

Sacred Earth Sacred Soul – Celtic Wisdom 3

La Foret Conference & Retreat Center - Black Forest, Colorado

May 17-19, 2024

(*asterisk indicates entering meeting space in silence)

Friday

4-5:30pm	Check in/Get settled	Dining Hall
5:45pm	Dinner	Dining Hall
*6:45	Evening Prayer (please enter in silence)	Chapel
*7:30	Session 1: Introductory Presentation	Inglis
8:45	Sacred Silence (until breakfast)	

Saturday

7:45am	Breakfast	Dining Hall
8:15	Coffee/Tea (for commuters)	Inglis
*8:45	Morning Prayer (enter in silence)	Chapel
*9:30	Session 2: Teaching I (enter in silence)	Inglis
10:30	Morning Break	
*11:00	Session 3: Spiritual Practice I (enter in silence)	Inglis
12:30pm	Lunch	Dining Hall
1:30	Silence (Siesta/Reading/Walking)	
*3:30	Session 4: Teaching II (enter in silence)	Inglis
4:30	Afternoon Break	
*5:00	Session 5: Spiritual Practice II (enter in silence)	Inglis
6:15pm	Wine & Cheese Reception & Book Signing	Dining Hall

Sunday

7:45am	Breakfast	Dining Hall
8:15	Coffee/Tea (for commuters)	Inglis
*8:45	Morning Prayer (enter in silence)	Chapel
*9:30	Session 6: Teaching III (enter in silence)	Inglis
10:30	Morning Break	
*11:00	Session 7: Thanksgiving (enter in silence)	Inglis
12:30pm	Light lunch and Departure	Dining Hall

Please plan to be packed up and out of your cabin by 1:30pm. Thank you!

