

Multi-rank
Name: Sprint and Slow Race

Activity Snapshot Cub Scouts will see who can have the fastest time in the sprint race and who can have the slowest time in the slow race.
Location Outdoor
Energy Level Icon 4
Supply List Icon 2
Prep Time 2
Supply List • Cub Scout bike, tricycle, etc. of choice • Chalk • Three boxes labeled A, B, and C
Directions Before the challenge: 1. Recruit at least two adults/den chiefs to run this station. 2. Make sure a volunteer has a way to time the races. 3. Set up the course. 4. Place 3 boxes (labeled A, B, and C) spaced out along a course. During the challenge: 1. Explain the rules of the challenge. The objective in the sprint race is to be the fastest Cub Scout to navigate the course and cross the finish line. The objective of the Slow Race is to be the slowest Cub Scout to the finish line without using brakes or putting their feet down.
Additional Resources