

Class C3 Track and Field Sectionals
Dundee Central School - May 30th 2025

Site Information

Throwing Implements and Clerking: Throwing implements will be weighed in at the tent located in the throwing area. The check-in area for running numbers will be located at the south end of the track. Two numbers will be utilized for the 800 and above. Implement weigh-ins will begin at 4:15.

Arrival: Please drop your team off at the designated bus unloading area (access road to the track) and then proceed to bus parking that is designated on the map. Supervisors will be there to assist you. Once unloaded, select a team camp in one of the two designated areas on our campus. In the event of thunder or lightning, teams will report to their buses.

General Considerations:

- A garbage bag will be supplied to each team when exiting buses. Please use these to keep your area clean.
- All meet responsibilities are covered by Dundee volunteers.
- The Jury of Appeals will be Rollie Duttweiler, Al Fultz and Kevin Rosko.
- Bathrooms are available in and around the field house.
- Athletes must not jump the fence.
- Concessions will be available.
- Electronics for athletes are not permitted in the competition area once the competition begins.

Meet Information

Event Order - Standard sectional order of events will be followed.

Running Event Check-in - Athletes in all running events must check in and pick up their hip numbers at the main gate of the track prior to the start of their race. Please make sure that your athletes jerseys are tucked in so that the hip numbers are visible by the FAT cameras.

Field Event Check in - Athletes in field events should report to the site of their event for check in prior to the start of competition. Athletes will be called by flight for check in. Throws and horizontal jumps will receive 4 attempts.

Infield - Only competing athletes will be allowed on the infield. No spectators or non-competing athletes should be in this area. Track supervisors will be in place to keep the infield clear. Coaching boxes will be provided at field event areas. The football field is a coaching box.

Check-out Time – Field athletes will be allowed 15 minutes to return to their event after leaving. Exceptions will be made for distance events (20 minutes).

Competition Area – No electronic devices will be allowed in the competition areas. Athletes who fail to abide by this rule will be disqualified from the meet.

Tents - Team tents should be set up in the designated team areas.

- **Pentathlon Order:** (Pent. High Jump see heights below)

Boys	110 hurdles	High Jump Maroon Pit	Shot Put	Long Jump Towards School	1500m
Girls	100 hurdles	High Jump Black Pit	Shot Put	Long Jump Away From School	800m

Field Event Locations and Logistics:

Long and Triple Jump - On the north end of the track. Boys will jump away from the school and girls will jump towards the school. 20 minutes between flights. Competitors will have 4 attempts.

High Jump - 2 mats located on the south end of the track. Boys will jump on the maroon mat and girls will jump on the black mat. Both will begin at the conclusion of pent high jump.

Pole Vault - 1 pit on the south end of the track. Boys followed by girls.

Shot Put and Discus - Located south of the track adjacent to the creek. Warm-up begins 20 minutes before competition starts and then 20 minutes between flights. Boys shot put and girls discus first. Competitors will have 4 attempts.

Pentathlon Shot Put - Located on the east side of the track near the maroon buildings.

Coaching Boxes will be the end zones of the football field and behind the flagging at the throwing area.

Starting Heights:

Boys High Jump - Start at 4-8 and then up by 2 inches.

Girls High Jump - Start at 4-2 and then up by 2 inches.

Girls Pent High Jump - Start at 1 meters and then up by 5 cm to 1.5 meters and then up by 2 cm.

Boy Pent High Jump - Start at 1.3 meters and then up 5 cm to 1.8 and then up by 2 cm.

Boys Pole Vault - Start at 8-0 then 8-6, 9-0, 9-6 and then up by 3 inches.

Girls Pole Vault - Start at 5-6 then 6-0, 6-6, 7-0 then up by 3 inches.

Officials Meeting at 4:00. Coaches meeting at 4:15.

