

ODYSSEY OF ONSLAUGHT



 **Today's Missions & Strategic Steps To Success** 
(Tackle each mission, step by step, and track your progress.)

Wake up and sleep

1. 

 **MISSION:** Wake up 6:50 AM

 **Strategic Steps:**


2. 

 **MISSION:** Sleep 22:30 AM

 **Strategic Steps:**

Health and training

3. 

 **MISSION:** Eat daily 3280 cals

 **Strategic Steps:** Do 2 big meals, one lunch and one dinner

4. 

 **MISSION:** Drink 3L of water

 **Strategic Steps:**


5. 

 **MISSION:** Boxing

 **Strategic Steps:**

6. 

 **MISSION:** Do 175 push ups

 **Strategic Steps:** Do 2 sets of 40, 2 sets of 30, 1 set of 20 and one set of 15



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7.	<p> MISSION: Do 300 burpees</p> <p> Strategic Steps: Do them in the least amount of time</p>
8.	<p> MISSION: Stretch for 15 minutes</p> <p> Strategic Steps: Do them in the least amount of time</p>

💰 The path to financial conquest 🗡️

9.	<p> MISSION: Write 1 piece of copy</p> <p> Strategic Steps:</p>
10.	<p> MISSION: Sending 10 outreaches.</p> <p> Strategic Steps:</p>
11.	<p> MISSION: Search prospects</p> <p> Strategic Steps:</p>
12.	<p> MISSION: Review FV (20 min) and outreach and find ways to improve them</p> <p> Strategic Steps:</p>
13.	<p> MISSION: Watch PUC</p> <p> Strategic Steps:</p>
14.	<p> MISSION: Review successful copy for 15 minutes</p>



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Strategic Steps:

15.

MISSION: Help students for 10 minutes

Strategic Steps:

16.

MISSION: Review and take new notes on level 3 and the empathy course
 Share the notes and at the end of the work sessions and of the day review them.

Strategic Steps:

17.

MISSION:

Strategic Steps:

18.

MISSION:

Strategic Steps:

19.

MISSION: Watch social media fame lessons

Strategic Steps:

20.

MISSION: Do get client challenges #1 , #2 and #3

Strategic Steps:










21.

MISSION: Do perspicacity walk mission













Strategic Steps:



 **Today's Missions & Strategic Steps To Success** 
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22. 	 MISSION: Do final day mission  Strategic Steps:
23. 	 MISSION: Do testing assumptions mission  Strategic Steps:
24. 	 MISSION: OODA loop why you got a negative reply  Strategic Steps:


 **Review of the day's conquest and new battle plans** 

25. 	 MISSION: Plan the next day  Strategic Steps:
26. 	 MISSION: Review the work did in a day and come up with new ideas  Strategic Steps:
27. 	 MISSION: Carefully measure how you you spend your time  Strategic Steps: 1-Measure how you spend every second of your life. 2-Measure how much time you spend on garbage and remove it. 3-At the end of the day review the time you spent and how you spent it 4-Hold yourself accountable and maximize the time you spend on tasks that move you forward with your goals.
28. 	 MISSION: Review conquest plan  Strategic Steps: 1-Review metrics. 2-Review assumptions and unknowns and find ways to solve and test them.



Today's Missions & Strategic Steps To Success 
(Tackle each mission, step by step, and track your progress.)

29. 

 **MISSION:** Read yesterday's improvements in yesterday's daily planner and act on them.

 **Strategic Steps:**

Knowledge 

30. 

 **MISSION:** Practice German for 15 minutes

 **Strategic Steps:**



Extra tasks - rewards for conquering the day 
(do only after a G work sessions or if you have spare time)

1. 

Playing 3 chess games

2. 

Reading 10 pages

3.




4.





5.


6.

✓/✗	
7. ✓/✗	




 Weekly goals- conquests for the week		
1. ✓/✗	State of completion: 5/7	Write 70 outreaches
2. ✓/✗	State of completion: 0/7	Sleep at least 7 hours everyday except for Tuesday and Wednesday where the goal is 6 hours
3. ✓/✗	State of completion: 0/7	Write 7 pieces of copy
4. ✓/✗	State of completion: start level 3	Review the level 3 lessons from the bootcamp and the empathy course
5. ✓/✗	State of completion: 1/7	Complete daily checklist everyday




	Rewards for conquering the work of the week 
1	

	 Date of Determination 
Date:	19/02

Igniting Your Flame - Outshine Yesterday's Blaze

Yesterday's Overall Benchmark Score to Surpass Today = 9/14

	 3 Blessings I Cherish This Morning 
1.	I'm healthy
2.	I'm strong
3.	My loved ones are healthy

	 Magic Trio: 3 Priority Missions  (These are non-negotiable tasks and must be conquered today!)
1.	Outreach
2.	Research for prospect
3.	Training

Hourly Commitments & Reflections

(Design each hour with intention and reflect upon its journey)

Mission 🏆	Mission: What will I do?
Strategy 🔍	Strategy: How will I do it, step-by-step action?
Reflection ✍️	Reflection: Was the mission accomplished? If not, what stopped me?
Score 🏆	Hourly Score: How did this hour measure up to my standards? Good

4 AM: Mission 🏆	
Strategy 🔍	
Reflection ✍️	
Score 🏆	

5 AM: Mission 🏆	
Strategy 🔍	
Reflection ✍️	
Score 🏆	

6 AM: Mission 🏆	Wake up and shower
Strategy 🔍	
Reflection ✍️	no, I slept in
Score 🏆	0/10

7 AM: Mission 🏆	Read new identity doc and go to school
Strategy 🔍	While going to school help students
Reflection ✍️	no, I didn't help students as I woke up late and I only went to school and red the new identity doc
Score 🏆	6/10

8 AM: Mission 🏆	School
Strategy 🔍	
Reflection ✍️	accomplished
Score 🏆	9/10

9 AM: Mission 🏆	School
Strategy 🔍	
Reflection ✍️	accomplished
Score 🏆	9/10

10 AM: Mission 🏆	School
Strategy 🔍	
Reflection ✍️	accomplished + reviewed copy

Score 🏆	9/10
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11 AM: Mission 🏆 ★	School
Strategy 🔍	
Reflection ✍️	accomplished
Score 🏆	9/10

12 PM: Mission 🏆 ★	School
Strategy 🔍	
Reflection ✍️	accomplished + reviewed copy
Score 🏆	8/10

1 PM: Mission 🏆 ★	Get home and eat
Strategy 🔍	While getting home review copy and while cooking practice German
Reflection ✍️	no, I didn't eat and review copy because I reviewed copy while at school so while getting home I found a prospect (process could have been done faster) and then wrote outreach for it which took a bit longer so I started cooking a bit later
Score 🏆	9/10

2 PM: Mission 🏆 ★	Finish eating and write outreach
Strategy 🔍	

Reflection ✍️	no, I started eating later so I didn't finish eating and write outreach. While eating I checked chats I was tagged in, planned the next day and started reviewing my conquest plan.
Score 🏆	9/10

3 PM: Mission 🏆	Write outreach
Strategy 🔍	
Reflection ✍️	accomplished
Score 🏆	9/10

4 PM: Mission 🏆	Write copy
Strategy 🔍	
Reflection ✍️	accomplished
Score 🏆	9/10

5 PM: Mission 🏆	Write Copy
Strategy 🔍	
Reflection ✍️	no, I wrote outreach instead
Score 🏆	9/10

6 PM: Mission 🏆	Boxing
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Strategy 🔍	
Reflection ✍️	accomplished
Score 🏆	9/10

7 PM: Mission 🏆	Boxing
Strategy 🔍	
Reflection ✍️	accomplished
Score 🏆	9/10

8 PM: Mission 🏆	Get home, shower and cook
Strategy 🔍	
Reflection ✍️	no, I didn't shower and cook because I checked TRW while waiting for the kitchen to clear up to do the burpees
Score 🏆	9/10

9 PM: Mission 🏆	Finish last task, review work did in a day, pray, get ready to go to sleep and go to sleep
Strategy 🔍	
Reflection ✍️	no, I finished the burpees and showered
Score 🏆	9/10

10 PM: Mission 🏆	
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Strategy 	
Reflection 	
Score 	



Twilight's Review



Today's Learnings: Wisdom or lessons learned from the day

WHY STOP FURTHER WITH SUCCESS

1- WHAT IS THE CONCEPT?

DIFFERENCES ~~IN~~ THAT SET APART SUCCESSFUL STUDENTS FROM NO-RESULT STUDENTS

GOING FROM WANTING SUCCESS TO DECIDING YOU'RE GOING TO GO OUT AND GET SUCCESS AND GET THAT

IT BECOMES A NON-NEGOTIABLE

FROM A REMOTE POSSIBILITY TO SOMETHING YOU WILL 100% GET

YOU DON'T JUST GO THROUGH THE MOTIONS BUT YOU ACTUALLY DO THE WORK NECESSARY TO ACHIEVE THE OUTCOME

DECIDE WHAT LIFE YOU ARE GOING TO TOLERATE

CAN WORK A LOT HARDER AND MORE YES, YOU

DECIDE THE THINGS YOU WON'T BE OK DYING WITHOUT

IT'S NOT

REALIZE YOUR TIME IS VERY SCARCE

ASK YOURSELF IF YOUR CURRENT SITUATION IS ACCEPTABLE

AND HOW LONG YOU'RE GOING TO WAIT UNTIL THE FLIP SWITCHES AND YOU DECIDE YOU'RE GOING TO GET SUCCESS

2- WHY IS IT IMPORTANT?

TO TRY TO MAKE THAT FLIP SWITCH SO YOU DECIDE THAT YOU'RE 100% GOING TO BE SUCCESSFUL

3- EXAMPLE

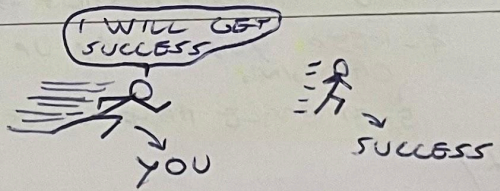
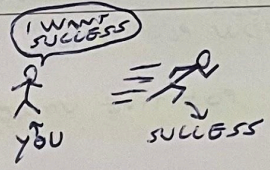
→ MAY 2023 → WHEN YOU DECIDED YOU WOULD GO ALL IN ON BOXING AND BECOME AN AMATEUR FIGHTER → STARTED TRAINING BOXING 3X A WEEK AS A RESULT

4- STEPS

- 1- DECIDE YOU'RE GOING TO BE SUCCESSFUL
- 2- DECIDE THE LIFE YOU'RE GOING TO TOLERATE
- 3- DECIDE THE THINGS YOU WON'T BE OK DYING WITHOUT
- 4- REALIZE TIME IS ULTRA SCARCE
- 5- ASK YOURSELF IF YOUR CURRENT SITUATION IS ACCEPTABLE → IT'S NOT
- 6- ASK YOURSELF HOW LONG YOU'RE GOING TO WAIT UNTIL YOU DECIDE YOU'RE GOING TO GET SUCCESS WITH ALL YOUR FORCE
- 7- PUT IN THE ACTUAL WORK NECESSARY TO GET THE OUTCOME

WANTING

DECIDING



Victories Celebrated: Accomplishments and successes of the day

Sent 5 outreaches

Stumbles Along the Way: Points of difficulty or mistakes made.

Woke up late -> -2 productive hours

Tomorrow's Illuminations: Plan how to improve and progress the next day.

- While eating, listen and take notes on the level 3 and empathy modules.
 - Probable reasons I got a negative reply on one of my outreaches:
 - Not offering something he wants. I offered a solution to attract more attention because that's what he needed after analyzing his biz. However from his posts' captions I understood that he wants to sell more his services. **I should have identified first what his desire was and then offered him a solution to get that instead of offering him a solution that will help him a lot but that he doesn't want.** Later during the sales call I can shift his beliefs to make him understand that he needs to get more attention.
 - Could have come up with a better compliment.
 - Could have chosen a more tailored-to-him top player.
 - "...get you loads of followers.." loads might sound salesy.
 - Be more efficient with time. If you have to wait 10/15 minutes to do a task, in that time write outreach or go ahead with other tasks. Always move forward with some task.
 - Wake up on time.
 - Eat lunch faster. Don't bitch it and take longer just because you want to rest a bit your mind from school and because you want to enjoy the food. -> -1 productive hour
 - Stretch yourself more to do the "before eating dinner" process faster.
 - Listen and take notes on the PUC while eating in a faster way.
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Consistencies to Keep: Recognize what worked well and should be repeated.

Copy work and training

 **Communications: Identifying individuals to connect with.**

 **Pending Missions: Tasks that remain uncompleted**

Waking up and going to sleep on time, writing copy, sending 10 outreaches, reviewing personal copy, doing get clients challenges #1 and #3, reviewing lessons, sharing and reviewing them, watching social media lessons, doing Agoge missions, stretching, reading and playing chess games

 **Day's Overall Score: A final assessment of the day's productivity**

13/16