

Are You a Reactive or Proactive Practitioner?

Staff Self-Reflection Questionnaire – Early Years Focus

Section 1: Situational Statements

Please circle the number that best matches how you feel about each statement.

(1 = Strongly Disagree | 5 = Strongly Agree)

- 1. I often plan ahead to reduce potential disruptions in the room. 1 2 3 4 5
- 2. I wait to see how children behave before deciding how to respond. 1 2 3 4 5
- 3. I regularly reflect on what went well and what could be improved. 1 2 3 4 5
- 4. I adjust the environment in advance to meet children's needs. 1 2 3 4 5
- 5. I deal with behaviour challenges only when they arise. 1 2 3 4 5
- 6. I share proactive ideas with colleagues to improve routines. 1 2 3 4 5
- 7. I often feel like I'm "putting out fires" throughout the day. 1 2 3 4 5
- 8. I contribute ideas in planning meetings to prevent recurring issues. 1 2 3 4 5
- 9. I spot behavioural patterns early and adapt my practice accordingly. 1 2 3 4 5
- 10. I'd rather get through the day than make changes that might help. 1 2 3 4 5

Section 2: Scenario Choices

Tick the option that best describes what you would do.

1. A child consistently throws toys at tidy-up time.
 A. Remind them each time not to throw, and move on.
 B. Sit with the child to explore why it's happening, then change the tidy-up routine.
 2. 2. There are regular queues at the snack table causing frustration.
 A. Supervise the queue more closely.

$\hfill \Box$ B. Review the snack routine and try out a more flexible approach.	
3.	3. A colleague often arrives late, affecting the morning setup.
	A. You wait until the manager notices.
	B. You raise it in a team meeting to find a supportive solution.
	ction 3: Reflection Questions 1. Would you describe your approach as more reactive or proactive? Why?
5.	2. What benefits do you think a proactive approach brings to your setting and the children?
6.	3. Can you give an example of a time when you prevented an issue through forward planning or change?