

Matt's Fat episode 1

Text Layout:

BOLD: Character speaking.

(italics): Descriptions/acts made by character

B+U: Scene, sound effects made by character

(): character emotions, small acts during speech

Underlined: Anything important/End of scene

Scene 1: The mall

(Cecilia, Kyle, Katie and Matt are heading to the mall to celebrate Matt's 13th birthday.)

Matt: (excited) "I'm so excited!!"

Katie: (happy) "So am I! Shopping is so much fun!"

Cecilia: (also happy) "We have a surprise for you!!"

Matt: (gasps) "Ooo!! What is it?"

Kyle: (teasing) "No spoilers!"

Matt: (looks at him) "Spoil it!"

Kyle: "It's a surprise idiot! I'm not gonna tell you what it is."

(Katie bounces up to Matt and blindfolds him.)

Matt: (joking) "I'm starting to not like this surprise."

*(The characters drag Matt towards the tables at the mall.
Katie takes the blindfold off.)*

Cecilia, Kyle and Katie: (shouting, excited) "HAPPY
BIRTHDAY MATT!"

*(Matt gasps as he sees a cake in a sphere shape and iced to
look like a globe.)*

Matt: (excited) "Thank you!!"

Kyle: (happy) "We're glad you like it!"

Cecilia: (excited) "Yeah!!"

*(Matt takes a massive chunk out of the cake and begins
eating it)*

Katie: (confused) "Why are you eating so much? You should
save some for later."

Matt: (food in mouth) "I haven't eaten anything all
morning, I'm starving!"

(Katie laughs.)

Katie: "Just make sure not to eat all of it."

Screen fades out, and cuts to outside the mall.

Scene 2: Mall Exterior.

(The gang are walking out of the mall, laughing)

Matt: (relieved) "I am stuffed!! That cake was so delicious!"

Katie: (joking, annoyed) "I told you not to eat all of it!!"

Kyle: (sighs) "You knew from the start he was going to eat all of it."

Katie: (annoyed) "Not in the span of 5 minutes!"

Cecilia: (whispering) "GUYS. Look who it is."

(Izzy and her two friends come striding towards the gang)

Izzy: (snarky) "Well well, look who it is! The weirdo gang!"

Katie: (gritting teeth) "Go away Izzy."

Izzy: (snarky) "Matt! How HAVE you been? You look like you've put on a few pounds. You should lay off the junk food." (she laughs)

Matt: (annoyed) "If you're suggesting I'm fat, then you're wrong."

Izzy: (snobby) "Prove it. Touch your toes."

Cecilia: (diverting the conversation) "How does that prove anything? Just leave us alone!"

Izzy: (rude) "Oh back off, I was talking to him, not you. You should start using those ears of yours."

Matt: (giving up) "Fine! Just leave them alone!"

(He tries to touch his toes, he hears a massive "RIP" that suggests his pants have ripped.)

Izzy: (laughing) "OH MY GOD YOUR PANTS!!"

Friend 1: (laughing, snarky) "You should really invest in new undies!"

Friend 2: (also laughing) "Yeah! They're pink!!"

Matt: (upset) "What's wrong with pink??"

(A group of teens walk by and start laughing at Matt)

Matt: (upset, tearing up) "Izzy you're a horrible person!!"

(He runs off, crying)

Katie: (angry) "Now look what you've done! You've hurt his feelings."

Izzy: (mimicking) "YoU'Ve HuRt HiS FeElInGs!!"

(Friend 1 and 2 laugh.)

(The gang runs after Matt.)

Scene 3: Matt's house.

(Matt runs into his house and straight to his bedroom, the gang on his tail. He slams the door behind them just before they enter)

Matt: (upset) "Guys can you please leave? I want to be alone.."

Kyle: (caring) "We'll be downstairs, call us when you want to."

(The gang walk back down the stairs, scene cuts to Matt in his room, on his bed.)

Matt: (in thought) "God today was horrible. So much for it being my birthday.. Why is Izzy always so rude to me? What did I do to her?"

Matt: (in thought) "I also couldn't do that 12 minute lap a few days back. Gosh I am really fat, aren't I? I fell to the floor and the teacher was horrible enough to put a sticker on me saying I was fat! They even called me a failure... "

(Short flashback)

Coach: "You are a failure! If you continue putting this much weight on you won't live till your 30."

(End of flashback)

Matt: (in thought) "That's it. I won't eat EVER."

(Insert a small montage of him binning/ not eating food for breakfast, lunch and dinner for about 2-3 days. Show him checking his weight once a day also.)

(scene fades out)

Scene 4: School cafeteria.

(Matt is in the cafeteria, binning his food. He walks off screen, but seconds later reappears and goes into the bin, eating the food out of it.)

Matt: (holding back sick, to himself) "I should not have done that."

(Izzy walks over to him)

Izzy: (confused) "Are you fasting? So am I, check out my new top!"

(She points to her new crop top)

Izzy: (snarky) "I'm doing it for 5 days, so I can be like my hero, Paris Hilton!"

Matt: (trying to look out for her) "I think you should take care of yourself, it's not good to eat nothing."

Izzy: "Says the one."

(Izzy turns to walk away, and walks very weakly)

Matt: (concerned) "Izzy, Are you okay?"

(Izzy falls, and Matt gasps.)

Matt: (shouts) "Izzy! Can somebody help?"

(A teacher calls over)

Teacher: (worried) "I'll call an ambulance!"

Screen fades out.

Scene 5: Hospital

(Scene opens the hospital, Izzy is just waking up, with Katie and Matt by her bed.)

Izzy: (weakly) "H-Huh? W-what happened?"

Doctor: (concerned) "You shouldn't be starving yourself like this. Anorexia is not a good thing to have, it makes you feel like you're never hungry, or makes you feel sick whenever you eat. It's very dangerous, by starving yourself, you are seriously damaging your organs. It is okay Izzy, luckily your friend Matt was able to call for help. We will give you all the support you need to get well again!"

Izzy: "Matt?"

Matt: (happily) "Yep! You're okay now, hopefully!"

Izzy: "I just wanted to be like Paris Hilton.. She's my hero."

Doctor: (supporting her) "Don't try to be someone else, being you is much more pretty!"

Katie: "I agree! Izzy is way cooler than Paris Hilton, she just has to believe in herself!"

Izzy: (giggles) "Thank you."

Izzy: "I used to be teased because I was pudgy when I was younger. I just didn't want to experience the same thing again."

Doctor: (calmly) "Try not to take it out on other people though, you don't want them to feel the same as you."

(Matt begins laughing as he imagined Izzy pudgy)

Doctor: "You shouldn't be laughing either, we were also fasting extremely."

Matt: (sighs) "Okay Okay, I won't fast anymore."

Doctor: "Here" (they hand him a pamphlet about staying fit) "Take a read through that"

Matt: "Got it." (He takes the pamphlet)

Katie: (happily) "We'll leave you alone now Izzy, get well soon."

Izzy: "Bye!"

(Katie and Matt leave the hospital)

Katie: "Give me that pamphlet!"

(She takes the pamphlet from Matt and reads through it)

Katie: (amazed) "Woah there's even diet plans in here!!"

Matt: (shocked) "There is??"

Katie: "Yep! Look!"

(Matt took a look through)

Matt: (in awe) "That's awesome!"

Katie: (laughing) "You better stick to this plan!"

Matt: (laughing) "Sure Sure!"

(The two walk off, scene fades out)

The end of Episode 1.