## WEEK 2 - 28 Days To A Client

## THE MASTER WAR MODE DAY PLAN + REPORT

<b>V</b> / <b>X</b>	<b>U+I</b> Of Task	Task List For The Day - Fill In ALL 20!
<b>1. 1</b> / <b>×</b>	Q1 ·	Create the avatar, analyze prospects funnels
2. <b>7</b> / <b>X</b>	Q1 ·	watch morning powerup call
3. <b>7</b> / <b>X</b>	Q1 ·	Rectangle challenge, dopamine detox, and full monk mode
<b>4.</b> 🔽/×	Q1 ·	work on a woodworking project, appearance finishing
<b>5. ☑</b> / <b>×</b>	Q1 ·	150 push-ups, 150 crunches, 150 squats
<b>6. 1</b> / <b>×</b>	Q2 ·	OODA loop the platform of the boots
<b>7.</b> 🔽/×	Q2 ·	Interact in TRW chats
8. <b>7</b> / <b>X</b>	Q2 ·	Rewatch prof. Andrew and Arno's lessons
<b>9.</b> 🔽/×	Q2 ·	Review student's copy
<b>10. 1/</b> ×	Q2 ·	Body split for 5 mins
<b>11.</b>	Q3 ·	Clean my foot
12. <b>V</b> /X	Q3 ·	do English, physics, psychology presentation(preset)
13. <b>V</b> / <b>X</b>	Q3 ·	Make sales calls, Close clients on a product
14. 🔽/🗙	Q3 ·	Read the Cashflow (5 pages)
15. <b>V</b> /X	Q3 ·	Make a social appearance on Instagram
16. <b>V</b> / <b>X</b>	Q4 ·	study session Czech and physics plus geometry
17. 🔽/🗙	Q4 ·	practice speaking abilities
18. <b>V</b> / <b>X</b>	Q4 ·	Hit chest, triceps, and shoulders
<b>19.</b> 🔽/🗙	Q4 ·	Body split 5 mins
<b>20.</b> 🔽/🗙	Q4 ·	Go to sleep before 00:00

	DAY NUMBER + DATE + TIME
Day Number:	13
Date:	28.3.2023
Start Time:	6.am

	🙏 3 Things That I Am Grateful To Have In My Life 🙏
1.	Power and Authority, sheer indefatigability, discipline to conquer
2.	Red pill third-dimensional thinking, predicting every move with OODA, calculations of the speed of light
3.	Ready to cut physique in kickboxing

1.	Create an accurate avatar
2.	Study session for Czech, physics, and geometry tests
3.	finish the woodworking appearance, close a deal



\$ Task:	\$ Task = Set The Task That I Intend To Complete This Hour?
A Intention:	(a) Intention = What Is My Plan Of Action To Complete This Task For This Hour?
/Reflection:	/ Reflection = Did I Complete This Task For This Hour? If Not, Then Why?



	■What Do I Plan To Accomplish This Morning? ■	
Multitasking	in lessons, critical thinking, weave the school BS	
	⊚What Is The Main Goal For This Morning?⊚	
survive the all	l lessons, take war notes, eat lunch	
	How Will I Start My Morning With Power?	
excellent brea	kfast, 30 push ups, squats and crunches	
	<u> </u>	
6 am: Task \$	Wake up	
Intention 🔔	Get out of the bed	
Reflection /	Done	
7 am: Task \$	Go to school	
Intention 🔔		
Reflection /	Done	

	1	
8 am: Task \$	School	
Intention 🔔	Survive	
Reflection /	Done	
	<b>_</b>	
_		
9 am: Task \$	School	
Intention 🔔	Survive	
Reflection /	Done	
	<del> </del>	
10 am: Task	School	
Intention 🔔	Survive	
Reflection /	Done	
_		
11 am: Task \$	School	
Intention 🔔	Survive	
Reflection /	Done	
	1	

12 am: Task \$	School
Intention 🔔	Survive
Reflection /	Done
	END-OF-THE-MORNING REPORT®
	What Did I Learn This Morning?
Faster OODA fo	or all occasions
	XWhat Problems Did I Face This Morning?X
Tiredness, hav all	en't woken up on time because went to sleep late (1.am) so much work at
	Phow Will I Solve These Problems For This Afternoon?
tidying with m	y friends, moving them to my basement
	MY AFTERNOON WAR PLAN
	≪What Do I Plan To Accomplish This Afternoon? ≪
Kickbox, Ultra	fast OODA
	⊚What Is The Main Goal For This

100% output, s	olving problems within 5 seconds	
	Phow Will I Start My Afternoon With Power? P	
Listen to Andr	ew's power-up call, and do some research	
1 pm: Task \$	School	
Intention 🔔	Survive	
Reflection /	Done	
2 pm: Task \$	Copywriting	
Intention 🔔	Find new prospects	
Reflection /	Done	
3 pm: Task \$	Physics	
Intention 🔔	Learn for the upcoming test	
	1	
Reflection /	Done	

4 pm: Task \$	Back and biceps
Intention 🔔	Train hard enough to outcompete myself
Reflection /	Done
5 pm: Task \$	Morning power up, sales call
Intention 🔔	Find leads across my network, gain some perspecacity
Reflection /	Done
6 pm: Task \$	Kickboz
Intention 🔔	100% output
Reflection /	Done, got compelely obliterated
7 mars Magt- 6	Twicong Charlidous
7 pm: Task \$	Triceps, Shoulders
Intention 🔔	Divide it into the groups
Reflection /	Done
8 pm: Task \$	Cleaning, dinner
	<u> </u>

Intention 🔔	Have hygiene for my body, empowerment
Reflection /	Done
9 pm: Task \$	Physics
Intention 🔔	Memorize
Reflection /	Done
10 pm: Task \$	Woodworking, cloth drying
Intention 🔔	Finish the table completely
Reflection /	Done
11 pm: Task \$	Plan my next day, do notes to WAR MODE Plan
Intention 🔔	Scrapt my chessboard correctly



Reflection /

Done

Much faster OODA loop, not getting caught on youtube for 30+ mins, socializing skills, making people buy things, better prospecting, doing schoolwork fastly
igwedgeWhat Problems Did I Face In The Day? $igwedge$
Lack of time, the day was a little bit miscellaneous, got tired in the kickboxing ring earlier
€ How Will I Solve These Problems Tomorrow?
full monk mode, back and biceps workout, 15 mins cardio, dips, plan the day strategically
What De I Diere To De Differentier Tomorre
What Do I Plan To Do Differently Tomorrow? NEW
Copywriting, schoolwork and I'll boots research as well, take a look at the sales and marketing campus and start preparing for IG TOP G comeback
🗘 What Do I Plan To Do The Same Tomorrow?🗘
Copywriting, Woodworking, Schoolwork
■ Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With? 📧
People in The Real World

Read Cashflow (5 pages),

Brain Dump: 3/10 I'm going to change to way to approach copywriting, my quality of research will improve and I'll go OODA loop everything, I'll take war notes properly for the next day.