

ED Awake Fibre-optic Intubation Checklist

Date:

Patient label here

Instructions for reader:

- All stages need to be checked. Only Consultants allowed to skip steps.
- Do read aloud each step until someone responds with “DONE” or “YES” or similar.
- **Do not tick** if response is positive but you have **NOT seen it happen**.

Prep		Procedure		Post	
FOI trained senior staff nurse present		Co-phenylcaine spray (x5) to nostrils (if nasal approach)		Vital signs on 5 min cycle	
Allergies checked		Topicalise oropharynx 10% Lignocaine spray (5 sprays)		Cuff pressure: ____.	
Nebulised 4% Lignocaine 4mls neat for 10 mins		2% viscous Lignocaine (tongue depressor) to posterior tongue or gargle		NG/OG	
Nasal prongs O ₂ at 15L		Intubate with scope		Sedation score: ____.	
<u>Anti-sialogogue options:</u> Glycopyrrolate 200 mcg or Atropine 300 mcg		Checklist reader to activate Difficult airway team if attempt is unsuccessful (ext: 1418)		CXR	
Ondansetron 4 mg to blunt gag		Sedation +/- paralyse		ABG	
Difficult airway cart present				30° head up	
Fibre-optic scope ready and primed with ETT (+ tape) Prep size 6 & 6.5				Family updated?	
Anxiolytic required?					
Cric site marked and cric equipment ready					

Checklist read by:

Senior doctor involved:

Problems or difficulty of any sort:

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References: emcrit.org, Preparation of the patient and the airway for awake intubation PMID: [22174458](#)

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