

Beef Meatballs

Ingredients

- 1 pack ground beef (85/15)
- 1 egg
- ¼ cup milk
- ½ cup seasoned breadcrumbs, I always seem to add more depending on consistency
- 2 garlic cloves, finely minced or grated
- 1 tbsp onion powder
- Salt & pepper to taste

Instructions

1. Preheat oven to 400°F, and prep baking sheet with aluminum foil topped with parchment paper
2. Add all ingredients to a large bowl and mix just enough to combine
3. Make into small balls and place on a prepared baking sheet
4. Bake at 400°F for around 15-20 mins, depending on their size