



Parenting, Prenatal Development, and Birth

*Crosslake Community High School
2025-2026 school year*

INSTRUCTOR

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Office Hours: 10:00-2:00 pm Tuesdays and Thursdays

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COURSE DESCRIPTION

This semester course is designed to teach students about prenatal development and prenatal care of a child from conception to birth. Students will also learn effective strategies and techniques of parenting.

PREREQUISITES

None



COURSE GOALS & OBJECTIVES

Student will be able to:

- Recognize the responsibilities and skills needed for parenting
- Evaluate the costs of having a child
- Analyze different parenting styles and understand their consequences
- Recognize signs of child abuse
- Research and identify STD symptoms
- Understand the female reproductive system and conception
- Identify the safety of food for pregnant women and their babies
- Analyze the dietary needs of a pregnant woman
- Identify stages of embryonic and fetal development and evaluate the characteristics of each stage
- Analyze the causes of birth defects
- Explain the three stages of labor and delivery
- Develop a birth plan

REQUIRED MATERIALS

Computer and access to the internet

TECHNICAL REQUIREMENTS

Computing knowledge - taking and uploading digital photos, text, and you tubes

TEACHER CONTACT & COMMUNICATION

Regular communication is critical to your success in this class. It is important that as soon as you have a question you cannot answer, that you reach out to me or your Learning Coach. Or, if I contact you, that you respond quickly so you can get the most out of this course. I will communicate with you regularly via the chat on Canvas, but I'm also available via email or Google chat.



Feedback

I will grade assignments regularly, usually within 2 school days, and provide feedback to you on these assignments through the Canvas chat. Read through the feedback and ask clarifying questions, since I write these comments to help you improve your learning in this course.

Office hours

I will be available to answer questions and help work through assignments during the common hours posted at the top of this syllabus. This is a great time to contact me since I will usually be able to get back to you very quickly.

Additional support

If you need additional academic support beyond regular feedback and communication with me, please let me or your Learning Coach know so that we can connect you with appropriate help.

COURSE POLICIES

Attendance/Participation Policy

Attendance and participation are based on daily logins to the course and regular completion of assignments. To stay on track, you should follow the due dates for activities and assignments listed in the syllabus or learning management system. For more specific information about attendance, including excused/unexcused absences, see the Crosslake Community Online Program Parent/Student Handbook

Missing or Late Work

All work is due at the end of the semester. However, if a student waits until the last week or two to complete the coursework, it is unlikely that he or she will earn a passing grade. To help you plan and manage time, I have created a course schedule included in the syllabus. Missing work at the end of the semester will be counted as 0 points.

Questions

Please ask questions as soon as you have them; if you aren't clear on a concept, it is likely that others have the same question. The sooner you ask a question, the sooner I can help you!

Academic integrity

All students demonstrate academic and personal integrity in all their work, as well as in their interactions with teachers, staff, classmates, and their community.



COURSE ACTIVITIES

- Safety precautions during pregnancy
- Baby Budget Investigative Assignment
- Parenting Styles Activity
- Child Abuse Recognition
- STD Research
- Female Reproductive System Diagram
- Prenatal Care–Food, Activities, Doctor appointments
- Prenatal Development–what happens at each stage of development for baby and for mom
- Problems in prenatal development and labor and delivery
- Labor and Delivery
- Quizzes after each unit

COURSE OUTLINE & SCHEDULE

- Week 1: Parenting Responsibilities, Safety Precautions, and Baby Budgeting
- Week 2: Families, Parenting Styles, and Guidance
- Weeks 3 and 4: Child Abuse and STD's
- Week 5: Female Reproductive System and Conception
- Weeks 6 and 7: Preparing for Baby and Fetal Development
- Weeks 8 and 9: Problems in Prenatal Development and Labor and Delivery and Final study guide

Supplemental Student Communication

Progress Reporting

CCS staff will submit progress reports to the local school contact person upon completion of the student's academic term. The student and family may access regular progress reports in the online learning platform through the student gradebook anytime.

Final Grades and Submissions

Semester and final grades are submitted to the school counselor within 10 days of the end of the semester. Successfully completed CCS courses are worth .5 semester credits; credit conversions and graduation requirements do differ between school districts. Contact your school counselor for your local district's graduation requirements and credit conversion.