



Grace Ministry Church - Mental Health Directory

Disclaimer: The below list of providers and resources are intended for informational purposes. Grace Ministry cannot guarantee all resources listed will be beneficial as this depends largely on individual fit, and varies from person to person. Availability of providers is subject to change.

Grace Ministry may be able to subsidize 50% of counseling sessions, up to ten sessions per church member. This subsidy is fluid and subject to change based on need and budget.

We recommend you start below with Philadelphia Renewal Network (PRN) as we have a contract with them for a reduced session fee of \$125.

If you feel PRN is not a good fit, we can consider subsidizing counseling fees with alternative providers at the same rate (50% of \$125= \$62.50). We ask that you pay out of pocket at time of session, and then provide us with your invoice. Invoices need to be submitted within 30 days of session date in order to be reimbursed.

Please direct any questions to: mhc@graceministrynj.com

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****ALL NAMES AND RESOURCES LISTED IN BLUE FONT BELOW ARE HYPERLINKS THAT CAN BE CLICKED ON TO ACCESS FROM THIS FORM****

1.Christian Counselors/Therapists

Philadelphia Renewal Network (PRN)

Step 1: Fill out this [Contact/Intake Form](#), which helps PRN with counselor assignment

Step 2: Select a Grace Ministry member to be your shepherd (i.e., support person who knows you are using PRN's services)

Step 4: Shepherd fills out this [Financial aid form](#) if GM is subsidizing

Christian Counseling and Educational Foundation (CCEF)

Step 1: Fill out this [Intake Form](#), which includes a short survey

Step 2: Wait 72 hrs to be notified of next steps

Healing Grounds Wellness Center - [contact](#)

God Changes Lives Ministries, Inc.

Contact [Joe Carnuccio or Mary Spositi](#)

Alternative Options for Christian Counseling

Asian American Mental Health Professionals offering telehealth therapy for New Jersey residents:

[Jeanie Min DeMario](#) (Christian based therapy)

[Diana Rossoni](#) (Christian faith)

[Tina Chen](#) (Christian based therapy)

[Borahm Song](#) (Christian based therapy) - has a waitlist

[Clara Pak](#) (Christian based therapy)

Mustard Seed Generation (MSG) Directory

New Jersey Therapists:

[Cathy Hong](#) - offering in-person and telehealth therapy

[Hue-Sun Ahn](#) - offering telehealth therapy

[Grace Suh](#) - offering telehealth therapy

[Yuna Youn](#) - 6/23/2024, 11/18/2024 Katie waiting for confirmation

[Kevin Woo](#) - offering in-person and telehealth therapy

2. Secular Counselors

[Yong Lee](#) - located in Haddon Heights; offers both in-person & telehealth [therapy](#)

[Meridian Counseling Services](#) - Approximately 2-3 week wait time for an appointment (in-person or telehealth)

Thriveworks, Cherry Hill [Cherry Hill Counseling & Therapy: Find Therapists | Thriveworks](#)

[Wellsprings](#)

Specialties: Trauma PTSD, Anxiety, Depression, Substance Abuse Rehabilitation

[Esther Doh](#)

[Ann Lee](#)

[Lisa Ra](#)

[Kayla Choi](#)

[Renewed Light](#)

[Alissa Glickman](#)

Specializes in children, adolescents, young adults: offers both in-person and telehealth services

[Positive Beginnings](#) in Marlton: offers both in-person and telehealth services. Almost all of their providers are accepting new patients except for Marijayne Henry, Courtney Mehl and Chistopher Smith.

3. Search for Asian Therapists

[Psychologytoday.com](https://www.psychologytoday.com) - allows you to search specifically for Asian American therapists

[Asian American Federation Mental Health Directory](#)

[Asian Mental Health Collective Directory](#)

[Asians For Mental Health Directory](#)

4. Helplines

National Suicide Prevention Lifeline-Call 988 anytime (24/7) or Text HOME to 741741

2NDFLOOR-Call /text 1-888-222-2228 or chat online (24/7)

A 24/7 confidential and anonymous helpline for New Jersey's youth and young adults

NJ Hopeline-Call 1-855-654-6735 or chat online (24/7)

New Jersey's Peer Support & Suicide Prevention Hotline

NJ Mental Health Cares Helpline, 866-202-HELP (4357)

Available 7 days a week, 8am -8pm.

NAMI New Jersey (National Alliance on Mental Illness)

Call the NAMI Helpline at **800-950-NAMI** or in a crisis, text "NAMI" to 741741

Mom2Mom Helpline-Call 877-914-6662 (24/7)

24/7 Peer support services for moms of children with special needs including mental health challenges

Family Helpline

(800) THE-KIDS (843-5437)

- 24/7 hotline for stressed families to work through frustrations before a crisis occurs
- Trained volunteers of Parents Anonymous provide empathic listening about parenting and refer to resources in the community.

5. NJ Designated Psychiatric Screening Services

(24/7 services for psychiatric emergencies, crisis intervention services, information and referral)

Burlington County-Legacy Treatment Services Screening and Crisis Intervention Program

609-835-6180

To request a mobile outreach or for more information, please call **609-835-6180**.

218 A Sunset Road, Willingboro, NJ 08046

Camden Country-Oaks Integrated Care @Jefferson Medical Center

(856) 428-HELP

2201 W Chapel Avenue, Cherry Hill, NJ 08002

6. Inpatient Hospitalization Programs

Jefferson Health (Cherry Hill, NJ)

(800) 528-3425

Friends Hospital (Philadelphia, PA)

(215) 831-2600

Foundations Behavioral Health (Doylestown, PA)

Inpatient Unit for Youth with Autism Spectrum Disorder (ASD)

(215) 345-7151 / (215) 345-0444

7. Partial Hospitalization (PHP) and Intensive Outpatient Programs (IOP)

Penn Medicine Princeton House Behavioral Health (Moorestown, NJ)

(800) 877-3628

Hampton Behavioral Health Center (Westampton and Cherry Hill, NJ)

(800) 603-6767

High Focus Centers (Cherry Hill, NJ)

(888) 437-1610

Rogers Behavioral Health (Philadelphia, PA)

Specialized Services for OCD/Anxiety

(267) 787-6600

Virtua CASTLE Program (Berlin and Camden, NJ)

CASTLE Camden (856) 246-3013

CASTLE Berlin (856) 322-3270

Renfrew Center for Eating Disorders in [Mt Laurel](#)

1-800-renfrew

8. Family Support Organizations and Additional Resources

Family Support Organizations (FSOs) are county-based organizations that provide direct family-to-family peer support, education, advocacy and other services to family members of children with emotional and behavioral challenges, developmental disabilities, and/or substance use challenges.

Family Support Organization of Burlington County

1632 Route 38 East Lumberton, NJ 08048

(609) 265-8838

Camden County Family Support Organization

23 W Park Avenue Merchantville, NJ 08109

(856) 662-2600

Hope and Healing from AAPI New Jersey - AAPI New Jersey (Asian Americans and Pacific Islanders of New Jersey) is connecting individuals with a mental health provider for short term counseling, free of charge. Available in Korean or English: tinyurl.com/aapinj-mh

CarePlus Korean American Outreach Services (KAOS) - offers culturally appropriate counseling for Bergen County residents. Available in Korean or English: **201-265-8200, extension: 5280**

DoDream Counseling - specializes in counseling for children and families. Available in Korean, Chinese, or English. **718-650-0605,**
[Dodreamcounseling.com](https://dodreamcounseling.com)

Family Touch - is a nonprofit organization that provides counseling for individuals, couples, and families. Available in Korean or English. **201-242-4422,**
familytouchusa.org

NAMI New Jersey (National Alliance on Mental Illness)

Call the NAMI Helpline at **800-950-NAMI** or in a crisis, **text “NAMI” to 741741**

Local Chapters

NAMI Burlington County, NJ Burlington County (Moorestown)

NAMI Camden County, Inc Camden County (Cherry Hill)

9. Camden County Resources

<https://www.hcdnnj.org/assets/documents/Camden%20County%20Resource%20Guide.pdf>

Contains info about:

- Food Resources
- Healthcare Resources
- Housing Resources
- Legal & Financial Resources
- Resources for Families & Children
- Resources for Seniors

10. READING MATERIALS & RESOURCES

Step by Step Wellness Guide

<https://store.samhsa.gov/sites/default/files/d7/priv/sma16-4958.pdf>

Christian Mental Health Initiative

<https://christianmentalhealthinitiative.org/mental-health-resources/>