

Content: Dance	Class/Level: Dance 2
Lesson: Time, Space, and Energy (Perform)	Time Frame: 3 weeks

Utah Core Standard(s):	Learning Targets <i>Students will be able to...</i>
Strand(s): Perform Standard(s): L2.D.P.1, L2.D.P.2, L2.D.P.3	<ul style="list-style-type: none"> - Dance with spatial intent. - Dance using time, tempo, and rhythm, in unpredictable ways. - Dance using varied energy levels over the length of a phrase.

Resources

[Elements of Dance Introduction Refresher](#)
[Time, Space, and Energy Free Write Journal](#)
[Movement Warm-Up](#)
[Ballet Barre Work](#)
[Pirouettes](#)
[Battements](#)
[Energy Combo](#)
[Time Combo](#)
[Space Combo](#)

Student Pre Assessment

[Pre-Assessment Link](#)

Learning Activity Building Understanding

Students will be refreshed/introduced to the elements of dance. Perform a free write on the elements, and move their bodies in preparation to learn the elements combos.

Teacher Actions	Student Actions
Have students watch the elements of dance video to refresh their memories on how to access the elements. Have the students do a free write on each element using the free write journal . Lastly have the students follow the movement warm-up .	Submit the free write.
Learning Activities Student Practice	
Students will practice technique to help them execute the element combos.	
Teacher Actions	Student Actions
Have the students use the Ballet Barre Video as a warm-up (they do not need a barre, a chair or a table will work). Have them practice the Pirouettes and Battements Videos. Have them write a couple paragraphs talking about what it was like to follow the videos.	Submit the short paper in response to the technique videos.
Learning Activity Student Project	

Students will learn the time, space, and energy combos and submit videos for review.

Teacher Actions	Student Actions
Have the students follow and learn the Time , Space , and Energy video movement combos. Have them record themselves doing the phrases and submit the videos for review/assessment.	Learn the combos, record the videos and submit.

Project Assessment/Rubric

1 Below Proficient	2 Approaching Proficient	3 Proficient	4 Highly Proficient
Student struggles to dance with spatial intent, use time in unpredictable ways, and dance using varied energy levels.	Student has developed some skills to dance with spatial intent, use time in unpredictable ways, and dance using varied energy levels.	Student has accomplished skills to dance with spatial intent, use time in unpredictable ways, and dance using varied energy levels.	Student excels at dancing with spatial intent, using time in unpredictable ways, and dancing while using varied energy levels.

Student Post Assessment

[Post Assessment Link](#)

Teacher Reflections

Accommodations/Differentiation

Teacher Feedback

