

Rethinking the treatment of chronic fatigue syndrome—a reanalysis and evaluation of findings from a recent major trial of graded exercise and CBT.

<https://bmcpscpsychology.biomedcentral.com/articles/10.1186/s40359-018-0218-3>

Cognitive behavioural therapy for myalgic encephalomyelitis/chronic fatigue syndrome is not effective. Re-analysis of a Cochrane review.

<https://journals.sagepub.com/doi/full/10.1177/2055102919840614>

Graded exercise therapy does not restore the ability to work in ME/CFS – Rethinking of a Cochrane review.

<https://content.iospress.com/articles/work/wor203174?s=09>

Assessment of the scientific rigour of randomized controlled trials on the effectiveness of cognitive behavioural therapy and graded exercise therapy for patients with myalgic encephalomyelitis/chronic fatigue syndrome: A systematic review.

<https://journals.sagepub.com/doi/abs/10.1177/1359105319847261?journalCode=hpga#.XNa95n1YYgs.twitter>

The ‘cognitive behavioural model’ of chronic fatigue syndrome: Critique of a flawed model

<https://journals.sagepub.com/doi/full/10.1177/2055102919838907>

HARMS CBT/GET:

<https://docs.google.com/document/d/1j2ZNAi2d7QQrYLal2XgIG5veZZhDVGnJ6ZluNhFyKN/edit?usp=DRIVESDK>

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AN ALTERNATIVE:

Energy Conservation/Envelope Theory Interventions to Help Patients with Myalgic Encephalomyelitis/Chronic Fatigue Syndrome.

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3596172/>