

V	🚀 Today's Tasks & Steps To Success 🚀
1. 🔽	
2. 🗸	
3. 🗸	⑥ Task: 500 Hindu pushups ※Action Steps: Start a timer, open "Calistree" to keep track of reps and eventual rest time, perform the exercise
4. 🗸	
5. 🗸	
6. 🔽	
7. 🔽	 ⑥ Task: Agoge's last assignment ※ Action Steps: Start the process of creating a funnel for the last assignment of Agoge
8. 🔽	 ⑥ Task: Perspicacity walk ※ Action Steps: Do a perspicacity walk and share the experience in agoge chats
9. 🗸	
10. 🔽	

	Date 17
Date:	26th April 2024

4	🌄 3 Blessings I'm Grateful To Have 🙌
1.	A mom
2.	A dad
3.	A sister

	🎩 3 Priority Tasks 🎩	
	(These are non-negotiable tasks and must be conquered today!)	
1.	Checklist	
2.	Agoge assignments	
3.	Start working on funnel	

×	XWhat challenges/roadblocks am I gonna face tomorrow?X
1.	
2.	
3.	



Hourly Commitments & Reflections



Task 🖔	Task: What will I do?
Strategy Q	Strategy: How will I do it, step-by-step action?
Reflection /	Reflection: Was the task finished? If not, why & what stopped me and how will I fix it?
6 AM: Task 💃	
Strategy 🔍	
Reflection /	
7 AM: Task 辈	
Strategy 🔍	
Reflection /	
8 AM: Task 💃	Focus on the future me
Strategy 🔍	Read the Agoge new identity document
Reflection /	This sparked energy in me. Ready to conquer

9 AM: Task 🖔	Perspicacity walk
Strategy 🔍	Do a perspicacity walk around the new agoge Assignment
Reflection /	Did it and I had lots of new ideas for the Last assignment.

10 AM: Task 🖔	10 minutes of copy analysis ✓ + Dream 100 ✓
Strategy 🔍	Continue analysing "His secret obsession"
	Interact and expand the list by 3
Reflection /	Completed everything. The analysis was good and in deep, the dream 100 approach took a little longer than expected

11 AM: Task 辈	Start working on the funnel
Strategy Q	Do a creative brainstorm
Reflection /	Had to do house chores

12 PM: Task 🖔	Start working on the funnel ✓
Strategy 🔍	Do a creative brainstorm
Reflection /	Started it but didn't complete because I had to go to grandmother's place

1 PM: Task 🖐	Lunch, family, needs
Strategy 🔍	

Reflection /	
2 PM: Task 💃	Lunch, family, needs
Strategy 🔍	
Reflection /	
3 PM: Task 💃	Finish the creative brainstorm ✓ + make a plan ✓
Strategy 🔍	Do the last part of the process for the creative brainstorm
Reflection /	Everything is ready. Now it's time to execute the Plan and conquer
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4 PM: Task 🖔	Work on funnel X
Strategy 🔍	Do the market research for it
Reflection /	Didn't finish because I spent some time with my grandmother and I lost time moving from her place to mine
5 PM: Task 💃	Watch the PUCX + start 500 Hindu Pushups ✓
Strategy 🔍	Listen to Andrew in TRW while doing the 500 Hindu Pushups
Reflection /	I started the Hindu Pushups but couldn't watch the PUC because my mom needed my computer
6 PM: Task 🕌	Finish Hindu Pushups 🗸

Strategy 🔍	Finish the 500 Hindu Pushups
Reflection /	New PR let's goo

7 PM: Task 💃	Attend the Agoge Call ✓ + Start watching the replay of the PUC ✓
Strategy Q	Attend the Agoge call
	Start watching the replay
Reflection /	Other than simply watching I did 4 local biz outreaches

8 PM: Task 🖐	Finish watching the PUCX
Strategy Q	Finish watching the PUC Do all the tasks Andrew gave in it
Reflection /	Didn't finished because I had to go to dinner

9 PM: Task 🖐	Finish PUC fr ✓ + Review the day, plan the next one, read the Bible, focus on future me ✓
Strategy 🔍	Use this doc to review and plan
	Read Agoge new identity document
	Post in accountability roster
	Read the Bible
Reflection /	

10 PM: Task 🖐	

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Strategy 🔍	
Reflection /	
11 PM: Task 💃	
Strategy 🔍	
Reflection /	





- -Checklist
- -Agoge assignments
- -Planned the funnel launch and began setting things up
- -4 local biz outreaches for the PUC



-Could have managed my time a little better

■ What lessons did I learn today?

- Only 10 second of bravery are required to annihlate fear
- Death is better than failure (long term one)

- Family dynamics changed a little bit my plans
Do the usual checklists Launch the funnel What worked well and will be repeated? □ - Using music to summon energy during the Hindu Pushups Who are the People I need to connect with? □ Dream 100 people My sister
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My sister
What tasks remain uncompleted
Market research for funnel

♠ What changes do I need to make to my CONQUEST PLAN?
n/a

 $\frac{1}{6}$ The final assessment of the day's productivity $\frac{1}{6}$

Solid 8/10. I feel proud for myself. I completed everything I planned to do. Some tasks remain uncompleted because I passed time with my grandmother.

Tomorrow I will work harder

Freestyle Thoughts:

(Let your thoughts flow here. No judgment, no boundaries.)