

On what virtue ethics is, consider watching this 9-minute Crash Course video about Aristotle and virtue theory: <https://www.youtube.com/watch?v=PrvtOWEXDIQ>

Maybe you can use it as a study break.

A warning from Taber:

Beware, though, that the video does get Aristotle wrong on one point: the host, Hank Green, says that Aristotle thinks courage is a middle amount of courage. (That'd be an odd way for Aristotle to have put it.) Green reports Aristotle as saying that you can have too much of it (recklessness) or too little of it (cowardice) with the virtue, courage, being the middle amount.

What Aristotle actually says is that courage is a middle amount of **fear**. Recklessness is having not enough fear, cowardice is having too much, and courage is having the right amount. So despite what Green attributes to him, Aristotle does **not** think you can have too much of a good thing.