# Veneers vs. Invisalign: What is Right for You?



#### Intro:

You have probably seen glow ups online where someone walks out of a dental office with a brand new smile in just a couple visits. Then there are those Invisalign journeys you follow for months where teeth gradually shift into place. Both veneers and Invisalign are amazing options, but they work in very different ways. The real question is... which one is right for you? Let's dive in.

#### What are Veneers?

Think of <u>veneers</u> as your instant smile makeover. These are thin porcelain shells that cover the front of your teeth. They <u>hide</u> stains, chips, gaps, and even make crooked teeth look straight. If you want a FAST transformation with results you can see right away, veneers are your go-to.

# What is Invisalign?

<u>Invisalign</u> is the clear alternative to braces. Instead of brackets and wires, you wear removable clear aligners that gently move your teeth over time. It is all about <u>alignment</u>: fixing crowding, spacing, and bite issues. The process is slower than veneers, but the payoff is a beautifully straight smile that is all your own natural teeth!

# **How Fast Do They Work?**

Veneers give you results almost instantly. Usually in three to five visits, you walk out with a brand new smile. Invisalign is more of a commitment. Treatments usually take around 12 - 15 months, depending on your case. The trays have to be worn for a minimum of 22 hours in a day. So compliance by patient is important for success.

# What Problems Do They Fix?

Veneers focus on cosmetics and function. They are perfect for teeth that are chipped, discolored, uneven, or have gaps.





With veneers you have an option of enhancing, shape, color and sizing to your liking and are able to customize it.

Invisalign is about function. It moves teeth into better alignment, improves your bite, and creates harmony across your whole smile. Your color and overall shape and size remains the same. It does not correct uneven edges or chips but overall enhances smiles by closing gaps or correcting minor misalignments. Color can be enhanced with whitening and edges can be made even by slight enameloplasty if needed.

# Which one Looks More Natural?

<u>Both</u> can look completely natural. Veneers are designed (need to see an expert) to blend perfectly with your features so your smile still looks like you, only better. Invisalign straightens your actual teeth, so the end result is just your natural smile in perfect alignment.

#### **Commitment?**

Veneers are pretty low <u>maintenance</u> after placement. Once they are bonded, you just treat them like your regular teeth (with a little extra care to avoid bad habits like biting ice, chewing nails, pens).

Invisalign requires discipline. You need to wear your aligners 20 to 22 hours a day and swap them out as directed. Even as dentists, we know it can be tough to stay on top of that schedule. It is doable, but it comes down to your personal goals and patience.

# Can You Get Both?

<u>Absolutely</u>. Some patients choose veneers only, especially if they are okay with a little crowding and want to save the one to two years Invisalign would take. Others do Invisalign first to align everything, then finish with veneers to perfect the shape, color, and overall looks. There is no one "right" path; it all depends on what matters most to you: speed, alignment, or a combination of both.

# **How Long Do Results Last?**

Veneers <u>last</u> about ten to fifteen years with proper care, sometimes much longer. Invisalign results can last for life, but you will need to wear retainers at night to keep your teeth from shifting back. Retainers are recommended for lifetime.

#### Cost?

Veneers are priced per tooth and we offer at \$1,700 per tooth, a price that reflects our dedication to both quality and value.

Invisalign usually costs between \$3,500 and \$6,000 for a full treatment, depending on how complex your case is.

#### **Conclusion:**

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If you want immediate results and a flawless cosmetic transformation, veneers <u>may be</u> the perfect choice. If you would rather <u>correct</u> alignment and bite issues and do not mind the time and any present uneven edges, chips or discoloration, Invisalign is your answer. And if you want the best of both worlds, combining treatments is always an option.

At SmilesbyDr.P, we will help you choose the plan that fits your lifestyle, your timeline, and your vision for your smile.

Ready to take the next step?

<u>Schedule your consultation</u> at Smiles By Dr. P. Visit our cosmetic dental office in Beverly Hills, California, or call (323) 577-3110 to book your appointment today.