



4K Family Learning Activities May

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Stretch to be narrow, tall, and long. Scrunch down to be short, wide, small.	Talk about things you can ride in (e.g. cars, wagons, airplanes, trains, boats)	Watch cars go by. Make a chart to keep track of the colors you see.	Take a walk outside and talk about the birds you see and hear.	Tell a story about a favorite relative.	Teach your child how to gallop.	Talk about the things that help people stay dry (e.g. raincoat, galoshes, umbrella)
Day 8	Day 9	Day 10	Day 11	Day 12	Day 13	Day 14
Hide a favorite toy. Give your child clues about where to find it. Encourage him to ask questions.	Talk about the importance of wearing a bike helmet.	Talk about what you did yesterday. What will you do tomorrow?	Hop over the lines on the sidewalk while counting each one.	Toss small toys into a hat, bowl, box or basket.	Talk about the things birds use to make a nest. Can you find any on the ground outside?	Ask your child to tell you what they can see from a window.
Day 15	Day 16	Day 17	Day 18	Day 19	Day 20	Day 21
Fold a piece of paper back and forth to make a fan.	Play follow the leader.	Talk about different types of emergencies (e.g. fire, choking, tornado)	Look for numbers in your environment. Which numbers did you find?	Sing "Old McDonald had a Farm". Make up new verses using zoo animals. (see attachment)	Follow these directions: Name 5 animals that live on the farm then say their sound.	Go outside and read a book. Talk about the story.
Day 22	Day 23	Day 24	Day 25	Day 26	Day 27	Day 28
Choose a category (e.g. bugs, toys) and have your child name examples.	Lie on the grass and look for bugs. How many different kinds can you find?	Lay outside and count the clouds. Talk about the shapes you see.	Find the things that start with the letter S.	The dirt is brown. What other things can you find that are brown?	Go to the library. Let your child pick out a book. Apply for a library card.	Pick up objects and decide which are heavy and which are light.
Day 29	Day 30	Day 31				
Think and talk: How will kindergarten be the same as 4k? How may it be different?	Touch and name three body parts that come in pairs.	Find a tree that is budding. Does it have any leaves? Count how many you find?				