



REED - 11 SEL Activities for REED Classes - Any Age

Notes:

- **Most of these activities can be adapted to a written or spoken activity.**
 - **Please set guidelines for students, that the content should not be disturbing or upsetting in nature.**
1. Have students take photos of items in their environment - from a different angle. Upside down, very close up, anything. Send it to a friend, to see if they can guess what it is.
 2. Record a joke, and find a meme that matches it. Send to the class whatsapp group or Padlet.
 3. Send silly cat videos to the class whatsapp group or Padlet. Have students vote for the silliest one.
 4. Use Canva to design an invitation to invite someone to stay in your home. Describe the accommodations you have available. Sofa surfing, or spare room? Room with a view? Awesome Playstation? Best chef in the kitchen?
 5. Choose a Capish text that is particularly interesting or funny. Ask your students to read, and complete the activities.
 6. Describe your fantasy vacation. Be sure to include as many details as you can. Where is it? how you will get there. What will the weather be like? Where will you stay? What will the accommodation look like? What will you do while you are there? Extreme activities? Just lay about? What is your ultimate vacation food? What else?
 7. Have students write a journal entry:
 - a. Describe a time that you were thankful for something that someone else did for you. What were the emotions that you felt at the time and how did you express them?
 - b. Write a narrative about a time that your opinion changed. What caused it to change? Use details, dialogue, or descriptions to tell what happened.
 - c. Write a few paragraphs in response to this prompt: what are some ways that you help others in your family or community?
 8. Take a photo of the thing that is keeping you occupied and calmer, and write 50 words about it. Share with your class. It might help someone else!
 9. Do an online puzzle with a friend <https://www.jigsawplanet.com/>
 10. Take a photo of a meal you just prepared, and tell us about it!
 11. Send photos of a Pokemon you just caught. Which one is it? Describe where you caught it.