

# 國立教育廣播電台 英語奇育記

## 教育單元中英對照參考

播出日期：113年6月20日

- 教育單元中文摘要：

本次單元帶您了解持續推動月經平權的組織—「小紅帽 With Red」及其創辦人林薇。林薇創立此組織的目的是解決經濟困難的女性無法負擔衛生棉的問題，並消除月經污名化。該組織自2019年成立以來，已經幫助了超過1200名女性和女孩。林薇在蘇格蘭留學期間萌生了創立組織的想法，並在疫情期間因一段批評世界衛生組織總幹事譚德塞的影片而受到國際媒體的廣泛報導。這段影片展示了她的勇氣，提升了她在推動月經平等方面的知名度。林薇年僅22歲，已對台灣的月經平等與教育產生重大影響，令人感到非常敬佩和鼓舞。

- 教育單元英文摘錄：

Lyanne: 想一窺教育新趨勢嗎？

Roxana: 想獲取教育小知識嗎？

Lyanne: 邀請你 Eng between, 在我育你的距離中, 探索教育的多元樣貌！

Roxana: 歡迎邁出學習的腳步, Eng between 我育你的距離！

**Roxana:** Hey Lyanne, (\*cough) do you have a sanitary pad?

**Lyanne:** Sanitary pad? 妳說衛生棉嗎? Let me check... Oh. Sorry, I'm afraid that I don't have any.

**Roxana:** That's okay. I'll try to find one.

**Lyanne:** Are you in period?

**Roxana:** Yeah, it just happened suddenly. I should prepare in advance.

**Lyanne:** Oh, don't be anxious. Ah! You can get it in the bathroom!

**Roxana:** Is it? In the bathroom?

**Lyanne:** Of course. You can check it out. 現在蠻多學校都有在提供衛生棉。

**Roxana:** 歐! 我好像有聽說耶。是跟月經貧窮有關對不對?

**Lyanne:** 對阿~ 我覺得女生每個月要花錢買衛生棉其實是件很不公平的事。

**Lyanne:** 欸那你知道林薇嗎? 林薇 is the founder of a non-profit organization called "小紅帽 With Red." 這個組織是在2019年成立的, 主要是推動像是剛剛談到的解決月經貧窮, 也有消除月經汙名化的問題!

**Roxana:** That sounds impressive! What does "With Red" do?

**Lyanne:**他們會提供衛生棉給經濟上較有困難, 沒辦法負擔衛生棉費用的女生們。  
They've helped over 1,200 women and girls so far.

**Roxana:** Wow, that's incredible. How did she come up with the idea?

**Lyanne:** 林薇 had the idea while she was studying in Scotland. She realized that if she didn't start the organization, she'd regret it later. So she took action immediately.

**Roxana:** It sounds like she was determined. 我怎麼越聽越覺得這個名字很耳熟, 她前陣子是不是有出現在新聞上阿?

**Lyanne:** Yes. During the pandemic, she became well-known after making a viral video addressed to Dr. Tedros of the WHO, criticizing his comments about Taiwan.

**Roxana:** Oh, I think I remember that. She spoke in English, right?

**Lyanne:** Yes, exactly. Her video was just four and a half minutes long, but it had a big impact. 很多國際媒體也都有報導。

**Roxana:** What a brave young woman. How old is she?

**Lyanne:** She's only 22 years old. Despite her age, she's made a significant impact on menstrual equality and education in Taiwan.

**Roxana:** It seems they've really done a lot on this issue. I'm so glad there are people like her in Taiwan.

**Lyanne:** Me too. Hey, do you know she's also from Yilan, the same hometown as mine? I hope I can be just like her in the future and make some changes in the world.

**Roxana:** Yeah, she's really inspiring. She makes me realize that we have the power to change the world.

**Lyanne:** Absolutely. If she can do it, so can we. Let's start by supporting each other and raising awareness about these important issues.

**Roxana:** Of course! Let's do it.

- 資料來源:

<https://www.parenting.com.tw/article/5090904>

<https://withred.org/advocacy>