

RESOURCES FOR OLDER ADULTS IN EAGLE COUNTY

QUICK CONTACTS

Eagle County Healthy Aging

eaglecounty.us/publichealth

970-328-8896 - Eagle

970-328-8831 - Minturn

970-379-0020 - El Jebel

Senior centers in Eagle, Minturn; El Jebel;

Meals provided twice a week; Group

activities, trips, bus service, general

information and assistance, Dementia

Caregiver Support groups

Caregiver Connections

getcaregiverconnections.org

970-445-0312

Resources for family caregivers of older adults

Adult Day Programs - Senior Spot

Care Consultations

Caregiver Education

Medical Supply Loan Closet

Vintage

(Formerly Alpine Area Agency on Aging)

yourvintage.org

Referral to resources, dental/vision, Medicare

counseling, volunteerism: 970-468-0295

Financial assistance for in-home services:

homemaker, personal care or chores:

970-531-4087

Alzheimer's Association

alz.org/co

24/7 Help Line 800-272-3900

303-813-1669

Dementia Caregiver Support Group in Avon

and Eagle; Caregiver Education, Care

Consultation, Online Community

Parkinson's Association of the Rockies

parkinsonrockies.org

303-830-1839

Education, exercise programs and support

4 Eagle Senior Care

4eagleseniorcare.org

970-390-7786

A non-denominational, faith-based organization offering delivered meals, handyman services, and support

IN-HOME CARE AGENCIES

Visiting Angels

visitingangels.com/comtns/home

970-328-5526

Caring 4 You Homecare

caring4youvail.com

970-390-2889

Hospice of the Valley

hchotv.org

970-930-6008

Doctor referral needed

CARE FACILITIES (regional)

Castle Peak Senior Care Community, Eagle

castlepeak.org

970-432-1150

Skilled Nursing; Assisted Living; Memory Care; and Short-Term Rehab

Roaring Fork Senior Living, Glenwood Springs

roaringforkseniorliving.com

970-465-0988

Assisted Living and Memory Care

Heritage Park Care Center, Carbondale

lcca.com/locations/co/heritage-park/

970-963-1500

Skilled Nursing and Rehabilitation

Sopris Lodge Senior Living, Carbondale

soprislodge.com

970-678-0057
Independent, Assisted Living & Memory Care

TRANSPORTATION

Core Transit Paratransit

<https://evta.colorado.gov/>

970-328-3520

Apply to receive accessible transportation for those with disabilities.

Must be medically unable to drive, must live within ¾ of a mile of a fixed route bus stop.

Eagle County Volunteer Driver Program

healthyaging@eaglecounty.us

970-328-8896

Provides free health and medical rides for older adults using community volunteers and their own vehicles.

MENTAL HEALTH

Vail Health Behavioral Health

www.vailhealthbh.org

(970) 445-2489 (appointments)

(844) 493-8255 (local crisis response)

Health Solutions West:

(formerly Mind Springs Health)

www.healthsolutionswest.org

Glenwood Springs: 970-945-2583, Aspen:

970-920-555, Steamboat: 970-879-2141,

Grand Junction: 970-241-6023

Colorado Mtn. Medical/Vail Health

Mental Health Appointments

cmmhealth.org

970-926-6340

Hope Center of Aspen (Roaring Fork)

aspenhopecenter.org

970-925-5858

MEDICARE INFORMATION

Northwest Colorado Councils of Government

(NWCCOG) offers a State Health Insurance

Assistance Program (SHIP) for Medicare beneficiaries.

SHIPMedicareCounseling@gmail.com

970-315-1328

VETERAN'S SERVICES

Eagle County Veterans Services

jason.martell@eaglecounty.us

970-328-9674

Veteran Services Officers can assist Veterans and their families file for benefits including Health Care, Pensions, Training and Education, Home Loans, Life Insurance, Burial and Memorial Benefits, Transportation, Transition Assistance, Appeals of VA Claims Decisions, and more.

NON-EMERGENCY ASSISTANCE

Non-emergency Wellness Check

970-479-2201

For concerns about someone and wanting law enforcement to provide a non-emergency check-in with them

Community Paramedics

www.eaglecountyparamedics.com/services

970-471-0285

Patient education, disease management and follow up care

Social, home safety and screenings

Wound evaluation and dressing changes

Peak flow meter education/ usage

Immunizations

Home blood draws

Lift Assistance if personnel is available

LEGAL ASSISTANCE

Colorado Legal Services

www.coloradolegalservices.org

1-800-521-6968

Colorado Legal Services is a non-profit agency that provides free legal advice, clinics and representation to eligible low-income Coloradans and seniors

Alpine Legal Services

www.alpinelegalservices.org

970-945-8858

Alpine Legal Services, Inc. is a private, non-profit civil legal assistance agency dedicated to providing legal services and upholding fundamental legal rights in Garfield, Pitkin and western Eagle Counties since 1987.