

PVM Letter of Recommendation Information Sheet



Please complete the following in order to provide a summary of your academic and extracurricular achievements to those writing college recommendations on your behalf. Include anything that may help get a better insight to your character and you as a college applicant. Return to the teacher/counselor who is writing you a letter.

Name _____ Mailing City/Town _____

Elem. School Attended _____

College(s) applying to: _____

What attracts you to this college(s): _____

Intended college major(s): _____

What factors helped you select this major? _____

Career interest(s): _____

Please explain how you arrived at this interest _____

Describe Yourself: What kind of person are you? Do you like to work with ideas or people? Are you more of a “hands on” type of person? _____

What three adjectives describe you? Why? _____

What are your proudest personal accomplishments? _____

List your top three personal strengths _____

Adversity: Describe a situation where you had to deal with adversity. How did you overcome it?

Academics: Which course(s) have you enjoyed the most or were the most meaningful? Why?

List your top three academic strengths _____

What circumstances, if any, have interfered with your academic performance? _____

Activities in School: List school-related clubs/organizations you've participated in. Which activity has been the most meaningful to you? Why? _____

Activity	List Grade(s)	9	10	11	12	Positions Held
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1.

2.

3.

Tell us if you play an instrument or participate in Marching Band or Color Guard.

What school sports have you played? Have you received any athletic honors or awards? What have you learned from participating in sports? (List JV or Varsity and grade)

Activities Outside of School: List community service activities you've participated in (church group, volunteer firefighter, etc.). Which activity has been the most meaningful to you? Why?

Activity	List Grade(s)	9	10	11	12	Positions Held
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1.

2.

3.

Has a summer experience or job been of significant importance to you? Please explain.

Brag about yourself! List any other academic or person accomplishment, achievement, award or honor you are proud of and tell why. _____
