u>Lifting</u> 9-10:15 <u>MS-10:30-11:15</u>	26
27 Spring Break Ends 7on7@NR 2-3PM	28 <u>Lifting</u> 3:00-4:15 <u>MS-4:45-5:30</u>	29	30 <u>Lifting</u> 3:00-4:15 <u>MS-4:45-5:30</u>	1	2 <u>Lifting 6:15 AM</u>	3

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May 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27 Spring Break Ends	28 <u>Lifting</u> 3:00-4:15 <u>MS-4:45-5:30</u>	29	30 <u>Lifting</u> 3:00-4:15 <u>MS-4:45-5:30</u>	1	2 <u>Lifting 6:15 AM</u>	3 OL/TE/FB/DL Skill Work 9am
4 Senior Leadership 7pm	5 <u>Lifting</u> 3:00-4:15 <u>MS-4:45-5:30</u>	6	7 <u>Lifting</u> 3:00-4:15 <u>MS-4:45-5:30</u>	8	9 <u>Lifting 6:15 AM</u>	10
11 Mother's Day	12 <u>Lifting</u> 3:00-4:15 <u>MS-4:45-5:30</u>	13	14 <u>Lifting</u> 3:00-4:15 <u>MS-4:45-5:30</u>	15 Combine Day	16 <u>Lifting 6:15 AM</u>	17 OL/TE/FB/DL Skill Work 9am
18	19 <u>Lifting</u> 3:00-4:15 <u>MS-4:45-5:30</u>	20 Blitz Day Fundraiser	21 <u>Lifting</u> 3:00-4:15 <u>MS-4:45-5:30</u>	22	23 <u>Lifting 6:15 AM</u>	24
25 Lift-A-Thon Week	26 Memorial Day OFF	27 Hang Clean Broad Jump MS- 4:00-4:45 630	28 Max Week Squat Vert MS- 4:00-4:45	29 Height Weight Equipment Day 9-12	30 Max Week Bench MS- 4:00-4:45	31

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June 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Finals Week Practice 9-12 3:00-5:45 MS-OFF	3 Finals Week Practice 9-12 3:00-5:45 MS-OFF	4 Finals Week Practice 9-12 3:00-5:45 MS-OFF	5 Victory Hill 4:30 All incoming 9-12	6 Finals Week OFF MS-OFF	7
8	9 Lifting 6:45 Frosh/MS 9:00 Concussion Testing	10 Lifting 6:45 Frosh/MS 9:00	11 Make up Lifting 9-11	12 Lifting 6:45 Frosh/MS 9:00	13 9-Trevor Lift	14
15	16 Lifting 6:45 Frosh/MS 9:00	17 Lifting 6:45 Frosh/MS 9:00	18 Make up Lifting 9-11	19 Lifting 6:45 Frosh/MS 9:00	20 9-Trevor Lift	21
22	23 Lifting 6:45 Frosh/MS 9:00 Youth Camp 1-4 9:00-10:30 5-6 10:30-12:00	24 Lifting 6:45 Frosh/MS 9:00 Youth Camp 1-4 9:00-10:30 5-6 10:30-12:00	25 Make up Lifting 9-11 Youth Camp 1-4 9:00-10:30 5-6 10:30-12:00	26 Lifting 6:45 Frosh/MS 9:00 Youth Camp 1-4 9:00-10:30 5-6 10:30-12:00	27 9-Trevor Lift	28
29	30 Lifting 6:45 Frosh/MS 9:00	1 Lifting 6:45 Frosh/MS 9:00	2 OFF	3 OFF	4 OFF	5

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July 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30 Lifting 6:45 Frosh/MS 9:00	1 Lifting 6:45 Frosh/MS 9:00	2 OFF	3 OFF	4 OFF	5
6	7 Lifting 6:45 Frosh/MS 9:00	8 Practice grades 9-12 6:45-11:00 Frosh/MS 11-12 Lifting	9 Practice grades 9-12 6:50-1:00	10 6:45 7on7@NO Practice grades 9-12 6:45-11:00 Frosh/MS 11-12 Lifting	11 9-Trevor Lift	12 @Euclid 7on7 10AM
13	14 Lifting 6:45 Frosh/MS 9:00	15 6:45 7on7@NO Practice grades 9-12 6:50-11:00 Frosh/MS 11-12 Lifting	16 Practice grades 9-12 6:50-1:00	17 Practice grades 9-12 6:50-11:00 Frosh/MS 11-12 Lifting	18 9-Trevor Lift	19
20	21 Practice grades 9-12 6:50-11:00 Frosh/MS 11-12 Lifting MS Equipment Day 5:00PM	22 Camp 9-12 6:50-11:30 Helmets 7-8 Grade Camp 6-8 PM	23 Camp 9-12 6:50-11:30 Helmets & Shoulder Pads 7-8 Grade Camp 6-8 PM	24 Camp 9-12 6:50-11:30 Helmets & Shoulder Pads 7-8 Grade Camp 6-8 PM	25 OFF	26

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27	28 OFF	29 Off	30 Camp 9-12 6:50-1:00 Helmets & Shoulder Pads	31 Camp 9-12 6:50-11:00 Full Gear	1 Camp 9-12 6:50-1:00 Full Gear	2 Camp 9-12 6:50-11:00 Full Gear
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August 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28 OFF	29 Off	30 Camp 9-12 6:50-1:00 Full Gear	31 Camp 9-12 Lifting 6:45-11:00 Full Gear	1 Camp 9-12 6:50-1:00 Full Gear	2 Camp 9-12 Lifting 6:45-11:00 Full Gear
3	4 Camp 9-12 6:50-1:00	5 Lifting Camp 6:45-11:30	6 Lifting Camp 6:45-11:30	7 Camp 8:00-11:00 Team Picnic NOON	8 Home Lorain Scrimmage 4:30-5:30 Frosh/JV 6:00 Varsity	9 Film Lifting 8:00 AM
10 Football Club Outing	11 Lifting Camp 6:45-11:00	12 Camp 7:30-11:30 Fowkes	13 Lifting Camp 6:45-11:00	14 Scrimmage @Padua 5:00 PM Frosh 7:00 PM JV/Varsity	15 Film: 8:00 Lifting 9:30 10:30 Varsity Walk through Pay to Play Due	16 Picture Day
17	18 2:00 Lift 3:00 Offense Meeting 3:45-5:45 practice	19	20 Meeting 3:45-5:45 practice 6:00PM Lift	21 3:45-5:45 practice Frosh vs. Strongsville	22 Varsity @ Strongsville	23 Varsity Film 8:00AM J.V vs. Strongsville

Schedule is subject to change.

24	25	26	27	28	29	31
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