CATS PROLONG LIFE

Those who have a cat live an average of 10 years longer

Treatment with the help of cats, called feline therapy, has been known since ancient times. It was mentioned in his writings by the great Hippocrates. Nowadays, doctors resort to the help of mustachioed doctors for various ailments in many countries.

Modern medicine has long been skeptical about this method of treatment. Everything changed after a research which took place in London, at the Institute of Therapeutic Methods. One day, in the laboratory where the experiment was carried out later, a cat showed up. The animal was walking by itself past the generator of low-frequency currents, when all the sensors suddenly went off-scale.

- At first we did not understand what was happening, - said one of the employees of the institute, -but it happened every time Martha (that was the name of the cat) passed by. And then we decided to measure its electromagnetic field. It turned out that Martha produces a much stronger low-frequency field than an expensive generator!

The Institute developed a method of treating chronic inflammatory diseases with the help of low-frequency currents. Keeping in mind the reaction of the sensors to the cat, the scientists divided the sick volunteers into two groups. One continued to be treated with low-frequency currents, and people from another group each had a cat put on the sore spot. A month later, scientists compared results: patients treated with cats, all recovered, but in the other group only half of the patients had full recovery. It turned out that according to the strength of low-frequency currents, which modern medicine used to treat inflammation, heal tissues and improve blood circulation, a cat is able to replace five (!) modern generators.

The same fact is explained by American scientists regarding the results of recent studies: cat lovers are 3 times less likely to suffer from cardiovascular diseases, and their risk of cancer is 30% lower.

And recently, scientists from the Institute of Animal Communication in North Carolina made another discovery. They examined cat voices and eventually found that a cat's purr is an effective remedy. Its effect is similar to ultrasound therapy. Only its impact on a person again is much stronger. In particular, it has a beneficial effect on the human nervous system.

But the healing effect of purring is not limited to this. The researchers found that the sound range from 27 to 44 hertz, in which cats purr 20 percent strengthens the bones. Now scientists use feline therapy to stop the development of osteoporosis.

At the Berlin Institute of Gerontology, a study was conducted on the effect of cats on the life expectancy of their owners. It turned out that those who have a mustachioed doctor live an average of 10.3 years longer than those without cats. Their blood pressure indicators were better, and the content of cholesterol in the blood, one of the factors of a heart attack, was noticeably lower. Thanks to this, the popularity of feline treatment as a natural recovery method is growing all over the world.

In England, yes, you can now buy a cat in a pharmacy!

Cats unmistakably understand when their owner has an illness. Near a seriously ill person, they will not start games but will lie near for a long time, purr, and massage with their claws. In short, they will try to help. Moreover, if their

patient has suffered a heart attack, stroke or major surgery and it takes more than a month to fully restore the body, the home doctor will always stay with him.

Researchers associate the healing practice of cats with the peculiarities of their energy. It is noticed that cats love to lie on TVs, refrigerators, and computers - on devices that emit negative electromagnetic waves. The higher the level of these fluctuations, the happier the cat: its energy system needs negative radiation. In the human body, it occurs in places of pathological processes and energy failures. To get rid of the accompanying diseases, we need to bring our energy system into balance. This is what cats do with their low-frequency field, while they themselves receive energy replenishment.

Feeling a negatively charged part of the human body, the cat rushes there, settles down comfortably, and begins to recharge. During such a session, the patient not only gets rid of negative energy fields - but also receives heat treatment, which is useful for many diseases. - However, apparently, there is also a desire on the part of mustachioed doctors to help a sick person to whom they feel affection.

This is evidenced by the following fact: if a cat lives in a family of several people, it treats 1-2 of them, although other members may also have ailments. Felinologists give unloved household members the following advice: we must try to find a common language with the pussy using telepathy, to which they are very susceptible. Sometime before cat therapy, you should try to mentally talk with your doctor. For example, before feeding mentally call him, conveying the image of your favorite treat. If the cat immediately comes to you, then we can assume that mental contact between you has been established and the cat will respond to your request for treatment.

SCHEDULE OF TREATMENTS

Specialists in cat therapy say that there are certain hours to treat each disease. So, the time interval from 3 AM to 5.AM is considered the most favorable for broncho-pulmonary diseases. Gastrointestinal diseases respond well to therapy from 5 PM to 7 PM. Cardiovascular diseases are best treated between 11 AM and 13 AM, and fatigue can only be relieved in the evening.

In order for a cat to have its healing effect, it is necessary that it lives in your house from the age of a kitten. For the rest, the mustachioed healer should be an adult, healthy, and undoubtedly friendly to people. Cats that invariably prefer to walk on their own are not suitable for this role.

As for medical procedures, felinologists have a number of specific recommendations in this regard. The cardiovascular system. A few years ago in one of the English hospitals, special studies were carried out on the ability of cats to stabilize blood pressure. The patients' blood pressure was measured, after which cats were brought to them. After 20 minutes, the doctors carried out a second, control, measurement and found out that the pressure in everyone returned to normal. For a stable effect, doctors say, it is enough to stroke the cat every day for 5 minutes. For the treatment of arrhythmia, you should let the cat lie on its chest for a few minutes, while stroking it. If you conduct 2-3 such sessions daily for 14 days, this will significantly improve your health. With atherosclerosis, it is necessary to accustom a cat to sleep near his head.

For joint pain caused by arthritis, the cat should be placed on the painful area of the body for 7-10 minutes. Such sessions should be carried out every other day for 30 days. For those who suffer from osteochondrosis, the fluffy doctor, most likely, will massage the back or neck himself, gently digging into the skin with his claws and accompanying it with a purr. By the way, such cat claw injections never leave traces - they heal very quickly. But if the cat scratches while playing, it heals for a long time.

To treat liver diseases, you should lie on your back and call a cat, which will definitely sit or lie down on a person's stomach, resting his head on the right hypochondrium. Gradually, you will feel the pain subside. Such sessions should be repeated until the painful symptoms disappear.

At high fever accompanying acute bronchitis, you should put the cat on the legs close to the feet, and if she does not want this, you need to stroke her for 10 minutes. For the treatment of chronic bronchitis, the cat should be placed 2-3 times a day on the chest area. If the animal takes the initiative and massages the patient with its claws, great. Such procedures relieve coughing fits and greatly facilitate the breathing of a person suffering from bronchitis.

When dizzy, you need to lie on your stomach and call the cat, which itself will settle down near the head of the owner and stay there until he gets better. With regular headaches, you should put the cat on the neck or head area 3 times a day. The course in this case should be at least 7-10 days.