Applegate Valley Vision
Focus Area #2: Vibrant & Liveable

Goal # 2.1: To provide better, more well-rounded health care services

Summary Statement: To provide better, more well-rounded health care services, including those that help people to age in place, increase access to food and food security, and encourage networking among local wellness professionals and healers.

Strategy 2.1.A: Increase access to medical services in the Applegate

Ideas for Action:

1. Bring health care professionals here on a regular basis
    a. Mobile testing/screening options
    b. Mental health services, including drug and alcohol programs
    c. Women's healthcare services
    d. Physical site for healthcare providers to practice
    e. Telehealth opportunities and resources
2. Develop an emergency service and/or urgent care option for the Applegate
3. Do community outreach to get people signed up for services with Coordinated Care Organizations (CCOs)
4. Create a Wellness Center w/ local naturopath + other medical services
5. Explore the RideSheet Rural Transportation technology application model

Strategy 2.1.B: Develop services to better age in place

Ideas for Action:

1. Recruit a volunteer team of people who provide services for the elderly, such as grocery shopping, yard work, company, etc…
2. Build a Senior Center and create more opportunities for social connection
3. Develop an Elder Care Resource Team for the Applegate
4. Create facilities like assisted living, eldercare, or an "old folks farm"
5. Bring more caregivers into homes

Strategy 2.1.C: Increase food access and food security

Ideas for Action:

1. Develop ways to divert prepared food to food pantries
2. Expand the Farm to Food Pantry program
3. Identify locations for senior pantry services

Strategy 2.1.D: Build a network of wellness professionals and healers

Ideas for Action:

1. Create a wellness Center w/ local naturopath + other medical services
2. Develop an Applegate Valley "wellness event"

3. Identify opportunities for wellness professionals to co-market and coordinate to offer more comprehensive services