

Internship Description

Work Site Name	Department/Position
<p>Adams County Health Department</p> <div style="text-align: center;">  </div>	<p>Strategic Health Initiatives: Youth Engagement Team</p>

Internship Start Date: 09/22/25	Internship End Date: 12/15/25
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Brief Overview of Internship
<p>** Students with an interest in community and behavioral health, mental health promotion, substance use prevention, and leadership are encouraged to apply. **</p> <p>As a high school intern with the Youth Engagement Team, you will engage with the Strategic Health Initiatives Division and work with staff to explore different topics within community and behavioral health:</p> <ul style="list-style-type: none"> ● Youth Engagement: Learn how to connect with youth in our community through outreach programs, youth coalitions, and peer education activities. Inform the development of the Adams County Youth Health Advisory Council. ● Mental Health Promotion: Support initiatives that raise awareness about mental health and reduce stigma. ● Substance Use Prevention: Get involved in efforts to prevent substance misuse by helping promote campaigns, workshops, and resources. ● Violence Prevention: Option to assist in programs aimed at reducing gun violence and promoting safe environments. ● Tobacco and Nicotine Control and Prevention: Help raise awareness about the risks of tobacco and nicotine products through peer education and youth engagement. Learn about our local policy efforts aimed at addressing youth access to tobacco and nicotine products. ● Planning & Evaluation: Explore program planning, evaluation, and community health improvement initiatives like our Community Health Improvement Plan. <p>Students will have the opportunity to engage with other divisions and teams in the Health Department, if there is interest. These divisions include:</p> <ul style="list-style-type: none"> ● Nursing Division: Learn about programs like the Nurse Support Program, home visiting services, trauma-informed care, and adverse childhood experiences (ACEs). Observe leadership meetings, review cases, and understand local government’s role in healthcare and resource management. ● Environmental Health: Participate in hands-on field inspections with staff. ● Nutrition: Shadow client interactions and learn about WIC and diabetes education

services.

- **Epidemiology and Data Science:** Learn to analyze and interpret health information and survey data to understand community health and communicate finding to the public.
- **Quality Improvement (PMQI):** Join a hands-on project with the PMQI team.

You'll also tour the department and gain insight into the role of public health professionals and how divisions collaborate to serve the community.

Internship Tasks/Projects

- Participate in the development of the Adams County Youth Health Advisory Council
- Aid in the planning and coordination of youth-focused community events and peer education; attend events based on interest and availability
- Shadow Strategic Health Initiatives staff who work alongside the Youth Engagement Team
- Attend leadership meetings
- Engage in projects led by the Strategic Health Initiatives Division to promote positive community health practices and to improve the systems that affect our community's health

Internship Learning Goals (new skills/knowledge the intern will acquire)

- Develop leadership, collaboration and communication skills.
- Learn about the fundamentals of public health, including social determinants of health, shared risk and protective factors, and the role of public health in communities.
- Gain experience engaging with the community to address public health needs.
- Explore strategies for involving youth in decision-making, particularly around the topics of mental health and substance misuse
- Work with ACHD staff to identify additional goals for learning and skills acquisition. Additional trainings and certificates (ex. CPR, Youth Mental Health First Aid) can be made available based on interest.
- Explore tools for program planning and evaluation, focusing on their application in public health initiatives.

Internship Site Address and Primary Contact Information	Internship Hours Start/End Times
<p>Adams County Government Center 4430 South Adams County Parkway Brighton, CO 80601 **</p> <p>Libby Harrington 720-269-9024 Lharrington@adcogov.org</p> <p>**Internship opportunities may include other ACHD or community locations.</p>	<p>Mondays, 9 am- 4pm (lunch break built in)</p> <p>Optional evening or weekend events.</p> <p>Internship schedule may be coordinated individually. Interns are expected to complete 60 hours over the course of the program. Start and end times may vary depending on department availability and intern interest.</p>

<p>Physical requirements</p>	<p>Dress Code</p>
<p>N/A. If accommodations are needed, please let us know so we can make the necessary arrangements.</p>	<p>Business casual attire: more guidance provided during orientation. Jeans are okay, closed-toe shoes required if attending clinic.</p>
<p>Occupational/Educational Requirements (skills, certifications needed)</p>	<p>Age/Grade Level of Intern</p>
<p>No occupational/educational requirements, but students with an interest in community wellness, mental health promotion, and/or substance use prevention are encouraged to apply.</p> <p>A driver's license is not required, but interns are expected to transport themselves for regular duties at the Government Center. For offsite activities, transportation arrangements can be made available.</p>	<p>Individuals aged 14 and older may be best suited for this experience but not required.</p>