

Chapter 13. Resources at Catholic University and in the Washington, DC Area

Mullen Library

The John K. Mullen of Denver Memorial Library is the main library building on campus and houses most of the psychology and psychiatry journals that the university owns. The Nursing Library in Gowan Hall also has a number of psychology and psychiatry journals. The main website is <http://libraries.cua.edu/default.cfm>.

Reference and Instructional Services. Located on the first floor of Mullen, this division has reference librarians available to consult in person, by telephone (202-319-5070), or by email. This division also has general reference collections, some of which are electronic. The library has a psychology librarian, Shanyun Zhang zhangs@cua.edu, who can provide you with very helpful guidance regarding library resources. She has developed an online Psychology Research Guide, available at <http://guides.lib.cua.edu/psychology>.

Circulation. Located on the first floor and to the left as one enters Mullen, Circulation is responsible for the charging out and returning of all books. Patrons unable to locate a book in the stacks may check with personnel in Circulation. Interlibrary loan services are also available at this desk and online at <http://libraries.cua.edu/access/ill.cfm>.

PsycINFO. The APA database for references and abstracts, PsycINFO, is available from the library home page (above). This database gives citations and abstracts, and many full-text articles, for journal articles, book chapters, and dissertations in psychology. Searches are conducted using a thesaurus of terms. Students can also access other databases through the library that may be useful for clinical students as well.

Training Videos and Books. The Catholic University library subscribes to a database of the APA (and/or other) psychotherapy videos. These are resources for types of therapy and therapy with different populations. Please watch these videos. The database is accessible from the Databases tab on the library home page (see above). Also, the library and department have clinical training books.

Washington Research Library Consortium (WRLC)

The WRLC member institutions are Catholic University, American University, Gallaudet University, George Mason University, Georgetown University, George Washington University, Marymount University, Trinity University, and the University of the District of Columbia.

The WRLC libraries extend borrowing privileges to all graduate students enrolled in a degree program in one of the member universities through the Consortium Loan Service. Students may request materials online or go in person to the member libraries: <https://www.wrlc.org>,

<http://libraries.cua.edu/access/wrlc.cfm>

Library of Congress

The Library of Congress is the largest library in the world. It serves as the national library as well as the research arm of Congress. The main building, on 1st Street just north of Independence Avenue, dates to the turn of the century, and represents Italian Renaissance style. The Main Reading Room is the heart of the Library, and has a beautiful dome with statues and carvings. Guided tours are available on a regular basis. There are also two annex buildings, the Adams building located to the east of the Main Building, and the James Madison building located across Independence Avenue. In addition to books and journals, there are a number of special collections open to library patrons.

You may obtain a free card that allows access to the research facilities of the library, including requesting books and journals from the stacks. The stacks are closed and material does not circulate. The card allowing access to research facilities is obtainable in the Madison Building. Access to complete dissertations (not just abstracts of dissertations) is one of the unique features of the Library of Congress, which is useful if you need a dissertation that is not online. Bring work to do; retrieval of resources after you have requested them can be slow.

The website of the Library of Congress is <http://www.loc.gov>. There is an online catalogue.

Libraries at the National Institutes of Health (NIH)

There are two excellent libraries on the NIH campus, which is located at 8600 Rockville Pike, Bethesda, MD 20894. Check the websites below for which entrances to the “campus” are currently open to the public. You may find it helpful to take the metro (Red Line to Medical Center) rather than drive because of limited visitor parking on the NIH campus.

National Library of Medicine (NLM). The NLM, at the corner of Rockville Pike and Jones Bridge Road, is the world's largest research library in a single scientific and professional field. The Library collects materials exhaustively in all major areas of the health sciences and to a lesser degree in such areas as chemistry, physics, botany, and zoology. The website for the library is <http://www.nlm.nih.gov>. There is an online catalogue of NLM holdings at <http://locatorplus.gov>.

The Library's extensive collections and information services (including databases) may be used in person by health professionals and health-science students. NLM does not have open stacks, and requests for books and journals take about 45 minutes to process. Thus, browsing through journals is better accomplished at university libraries or at the NIH Library.

NIH Library. The NIH Library, located in Building 10, the NIH Clinical Center, is an excellent source of journals and books in psychology and psychiatry. Because it has open stacks, browsing through journals is easy, although there are no copiers for the public and the Library lends materials only to NIH staff. The Library's website is <http://nihlibrary.nih.gov>.

Computer Facilities

Technology Services is located in Leahy Hall. The main website is <http://computing.cua.edu/>. High-speed fiber optic cable and WiFi connects the campus network. A wide variety of software is available on the university's system, including SPSS, Microsoft Office, etc. Use of the computer system is free for students in degree programs, for purposes related to their work in the program. (Students must pay for use of the computer system for outside jobs, work as a consultant, etc.)

The general users' area is located in Leahy Hall, open 24 hours a day. There are also computer-equipped classrooms around campus. The Information Center is available in person, by telephone (202-319-4357) or by email. See <http://technology.catholic.edu/> for current hours of these various forms of help.

The student policies include a statement of ethics in the use of computers that all users are expected to follow.

Counseling Center and Personal Therapy

The Counseling Center (202-319-5765) is located on the first floor of O'Boyle Hall. Its staff includes clinical and counseling psychologists, social workers, counselors, and a psychiatrist experienced in working with university students. The website is <http://counseling.cua.edu/>. Counseling services include individual and group counseling and psychiatric consultation.

However, because clinical program students do a practicum in the Counseling Center in their second year, they are staff members in the Counseling Center for that year, and so using the Counseling Center would create a dual relationship between the student and his or her therapist. For that reason, we recommend that students who choose to get personal psychotherapy seek it off-campus.

Faculty in the clinical program recognize that it is often a good experience and useful for students in clinical psychology to seek personal psychotherapy during their time in training (and at other times in their lives), but the program does not require it.

The medical insurance for students includes coverage for mental health services. Thus, students may be able to seek private psychotherapy. Some therapists are interested in seeing clinical psychology students and may offer a reduced fee.

The Counseling Center maintains a referral list of therapists willing to see Catholic University

students. In addition, the program has developed a list of therapy resources which is available on our Google Drive.

Academic Services

A variety of academic services are available through the Center for Academic Success, <http://success.cua.edu/>. The Center provides services to anyone who is interested in maximizing his or her potential as a student, including assistance in time management, overcoming procrastination, listening and note taking, test taking, reading and other study skills. Peer tutoring is also available on a limited basis.

Career Services

The Office for Academic and Career Success provides aid to individuals interested in exploring career options and assistance with strategies for attaining career goals. This is accomplished through interaction with the staff and the use of an extensive resource library. The website is <https://success.catholic.edu>

Additional Services and Resources on Campus

A list of student services can be accessed at <https://www.catholic.edu/student-experience/student-services/index.html>

These include:

- Academic Supports
 - [Center for Academic Success](#)
 - [Disability Support Services](#)
 - [Library Resources](#)
- Cultural Connections
 - [The Center for Global Strategies](#)
 - [International Students and Scholar Services](#)
 - [The Intensive English Program](#)
 - [Center for Cultural Engagement](#)
- Health and Wellness
 - [Student Health Services](#)
 - [Counseling Center](#)
 - [Kane Student Fitness Center](#)
 - [Disability Support Services](#)

- Additional services include
 - Campus Ministry (<http://ministry.cua.edu/>)
 - Equal Opportunity (<http://eeo.cua.edu/>)
 - Department of Public Safety (<http://publicsafety.cua.edu/>), and
 - Student Records (<http://enrollmentservices.cua.edu/registration-and-records/registrationandrecords.cfm>)

The **School of Arts and Sciences** also has a list of resources for graduate students at <https://arts-sciences.catholic.edu/academics/graduate-programs/resources/index.html>

Forms Online

- <http://graduatestudies.cua.edu/>
- <http://graduatestudies.cua.edu/forms/DoctoralForms.cfm>
- <http://graduatestudies.cua.edu/FAQ.cfm>
- <http://graduatestudies.cua.edu/Funfacts.cfm>
 - [Academic Leave/Withdrawal Request](#)(For Student)

The University also has an active **Graduate Student Association**.
<http://gradstudents.cua.edu/>

Consortium of Universities

The Consortium of Universities of the Washington Metropolitan area consists of 14 institutions, including Catholic University, American University, Gallaudet University, George Mason University, Georgetown University, George Washington University, Howard University, Joint Military Intelligence College, Marymount University, National Defense University, Southeastern University, Trinity College, the University of the District of Columbia, and the University of Maryland College Park. Further information about the consortium can be found at: <http://www.consortium.org>.

Students at Catholic University can take a course at another Consortium university. In order to register for a Consortium course, a student must be currently registered at Catholic University. Any special fees charged for specific courses must be paid by the student directly to the institution offering the course. Consortium courses are approved only if they represent courses **not** available at Catholic University and central to the student's intended professional direction.

A Catholic University student interested in registering for a course at one of the Consortium institutions should contact directly the department offering the course to verify that it is open to Consortium students and to ascertain any special conditions that may apply. Then the student should obtain the Consortium Registration forms from the Consortium Coordinator in

Enrollment Services. Signatures of the department chair or advisor (in our program, the Director of Clinical Training), the Dean, and Enrollment Services are required before a registration is valid.