

What If You're Not a LASIK Candidate in New Braunfels?



Being told you are not a LASIK candidate feels like a dead end, especially if you walked in expecting to book a surgery date. It is not one. LASIK is a single tool among several, and the reasons it gets ruled out, whether a thin cornea, a very high prescription, ongoing dry eye, or a lens that has started to age, usually point straight toward a procedure that fits your eyes better. Here is what your options are if LASIK is off the table for you at the Parkhurst NuVision office in New Braunfels, and how the surgeon decides which one to recommend.

Why Might LASIK Be Ruled Out?

LASIK gets ruled out most often because of the cornea or the prescription. A cornea that is too thin, too irregular, too steep, or showing early signs of keratoconus cannot safely have tissue removed and reshaped without risking a gradual weakening of the eye. A prescription that is very high, still changing from year to year, or paired with a large amount of astigmatism can exceed what LASIK corrects while keeping the cornea sound. Significant dry eye is another common reason, since LASIK tends to make dryness worse for the first several

months and a patient who is already struggling may not tolerate that. Age plays a role too. Once the natural lens begins to stiffen in your forties, reshaping the cornea alone does nothing for the reading vision you are about to lose, and a lens-based procedure addresses both problems in one step. None of these findings mean surgery is impossible. They mean LASIK specifically is the wrong choice.

What Is EVO ICL and Who Is It For?

EVO ICL is an implantable lens that sits inside the eye, in front of the natural lens, and corrects nearsightedness along with astigmatism. It suits patients with higher prescriptions or thinner corneas who cannot have LASIK, and because it does not remove any corneal tissue, the cornea keeps its full strength for the long term. The lens is not visible to others and is not felt once it is in place. It can also be removed later if your vision needs change, which some patients find reassuring compared with a permanent reshaping of the cornea. Recovery is quick and similar to LASIK, with many patients seeing clearly within a day. For a younger patient with a strong nearsighted prescription, EVO ICL is very often the procedure that LASIK was standing in for all along.

When Does PRK Make Sense Instead?

PRK makes sense when the cornea is healthy but on the thinner side, or when a patient's work or sport carries a high risk of a direct hit to the eye. PRK corrects vision with the same type of laser used in LASIK, but it works on the surface of the cornea without creating a flap. Removing the flap step also removes the small long-term risk of the flap being displaced by a hard blow, which is why some athletes, military members, and people in physical trades choose it deliberately even when they would qualify for LASIK. The trade-off is a slower and more uncomfortable early recovery. Expect several days of blurred vision and irritation while the surface layer of the cornea grows back, followed by vision that keeps sharpening over the following weeks rather than overnight.

What About Refractive Lens Exchange?

Refractive lens exchange replaces the eye's natural lens with an artificial one, and it is the answer for patients whose lens has already begun to change with age. It corrects the distance prescription and addresses presbyopia, the loss of near focus that starts in the forties, in a single procedure. The technique is the same one used for cataract surgery, performed earlier, before a cataract has had a chance to form. For a patient in their fifties who was told they had missed the window for LASIK, refractive lens exchange frequently turns out to be a better fit than LASIK would have been in the first place, because it treats a problem LASIK cannot touch. The lens options range from a single-focus implant to designs that provide a spread of near and distance vision, and the surgeon matches the choice to how you use your eyes.

The Range of Procedures at Parkhurst NuVision in New Braunfels

Parkhurst NuVision offers LASIK, PRK, SMILE, EVO ICL, and refractive lens exchange all within one practice, and the New Braunfels office evaluates patients for the full set in a single visit. That range is the reason a no to LASIK does not send you back to square one somewhere else. Founder Dr. Gregory Parkhurst has focused his career specifically on matching patients to the right refractive procedure rather than fitting every patient to one operation, and the practice takes part in research on newer lens technology. Patients who were turned away at a LASIK-only provider frequently find that one of the other procedures was the correct

recommendation from the start, and that the earlier no was really a sign they were being measured against the wrong option.

Find the Procedure That Fits Your Eyes

If LASIK has been ruled out for you, an evaluation can tell you which of the other procedures fits your corneas, your prescription, your eye health, and your stage of life. The Parkhurst NuVision New Braunfels office can measure your cornea and your natural lens, review the reason LASIK was declined, and lay out the alternatives in plain terms so the path forward is clear. Contact the office to schedule a consultation, and bring any records from a previous LASIK evaluation so the team can build on measurements you have already had done.

Company Description

Our Mission at Parkhurst NuVision is the relentless pursuit of best natural vision, enabling people to enjoy life and connect with one another, uninhibited from the barriers created by poor vision and prosthetic eyewear.

Contact Details

Parkhurst NuVision LASIK Eye Surgery - New Braunfels Office

266 Landa St Ste 105, New Braunfels, TX 78130

(830) 999-2020

Website: <https://sanantonio-lasik.com/contact/new-braunfels-office/>

Google Site: <https://sites.google.com/view/parkhurstnuvision/lasik-surgeon-new-braunfels>

Google Folder: https://drive.google.com/drive/folders/1gyALduv2FBuki8Ydk-2gZydcG8BGek7K?usp=drive_link

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