



# TOILET TRIBUNE



BROUGHT TO YOU BY THE HAMLINE UNIV  
PEER WELLNESS EDUCATORS

SEPTEMBER 2025

## Goat Yoga

Wed. Oct 1st  
Mulkern Court  
4:00-5:00 PM



Want to enjoy the fall weather with some relaxing yoga with goats?

**RSVP here!**



## Keep up with all of the Peer's events!

Follow us on Instagram:  
@hamlinepeereducators  
and scan the QR code to visit our new website!



## Meet the Peers, pet some dogs, and learn about Peer Wellness!

Tuesday, September 9th  
(11:30 - 12:30)  
Manor 3

## Group Therapy

Free in Counseling & Health Services

## Stress and Anxiety Support Group

Tuesdays Convo Hour

## New Piper Support Group

Thursdays 4 - 5:30 PM

Scan the QR Code for more information



\*Food resource center will be closed the first Tuesday of each month for a deep-cleaning

## Paws with Peers in Bush

Thurs. Sept 25th  
BML 202 Convo Hour  
(11:30 - 12:30)



Hang out with some puppies and learn about upcoming Peer Wellness Events and express questions/concerns about health on campus.

## Food Resource Center



West Hall 101  
Free food, free toiletries and household items!

Operating hours:  
Mon/Thurs/Fri 9am-4pm  
Tues: 12pm-4pm\*  
Wed: 9am-6pm  
Sat: 10am-2pm  
Sun: Closed