

Rich Tallow & Botanical Face + Body Cream

Nourishing | Protective | Non-Greasy Finish

Yield: ~3.5 to 4 cups

Shelf Life: 6+ months (store cool, dry)

Skin Type: Suitable for dry, mature, or combination skin



Ingredients

- 1 cup tallow (preferably grass-fed, rendered)
- 1 cup shea butter (raw or refined)
- 4 tablespoons beeswax (pellets or grated)
- 2½ tablespoons castor oil
- 2 tablespoons prickly pear oil (reduced from 4 tbsp)
- 4 tablespoons rosehip oil
- 1 tablespoon (3 teaspoons) vitamin E oil (increased from 2 tsp)
- 1½ tablespoons arrowroot powder
- 20–40 drops essential oils (optional)

e.g., lavender, frankincense, geranium, carrot seed



Equipment Needed

- Double boiler or heat-safe bowl over a pot
- Spoon or spatula

- Hand or stand mixer (optional for whipping)
 - Clean jars or tins for storage (preferably glass)
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Instructions

1.

Melt the base

In a double boiler or heatproof bowl over simmering water, add:

- 1 cup tallow
- 1 cup shea butter
- 4 tbsp beeswax
- 2½ tbsp castor oil

Heat gently, stirring occasionally, until completely melted and uniform.

2.

Cool slightly

Remove from heat and let it cool for 5–10 minutes. It should still be liquid but no longer hot — this protects the delicate oils and vitamin E from degrading.

3.

Add delicate oils & arrowroot

Stir in:

- 2 tbsp prickly pear oil
- 4 tbsp rosehip oil

- 1 tbsp vitamin E oil
- 1½ tbsp arrowroot powder (sprinkle slowly and whisk/stir to avoid clumping)
- Optional: 20–40 drops essential oils

Stir thoroughly to ensure everything is well combined.

4.

Whip (optional, for fluffy texture)

For a whipped cream:

- Place the mixture in the fridge for 20–30 minutes until it starts to thicken (semi-solid, not hard).
- Whip with a hand mixer for 2–4 minutes until light and fluffy.

(If you prefer a balm-like texture, skip whipping.)

5.

Jar & store

Spoon into clean, dry jars or tins. Label and store in a cool place, away from direct sunlight.



Usage Tips

- Apply a small amount to damp skin for best absorption.
- A little goes a long way — start with a pea-sized amount for the face.
- Suitable for day or night use. Also great as a hand, foot, or belly balm.
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- Add a tbsp of Honey for antioxidant