CROSS COUNTRY BYLAWS

1. GOVERNING RULES

A. Competition shall be governed by National Federation and California Interscholastic Federation (CIF) and Central Coast Section (CCS) rules.

2. CLASSIFICATIONS

A. There shall be four (4) official teams: Boys Varsity, Girls Varsity, Boys Frosh/Soph and Girls Junior Varsity. There will be an unofficial classification of Boys Reserve team and a Girls Reserve team of unlimited, non-scoring runners. (12/01/11)

B. The definition of a team will consist of at least five (5) runners and will be limited to seven (7) runners in each official classification. (11/19/13)

C. There will be no restriction of movement between any classification during league play and the League Finals meet. (11/8/17)

3. CHAMPIONSHIPS

A. The League Championship shall be determined by the after the regular season and standings at the league finals: Eight (8) points for first place down to one (1) point for eighth place for the regular season standings, If a team is tied in the standings with another team(s), said team(s) will split awarded points (ex. a tie for second with two teams would split the second and third place points- seven (7) plus six (6) points would equal thirteen (13) which would be divided by the two teams for 6.5 points for each team.) At the league finals meet, schools will then compete in each division and be awarded points based on standings at that meet, eight (8) points for first place down to one (1) point for eighth place. (12/01/11)

B. The finish at league finals will break any ties, if necessary. Teams can only be awarded points at league finals with complete teams. Each school must field a complete varsity team (at least five (5) runners) first before fielding any other complete or incomplete team at any other classification. The head coach must notify the league division chair of any incomplete teams before the start of the dual meet and league finals meet. Failure to do so may result in offending school being placed on probation. (11/19/13)

4. MEET RESPONSIBILITIES

A. The responsibilities for each dual meet and the league finals will be established at the fall organizational meeting of the coaches.

5. MEET LOCATIONS AND TIMES

A. Each division will have an equal number of regular season meets contested during the regular season of play. They will all be contested at ~~Montgomery Hill Park~~ ***selected parks and courses,*** as the permit dates allow with our contract with the City of San Jose. ***(8/21/20)***

B. Meet days will be determined by each division and BVAL staff. (11/17/94)

6. MEET REGULATIONS

A. In order to compete in league finals, teams must participate in all league contests. Only the Commissioner, due to extenuating circumstances may waive this by-law. (11/22/04)

B. In the event that a meet is canceled due to inclement weather, i.e., rain, mud, excessive heat, etc., the said meet shall be made up at the next available date. If the meet in question is not made up before league finals, the league finals meet will be used for scoring purposes for said missed meet. (11/19/13)

C. Meet cancellations due to inclement weather are at the discretion of the League Commissioner and/or league division chairs. (11/15/11)

D. ***Medical Hardship Rule shall consist of the student having competed in at least one league meet race, obtaining a valid doctor's note describing the injury or illness, and presenting it after the final league meet and ahead of the league finals meet to the coaches meeting at league finals. A majority positive vote of coaches will grant this medical hardship, allowing the student to run in the league finals meet. (11/22/19)***

7. LEAGUE FINALS

A. The division chairs are responsible for the league finals.

B. A budget and a meet bulletin are to be presented to the Commissioner one month prior to the meet for approval. The budget should contain the following:

1. Provisions for a trainer
2. Communication method for the day of the meet
3. Individual league and school responsibilities
4. Meet director fees and expectations.

C. The date and race times will be set by the league office. (11/22/04)

D. There will be a course rules meeting, where all coaches, course monitors, finish chute operators and all student-athletes in attendance must be present, near the scoring shack to go over course rules and penalties for breaking the site's rules one-hour prior to the start of the first race at league finals. After the course rules meeting, there will be a coaches meeting that will go over league finals duties and finish chute operations. Any team not represented at either meeting may result in offending school being placed on probation. (11/19/13)

E. If a violation(s) of the league finals rules occur after course rules meeting, the league division chairs will bring each violation to the attention of the League Commissioner within a 24 hour time period. The League Commissioner will present the findings to the BVAL post-season meeting for further evaluation and, if applicable, a penalty may result in the offending school being placed on probation. (11/19/13)

F. If a team is not at its officially assigned station by the designated time and/or location at league finals, the league representative in charge will be responsible to notify the BVAL Office of the offending school which will result in offending school being placed on probation.

G. Qualifying to the Central Coast Section Championship is determined by the CCS. It is as follows:

1. Half (rounding up) the teams competing in each League Championship Meet advance to the Section Meet.
2. All Leagues are guaranteed at least one (1) team in each Division that they have represented in their League.
3. If a team does not automatically qualify for the Section Meet at its League Championship Meet, it will qualify as an At-Large Entry if it meets the following condition:
    i. The combined time for a team's top five (5) runners (team time) at its League Championship Meet Finals is less than the average of the median team time for 1997 and subsequent years at the Section Meet for the Division in which the team competes.
4. Each League qualifies the top three (3) individuals from their League Championship Meet (not on a qualifying team).
5. When two (2) or more basic Leagues join together to form supplemental Leagues, the following shall apply:
    i. When supplemental Leagues are formed, and each of the two (2) or more Leagues currently have Automatic Qualifiers to the CCS Tournament, the new supplemental Leagues shall retain the total of their previous Automatic Qualifiers [e.g., Leagues A and B each have three (3) Automatic Qualifiers. When the new supplemental Leagues are formed, combining A and B, they will have a total of six (6) Automatic Qualifiers]. The BVAL, having three (3) divisions, will combine and be awarded nine (9) individual Automatic Qualifiers. (11/19/13)

Bylaw Addendum:

Rotating Parking & Gate Supervision Schedule for BVAL Finals:

(based upon the BVAL Wrestling Site Rotation Schedule)

	Parking Duties		Gate Duties
2015	Willow Glen	**2015**	Yerba Buena
2016	Yerba Buena	**2016**	Andrew Hill
2017	Andrew Hill	**2017**	Branham
2018	Branham	**2018**	Del Mar
2019	Del Mar	**2019**	Evergreen Valley
2020	Evergreen Valley	**2020**	Gunderson
2021	Gunderson	**2021**	Independence
2022	Independence	**2022**	James Lick
2023	James Lick	**2023**	Leigh
2024	Leigh	**2024**	Leland
2025	Leland	**2025**	Lincoln
2026	Lincoln	**2026**	Live Oak
2027	Live Oak	**2027**	Mt. Pleasant
2028	Mt. Pleasant	**2028**	Oak Grove
2029	Oak Grove	**2029**	Overfelt
2030	Overfelt	**2030**	Piedmont Hills
2031	Piedmont Hills	**2031**	Pioneer
2032	Pioneer	**2032**	Prospect
2033	Prospect	**2033**	San Jose
2034	San Jose	**2034**	Santa Teresa
2035	Santa Teresa	**2035**	Silver Creek
2036	Silver Creek	**2036**	Sobrato
2037	Sobrato	**2037**	Westmont
2038	Westmont	**2038**	Willow Glen

To be rotated on a yearly basis. Also, Division Chairs' school are exempt when their school comes up and will revert to the next school on the list, (current year only as division chairs may change.) **Added 9/8/2015**