



Backpacking 101: Course Itinerary and Topics

Virtual Classroom- Tuesday, June 17, 6 PM - 8 PM [Teams Meeting Link](#)

In-Person Classroom- Friday, June 27, 1 PM - 5 PM

Field Overnight Trip- Saturday, June 28, 7:30 AM – Sunday, June 29, 2 PM

♦ *Contingency Date- Saturday, July 12, 7:30 AM - Sunday, July 13, 2 PM*

Location- Tahoe Regional Planning Agency at 128 Market St. Ste. 3E, Stateline, NV 89449

The classroom portion of this training will focus on camping theory and fundamentals, including:

- Planning for weather
- Clothing
- How to pack
- Gear
- Cooking
- Water treatment
- Travel and navigation
- Sleeping, Shelter, and Campsite Orientation
- Leave No Trace Principles
- Bear Safety

Students are encouraged to bring their backpacking gear to this session. The last part of the classroom session will be a hands-on gear shakedown. Please bring the gear you plan to use during the field portion. Instructors will review and offer suggestions on your gear's ability to withstand the elements.



Field Location- Showers Lake via Carson Pass Trailhead, a 5-mile hike

The exact location of the overnight component is subject to change to accommodate weather and trail conditions.

The field portion of this training is overnight and focuses on real-life applications from the online and classroom lectures with hands-on practice under the direction and supervision of the instructors. You can expect the following:

- Meet at the [Meiss Meadow Trailhead](#) on Highway 88 at Carson Pass (\$5.00 per vehicle per day, [more info here](#))
- Hike with gear for 5 miles
- Review campsite selection and set up camp
- Practice Leave No Trace principles, including restroom use
- Take an afternoon excursion
- Practice meal prep, safe cooking, and food storage
- Watch the sunset
- Enjoy a restful night of sleep
- Cook and eat breakfast, pack up, and hike back to the cars

You will have free time between discussions and outdoor practice sessions.

