

# Student Handout: MDT Role Play – Community Dementia Care

Guide
<b>Overview</b>
This role play focuses on applying a Multidisciplinary Team (MDT) approach when managing a 65-year-old client with mild–moderate dementia living in the community. Students will act in the roles of Nurse, Physiotherapist, Occupational Therapist, Social Worker, and Family Caregiver.
The team visits a client living with his daughter. The caregiver reports: <ul style="list-style-type: none"><li>• Increased forgetfulness</li><li>• Unsteady gait and falls risk</li><li>• Difficulty performing daily activities</li><li>• High caregiver stress</li></ul>
<b>Learning Objectives</b> <ul style="list-style-type: none"><li>• Identify and perform MDT roles in community geriatric care</li><li>• Conduct brief, discipline-specific assessments</li><li>• Develop a collaborative, person-centred home care plan</li><li>• Recognize safety risks and caregiver needs</li></ul>
<b>Student Tasks- Role Responsibilities</b>
<b>Nurse (Team Lead)</b> <ul style="list-style-type: none"><li>• Conduct brief cognitive assessment</li><li>• Review medications and safety issues</li><li>• Identify behavioural or health concerns</li></ul>
<b>Physiotherapist</b> <ul style="list-style-type: none"><li>• Assess gait, balance, and mobility</li><li>• Determine falls risk</li><li>• Recommend simple home exercises</li></ul>

### **Occupational Therapist**

- Evaluate ADLs/IADLs
- Assess home environment and hazards
- Suggest adaptive strategies and modifications

### **Social Worker**

- Explore caregiver stress and support systems
- Identify community resources and financial concerns
- Discuss respite and social services

### **Family Caregiver**

- Share daily challenges
- Describe changes in behaviour, mobility, and routines
- Express current stress and support needs

### **Role Play Flow (10–15 Minutes)**

1. **Introduction** – Team introductions and caregiver concerns (1 minute)
2. **Individual Assessments** – Each professional conducts a short assessment (5–6 minutes)
3. **Team Discussion** – Share findings and identify priorities (3 minutes)
4. **Care Plan Presentation** – Present home safety, ADL support, mobility plan, caregiver support, and follow-up (3 minutes)
5. **Closure** – Summarize next steps and responsibilities (1 minute)

### **Key Concepts to Focus On**

- Person-centred, respectful communication
- Interprofessional collaboration
- Home safety and dementia-friendly environment
- Support for caregiver wellbeing

### **Expected Outcomes**

By the end of the role play, students should be able to:

- Describe the roles of each MDT member
- Perform a basic assessment aligned with their assigned role
- Participate in developing an integrated care plan

- Recognize the importance of community-based dementia management