

The CT Summer Meals Program is federally funded by the USDA and state-administered by the  
**Connecticut State Department of Education (CSDE).**

The program provides free, nutritious meals to kids during summer break. Summer Meals meet federal nutrition guidelines and are composed of milk, fruits, vegetables, grains, and meat or another protein. Summer Meals are offered at hundreds of sites around the state from June to late August. Meals are free to any child age 18-and-under, no questions asked.



**JUNE 19 to August 18 (closed July 3 & 4) MONDAY THROUGH FRIDAY**

# Windsor Public Schools Summer Food Program 2023

[Rain or Shine]

## **LOCATIONS:**

### **Sharshon Park**

38 Skitchewaugh St

Monday - Friday

11:30 am to 12:15 pm

### **John Fitch Park**

156 Bloomfield Avenue

Monday - Friday

12:00 noon to 12:45 pm

#### **Due to changes in Federal Regulations for the Summer Food Service Program:**

- The child must be present to be eligible for a meal - no parent or guardian pick-up is permitted
- The child's meal must be consumed on site - grab and go meals are no longer permitted
- Each child or teen 18 and under is eligible for one lunch per day

Meal Site Locator Map & Summer Food Service Program  
[Summer Meals Program | End Hunger Connecticut! \(endhungerct.org\)](#)  
[Summer Food Service Program | Food and Nutrition Service \(usda.gov\)](#)



For questions or concerns, [childnutrition@endhungerct.org](mailto:childnutrition@endhungerct.org)

# June & July 2023 Summer Food Service Program



**Sharshon Park 11:30 to 12:15**

**John Fitch Park 12:00 to 12:45**

Monday	Tuesday	Wednesday	Thursday	Friday
MENU SUBJECT TO CHANGE WITH OUT NOTICE	WG= whole grain 1% white milk served daily	Alternate Meal: Wow butter & jelly sandwich		
<b>JUNE 19</b>	20	21	22	23
WG Chicken Patty on a WG Bun ¼ cup Baby Carrots 1 Fresh Fruit Milk goldfish crackers	Cheeseburger on a WG Bun ¼ cup sliced Cucumbers 1 Fresh Fruit Milk cheezits	Beef Hot Dog on a WG Bun ¼ cup Pepper strips 1 Fresh Fruit Milk goldfish crackers	WG Chicken Tenders & WG Roll ¼ cup Celery Sticks 1 Fresh Fruit Milk cheezits	Turkey & Cheese on WG Bread ¼ cup Broccoli 1 Fresh Fruit Milk goldfish crackers
26	27	28	29	30
WG Chicken Patty on a WG Bun ¼ cup Baby Carrots 1 Fresh Fruit Milk goldfish crackers	Cheeseburger on a WG Bun ¼ cup sliced Cucumbers 1 Fresh Fruit Milk cheezits	Beef Hot Dog on a WG Bun ¼ cup Pepper strips 1 Fresh Fruit Milk goldfish crackers	WG Chicken Tenders & WG Roll ¼ cup Celery Sticks 1 Fresh Fruit Milk cheezits	Turkey & Cheese on WG Bread ¼ cup Broccoli 1 Fresh Fruit Milk Milk goldfish crackers
No Meals July 3	No Meals July 4	5	6	7
		Beef Hot Dog on a WG Bun ¼ cup Pepper strips 1 Fresh Fruit Milk Milk goldfish crackers	WG Chicken Tenders & WG Roll ¼ cup Celery Sticks 1 Fresh Fruit Milk cheezits	Turkey & Cheese on WG Bread ¼ cup Broccoli 1 Fresh Fruit Milk Milk goldfish crackers
10	11	12	13	14
WG Chicken Patty on a WG Bun ¼ cup bag Baby Carrots 1 Fresh Fruit Milk goldfish crackers	Cheeseburger on a WG Bun ¼ cup sliced Cucumbers 1 Fresh Fruit Milk cheezits	Beef Hot Dog on a WG Bun ¼ cup Pepper strips 1 Fresh Fruit Milk goldfish crackers	WG Chicken Tenders & WG Roll ¼ cup Celery Sticks 1 Fresh Fruit Milk cheezits	Turkey & Cheese on WG Bread ¼ cup Broccoli 1 Fresh Fruit Milk goldfish crackers


# July & August 2023



## Summer Food Service Program

### Meal Service Times

Sharshon Park 11:30 to 12:15  
John Fitch Park 12:00 to 12:45

Monday	Tuesday	Wednesday	Thursday	Friday
MENU SUBJECT TO CHANGE WITH OUT NOTICE	WG= whole grain 1% white milk served daily Alternate: Sandwich Wow butter & jelly			
<b>JULY 17</b>	July 18	July 19	July 20	July 21
WG Chicken Patty on a WG Bun ¼ cup Baby Carrots 1 Fresh Fruit Milk goldfish crackers	Cheeseburger on a WG Bun ½ cup sliced Cucumbers 1 Fresh Fruit Milk cheezit crackers	Beef Hot Dog on a WG Bun ¼ cup Pepper Strips 1 Fresh Fruit Milk goldfish crackers	WG Chicken Tenders & WG Roll ¼ cup Celery Sticks 1 Fresh Fruit Milk cheezit crackers	Turkey & Cheese on WG Bread ¼ cup Broccoli 1 Fresh Fruit Milk goldfish crackers
24	25	26	27	28
WG Chicken Patty on a WG Bun ¼ cup Baby Carrots 1 Fresh Fruit Milk goldfish crackers	Cheeseburger on a WG Bun ½ cup sliced Cucumbers 1 Fresh Fruit Milk cheezit crackers	Beef Hot Dog on a WG Bun ¼ cup Pepper Strips 1 Fresh Fruit Milk goldfish crackers	WG Chicken Tenders & WG Roll ¼ cup Celery Sticks 1 Fresh Fruit Milk cheezit crackers	Turkey & Cheese on WG Bread ¼ cup Broccoli 1 Fresh Fruit Milk goldfish crackers
31	August 1	2	3	4
WG Chicken Patty on a WG Bun ¼ cup Baby Carrots	Cheeseburger on a WG Bun ½ cup sliced Cucumbers	Beef Hot Dog on a WG Bun ¼ cup Pepper Strips	WG Chicken Tenders & WG Roll ¼ cup Celery Sticks	Turkey & Cheese on WG Bread ¼ cup Broccoli

# August 2023



## Summer Food Service Program

### Meal Service Times

Sharshon Park 11:30 to 12:15  
John Fitch Park 12:00 to 12:45

Monday	Tuesday	Wednesday	Thursday	Friday
MENU SUBJECT TO CHANGE WITH OUT NOTICE	WG= whole grain 1% white milk served daily Alternate: Sandwich Wow butter & jelly			
7 WG Chicken Patty on a WG Bun ¼ cup Baby Carrots 1 Fresh Fruit	8 Cheeseburger on a WG Bun ¼ cup sliced Cucumbers 1 Fresh Fruit	9 Beef Hot Dog on a WG Bun ¼ cup Pepper Strips 1 Fresh Fruit	10 WG Chicken Tenders & WG Roll ¼ cup Celery Sticks 1 Fresh Fruit	11 Turkey & Cheese on WG Bread ¼ cup Broccoli 1 Fresh Fruit Milk goldfish crackers
14 WG Chicken Patty on a WG Bun ¼ cup Baby Carrots 1 Fresh Fruit	15 Cheeseburger on a WG Bun ¼ cup sliced Cucumbers 1 Fresh Fruit	16 Beef Hot Dog on a WG Bun ¼ cup Pepper Strips 1 Fresh Fruit	17 WG Chicken Tenders & WG Roll ¼ cup Celery Sticks 1 Fresh Fruit	18 Turkey & Cheese on WG Bread ¼ cup Broccoli 1 Fresh Fruit Milk goldfish crackers