**The CT Summer Meals Program is federally funded by the USDA and state-administered by the Connecticut State Department of Education (CSDE).**

The program provides free, nutritious meals to kids during summer break. Summer Meals meet federal nutrition guidelines and are composed of milk, fruits, vegetables, grains, and meat or another protein. Summer Meals are offered at hundreds of sites around the state from June to late August. Meals are free to any child age 18-and-under, no questions asked.




**JUNE 19 to August 18 (closed July 3 & 4) MONDAY THROUGH FRIDAY**

# Windsor Public Schools

## Summer Food Program 2023

[Rain or Shine]

## LOCATIONS:

### Sharshon Park

38 Skitchewaug St

Monday - Friday

11:30 am to 12:15 pm

### John Fitch Park

156 Bloomfield Avenue

Monday - Friday

12:00 noon to 12:45 pm

**Due to changes in Federal Regulations for the Summer Food Service Program:**

- The child must be present to be eligible for a meal - no parent or guardian pick-up is permitted
- The child's meal must be consumed on site - grab and go meals are no longer permitted
- Each child or teen 18 and under is eligible for one lunch per day

Meal Site Locator Map & Summer Food Service Program

Summer Meals Program | End Hunger Connecticut! (endhungerct.org)

Summer Food Service Program | Food and Nutrition Service (usda.gov)

**For questions or concerns,** childnutrition@endhungerct.org

Caroline Cooke, Summer Meals Education Consultant caroline.cooke@ct.gov 860-807-2144

# June & July 2023 Summer Food Service Program

Windsor School Food Service

**Sharshon Park 11:30 to 12:15**

**John Fitch Park 12:00 to 12:45**

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| MENU SUBJECT TO CHANGE WITH OUT NOTICE | WG= whole grain<br>1% white milk served daily | Alternate Meal:<br>Wow butter & jelly sandwich | | |
| **JUNE 19**<br>WG Chicken Patty on a WG Bun<br>¼ cup Baby Carrots<br>1 Fresh Fruit<br>Milk goldfish crackers | 20<br>Cheeseburger on a WG Bun<br>¼ cup sliced Cucumbers<br>1 Fresh Fruit<br>Milk cheezits | 21<br>Beef Hot Dog on a WG Bun<br>¼ cup Pepper strips<br>1 Fresh Fruit<br>Milk goldfish crackers | 22<br>WG Chicken Tenders & WG Roll<br>¼ cup Celery Sticks<br>1 Fresh Fruit<br>Milk cheezits | **23**<br>Turkey & Cheese on WG Bread<br>¼ cup Broccoli<br>1 Fresh Fruit<br>Milk goldfish crackers |
| 26<br>WG Chicken Patty on a WG Bun<br>¼ cup Baby Carrots<br>1 Fresh Fruit<br>Milk goldfish crackers | 27<br>Cheeseburger on a WG Bun<br>¼ cup sliced Cucumbers<br>1 Fresh Fruit<br>Milk cheezits | 28<br>Beef Hot Dog on a WG Bun<br>¼ cup Pepper strips<br>1 Fresh Fruit<br>Milk goldfish crackers | 29<br>WG Chicken Tenders & WG Roll<br>¼ cup Celery Sticks<br>1 Fresh Fruit<br>Milk cheezits | 30<br>Turkey & Cheese on WG Bread<br>¼ cup Broccoli<br>1 Fresh Fruit<br>Milk Milk goldfish crackers |
| No Meals July 3<br> | No Meals July 4<br> | 5<br>Beef Hot Dog on a WG Bun<br>¼ cup Pepper strips<br>1 Fresh Fruit<br>Milk Milk goldfish crackers | 6<br>WG Chicken Tenders & WG Roll<br>¼ cup Celery Sticks<br>1 Fresh Fruit<br>Milk cheezits | 7<br>Turkey & Cheese on WG Bread<br>¼ cup Broccoli<br>1 Fresh Fruit<br>Milk Milk goldfish crackers |
| **10**<br>WG Chicken Patty on a WG Bun<br>¼ cup bag Baby Carrots<br>1 Fresh Fruit<br>Milk goldfish crackers | **11**<br>Cheeseburger on a WG Bun<br>¼ cup sliced Cucumbers<br>1 Fresh Fruit<br>Milk cheezits | **12**<br>Beef Hot Dog on a WG Bun<br>¼ cup Pepper strips<br>1 Fresh Fruit<br>Milk goldfish crackers | **13**<br>WG Chicken Tenders & WG Roll<br>¼ cup Celery Sticks<br>1 Fresh Fruit<br>Milk cheezits | **14**<br>Turkey & Cheese on WG Bread<br>¼ cup Broccoli<br>1 Fresh Fruit<br>Milk goldfish crackers |

# July & August 2023

Windsor School Food Service

## Summer Food Service Program

## Meal Service Times

Sharshon Park 11:30 to 12:15
John Fitch Park 12:00 to 12:45

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| MENU SUBJECT TO CHANGE WITH OUT NOTICE | WG= whole grain<br>1% white milk served daily<br>Alternate: Sandwich<br>Wow butter & jelly | | |  |
| JULY 17<br>WG Chicken Patty on a WG Bun<br>¼ cup Baby Carrots<br>1 Fresh Fruit<br>Milk goldfish crackers | July 18<br>Cheeseburger on a WG Bun<br>½ cup sliced Cucumbers<br>1 Fresh Fruit<br>Milk cheezit crackers | July 19<br>Beef Hot Dog on a WG Bun<br>¼ cup Pepper Strips<br>1 Fresh Fruit<br>Milk goldfish crackers | July 20<br>WG Chicken Tenders & WG Roll<br>¼ cup Celery Sticks<br>1 Fresh Fruit<br>Milk cheezit crackers | July 21<br>Turkey & Cheese on WG Bread<br>¼ cup Broccoli<br>1 Fresh Fruit<br>Milk goldfish crackers |
| 24<br>WG Chicken Patty on a WG Bun<br>¼ cup Baby Carrots<br>1 Fresh Fruit<br>Milk goldfish crackers | 25<br>Cheeseburger on a WG Bun<br>½ cup sliced Cucumbers<br>1 Fresh Fruit<br>Milk cheezit crackers | 26<br>Beef Hot Dog on a WG Bun<br>¼ cup Pepper Strips<br>1 Fresh Fruit<br>Milk goldfish crackers | 27<br>WG Chicken Tenders & WG Roll<br>¼ cup Celery Sticks<br>1 Fresh Fruit<br>Milk cheezit crackers | 28<br>Turkey & Cheese on WG Bread<br>¼ cup Broccoli<br>1 Fresh Fruit<br>Milk goldfish crackers |
| 31<br>WG Chicken Patty on a WG Bun<br>¼ cup Baby Carrots | August 1<br>Cheeseburger on a WG Bun<br>½ cup sliced Cucumbers | 2<br>Beef Hot Dog on a WG Bun<br>¼ cup Pepper Strips | 3<br>WG Chicken Tenders & WG Roll<br>¼ cup Celery Sticks | 4<br>Turkey & Cheese on WG Bread<br>¼ cup Broccoli |

# August 2023

## Summer Food Service Program

## Meal Service Times

Sharshon Park 11:30 to 12:15
John Fitch Park 12:00 to 12:45

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| MENU SUBJECT TO CHANGE WITH OUT NOTICE | WG= whole grain<br>1% white milk served daily<br>Alternate: Sandwich<br>Wow butter & jelly | | |  |
| 7<br>WG Chicken Patty on a WG Bun<br>¼ cup Baby Carrots<br>1 Fresh Fruit | 8<br>Cheeseburger on a WG Bun<br>½ cup sliced Cucumbers<br>1 Fresh Fruit | 9<br>Beef Hot Dog on a WG Bun<br>¼ cup Pepper Strips<br>1 Fresh Fruit | 10<br>WG Chicken Tenders & WG Roll<br>¼ cup Celery Sticks<br>1 Fresh Fruit | 11<br>Turkey & Cheese on WG Bread<br>¼ cup Broccoli<br>1 Fresh Fruit<br>Milk goldfish crackers |
| 14<br>WG Chicken Patty on a WG Bun<br>¼ cup Baby Carrots<br>1 Fresh Fruit | 15<br>Cheeseburger on a WG Bun<br>½ cup sliced Cucumbers<br>1 Fresh Fruit | 16<br>Beef Hot Dog on a WG Bun<br>¼ cup Pepper Strips<br>1 Fresh Fruit | 17<br>WG Chicken Tenders & WG Roll<br>¼ cup Celery Sticks<br>1 Fresh Fruit | 18<br>Turkey & Cheese on WG Bread<br>¼ cup Broccoli<br>1 Fresh Fruit<br>Milk goldfish crackers |