

Wyatt Woodsmall & Eben Pagan - Neurolinguistic Programming

SESSIONS 1: INTRODUCTION

This session will feature Master NLP Trainer Wyatt Woodsmall Discusses The Neurosystem-Linguistic Programming. You'll learn what How NLP works and what it can do for you to achieve your success

Your personal growth, business and education are all important aspects of your life.

Wyatt Also, introduces the idea of:

- Modeling
- Cybernetics
- Change
- Congruence
- A Powerful Physiological State
- The Circle of Excellence

Session 2 – Using Evidence and Outcomes to Measure Change

The aim of this training program is to provide a range of skills.

This will allow you to achieve your goals.

And in this session, you'll learn why it's essential to know

Describe the outcomes you desire to achieve with NLP

How to determine if you are working towards or away from a goal.

Session 3 – Getting what you want

In this session you'll learn why it's so important to get

It is important to be crystal clear from the beginning about what you want.

You'll also learn why logic and reason never work to convince

Anyone of any kind – and how to use INSTEAD to bring people together

Your way of seeing the world.

Session 4 – The Concept of “Rapport”

This session will dive deep into RAPPORT.

You'll learn what it is, how to create it, and how to use

It will help others feel immediately at ease with your message and you.

Session 5 – Modeling

In this session you'll go deep into the idea of modeling –

You will be able to fully immerse yourself in the experience.

Another person. You'll also learn the “hierarchy of thinking”...

Why intellectually knowing something is so different

You can't learn the same thing by just seeing it. Finally, you'll learn

The different “systems” People used to read information from the outside world and how to identify people’s system quickly.

Session 6: More on Representational Systems...

In this session you’ll learn the two different ways of listening, how to tell what a person’s representational system is by just looking Listening to another person, and how to tell if they are experiencing something. by watching where they look, and much more...

Session 7: Visual & Auditory Sensory Acuity

In this session you’ll learn more about developing your own visual and auditory sensory acuity.

Session 8: What’s Calibration?

In this session you’ll continue to go deeper into reading people’s states... and even how to tell if someone is lying to you... solely based on what they’re doing with their body language.

Session 9: More on Calibration and Reading Other People...

Here you’ll dive into the concept of “Calibration.” You’ll learn why it’s important to “leave your mind – come to your senses” When you’re trying to figure out where someone’s coming from...

Session 10 “Calibration” Trusting your Senses

NLP is not based on someone’s theory of what works. NLP is built on The eye patterns that effective communicators observe are the real secrets to their effectiveness
Based on what people do and how they calibrate.
are needed to communicate.

But it’s more than this – NLP is also about suspending your mind’s Current beliefs about what’s possible are based on what you believe. What you are capable of is what you will achieve. In this session, you’ll learn how to Use your mind to change the way you perceive what is.

Session 11 – Looking at Multiple Perspectives

This session is all about appreciating the different perspectives of any given situation.
Interaction or conflict. You’ll learn the 4 different perspectives in
Any conflict: How to identify and sustain it
Conflict and the best chance of it being resolved.

Session 12: The Disney Creative Strategy

Are you familiar with the cycle of arguments and resentful behavior? “attack and defend” You kept going around in circles?

In this session you'll learn that by simply substituting ONE WORD you can diffuse the animosity and conflict... and have a much better Chance of getting the result you desire.

You'll also learn a strategy for coming up with creative solutions Problems can be modeled after Walt Disney's strategy with his staff.

Session 13: Language distorts Thinking

Aristotle was the first person to acknowledge that our thinking is important. The grammar structure of the language in which we think is what causes distortion.

In this session you'll look at 9 specific examples of how the structure of language twists and contorts your thinking... and simple questions to Straighten everything out IMMEDIATELY.

This will help you free yourself from limited thinking... and give You have the ability to assist others in doing the same.

Session 14: meta Model Violations Exercise

In this session you'll go DEEP into the meta Model Violations, and you'll get a powerful and thorough exercise... giving you plenty There are many sample communications that can help you identify the MMV.

Session 15: The Future State and the Desired State

In this session you'll learn the important dynamics of the Present State and, the Desired State... and how to look for the "hidden payoffs" Of what we call PROBLEMS...

Session 16 – Q&A on NLP, Love

This training is for you. Wyatt Answer audience questions directly These topics include dealing with trauma and getting negative thoughts out your head. The secret to building healthy relationships and how to do it. "fluent" NLP.

Session 17: Emotional Intelligence

This training focuses on EMOTIONS. You'll learn what creates emotions and how To be more aware of your emotions and take control.

Session 18: Positive Emotions and Negative Emotions

In this session you'll hear more about emotions, how to generate positive emotions, The importance of intention in love and why it can be more important than technique.

Session 19 Learning From the "Little Magi"

In this session: Wyatt Share the story of the "Little Magi." You'll also Learn how to get in and out "the now." This is a very powerful exercise. You can quickly associate or dissociate and get amazing results.

Session 20: How To Create and Stack A Powerful Anchor

You will learn one of NLP's most powerful and fundamental techniques in this session:

Anchors. Anchors are a way to touch someone (or yourself) in a very particular manner.

You can place to induce a positive emotion on demand.

Session 21 – Neutralizing Negative Emotions “Collapsing Anchors”

“Collapsed Anchors” These are some of the most powerful techniques in NLP.

These are used to cancel negative experiences that may be preventing you from achieving your goals.

functioning. You can remove or reduce the “charge” Negative things are all around.

It is possible to have more effective functioning experiences.

You'll learn how in this session.

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Session 22 – Curing Phobias and Traumas With NLP

As humans we typically don't learn from negative experiences because we don't

You want to return to that memory. We repress the emotions associated with it.

In this session, you'll learn a special “Phobia Cure Process” This allows you to

Learn from a negative experience by going back to it.

Heavy emotional component

Wyatt Also, a demonstration of the Phobia cure is done with an audience member who's afraid of heights.

Session 23: How can you rid yourself of negative emotions recurrently?

Did you ever find yourself trapped in a negative emotion loop. You keep.

coming back to the same sad story, same traumatic memory, or same anxious feeling –

Are you stuck in a pattern that is keeping you from the success you want?

In this session: Wyatt This video teaches you how to use the

“Change Personal History Technique” Permanent negative effects can be eliminated

Feelings for others and yourself.

Session 24 Wyatt All things wrapped up

This Session Wyatt Finalize the training and review the key lessons learned.

- The “Change Personal History” Technique
- Collapsing Anchors
- The “Blameless and Victimless” NLP principles
- The Change Mindset
- The Outcome and Results Focus

Proof Content

