IN THIS EXACT ORDER

Young Jedi Adventures season 1 episode 1

Young Jedi Adventures shorts episode 1,2,4,5,6

Young Jedi Adventures season 1 episode 2 part 1

Young Jedi Adventures shorts episode 3

Young Jedi Adventures season 1 episode 2 part 2

Young Jedi Adventures season 1 episodes 3-25

Fun with Nubs season episode 1-10

Young Jedi Adventures season 2 episode 1-11

The Acolyte episode 7,3,1,2,4,5,6,8

Tales of the Jedi episodes 2,3,1

Star Wars Episode I The Phantom Menace

Tales of the Jedi episode 4

Forces of Destiny season 2 episode 10

Star Wars Episode II Attack of the Clones

Clone Wars(2008 series) season 2 episode 16

Clone Wars (2008 series) season 1 episode 16

Clone Wars(2008 movie)

Clone Wars(2008 series) season 3 episode 1

Tales of the Jedi episode 5

Clone Wars(2008 series) season 3 episode 3

Clone Wars(2008 series) season 1 episode 1-15,17-21

Clone Wars(2008 series) season 2 episode 1-3,17-19,4-14,20-22

Clone Wars(2008 series) season 3 episode 5-7,2,4,8

Clone Wars (2008 series) season 1 episode 22

Clone Wars(2008 series) season 3 episode 9

Forces of Destiny season 1 episode 11

Forces of Destiny season 2 episode 2

Forces of Destiny season 1 episode 6

Forces of Destiny season 1 episode 12

Forces of Destiny season 1 episode 4

Clone Wars(2008 series) season 3 episode 10-11

Clone Wars(2008 series) season 2 episode 15

Clone Wars(2008 series) season 3 episode 12-22

Clone Wars(2008 series) season 4 episode 1-19

Tales of the Empire episode 1

Clone Wars(2008 series) season 4 episode 20-22

Clone Wars(2008 series) season 5 episode 2-13,1,14-20

Clone Wars(2008 series) season 6 episode 1-13

Clone Wars Legacy A Death on Utapau

Clone Wars Legacy In Search of the Crystal

Clone Wars Legacy Crystal Crisis

Clone Wars Legacy The Big Bang

Clone Wars (2008 series) season 7 episode 5-8,1-4

Clone Wars (2008 series) season 7 episode 9 0:00-16:25

Star Wars Episode 3 Revenge of the Sith 0:00-27:34

Clone Wars(2008 series) season 7 episode 9 16:26-26:15

Clone Wars(2008 series) season 7 episode 10 0:00-2:59

Star Wars Episode 3 Revenge of the Sith 27:35-51:40

Clone Wars (2008 series) season 7 episode 10 3:00-24:16

Star Wars Episode 3 Revenge of the Sith 51:41-1:00:54

Clone Wars (2008 series) season 7 episode 11 0:00-2:19

Star Wars Episode 3 Revenge of the Sith 1:00:55-1:01:54

Clone Wars(2008 series) season 7 episode 11 2:20-9:41

The Bad Batch season 1 episode 1 0:00-7:03

Star Wars Episode 3 Revenge of the Sith 1:01:55-1:15:20

Clone Wars(2008 series) season 7 episode 11 9:42-10:18

Star Wars Episode 3 Revenge of the Sith 1:15:21-1:23:32

The Bad Batch season 1 episode 1 7:04-13:19

Clone Wars (2008 series) season 7 episode 11 10:19-23:32

Star Wars Episode 3 Revenge of the Sith 1:23:33-1:29:55

<u>Clone Wars(2008 series) season 7 episode 12 0:00-17:08</u>

Star Wars Episode 3 Revenge of the Sith 1:29:56-1:35:30

The Bad Batch season 1 episode 1 13:19-20:02

Star Wars Episode 3 Revenge of the Sith 1:35:31-2:11:34

Tales of the Jedi episode 6 0:00-4:06

Star Wars Episode 3 Revenge of the Sith 2:11:35-2:13:46

<u>The Bad Batch season 1 episode 1 20:03-1:11:08</u>

<u>Clone Wars(2008 series) season 7 episode 12 17:09-21:16</u>

Tales of the Empire episode 4

The Bad Batch season 1 episode 2-16

The Bad Batch season 2 episode 1-16

The Bad Batch season 3 episode 1-15

Tales of the Empire episode 5

Forces of Destiny season 2 episode 16

Solo: A Star Wars Story

Tales of the Jedi episode 6 4:07-14:11

Tales of the Empire episode 2

Obi-Wan Kenobi part 1-6

Andor season 1 episode 1-12

Star Wars Rebels Shorts episodes 1-4

Star Wars Rebels: Spark of Rebellion(Star Wars Rebels season 1 episodes 1-2)

Star Wars Rebels season 1 episodes 3-7

COMING SOON

Andor Season 2 episodes 1-3

Star Wars Rebels season 1 episodes 8-15

Forces of Destiny season 2 episode 15

Star Wars Rebels: The Siege of Lothal(Star Wars Rebels season 2 episodes 1-2)

Star Wars Rebels season 2 episodes 3-9

Forces of Destiny season 1 episode 7

COMING SOON

Andor Season 2 episodes 4-6

Star Wars Rebels season 2 episodes 10-15

Forces of Destiny season 1 episode 8

Star Wars Rebels season 2 episodes 16-20

Forces of Destiny season 1 episode 9,16

Twilight of the Apprentice(Star Wars Rebels season 2 episodes 21-22)

Forces of Destiny season 2 episode 1

Forces of Destiny season 1 episode 13

COMING SOON

Andor Season 2 episodes 7-9

Star Wars Rebels: Steps into Shadow(Star Wars Rebels season 3 episodes 1-2)

Star Wars Rebels season 3 episodes 3-16

Forces of Destiny season 2 episode 11

Star Wars Rebels season 3 episodes 17-20

Star Wars Rebels: Twin Suns(Star Wars Rebels season 3 episodes 21-22)

Star Wars Rebels: Heroes of Mandalore(Star Wars Rebels season 4 episodes 1-2)

Star Wars Rebels: In the Name of the Rebellion(Star Wars Rebels season 4 episodes 3-4)

Star Wars Rebels season 4 episodes 5-15

Tales of the Empire episode 6

Forces of Destiny season 2 episode 4

Galaxy of Adventures episode 5

COMING SOON

Andor Season 2 episodes 10-12

Rogue One: A Star Wars Story

Star Wars Episode IV A New Hope

Forces of Destiny season 1 episode 5

Star Wars Episode V The Empire Strikes Back

Forces of Destiny season 2 episode 7

Galaxy of Adventures episode 6

Forces of Destiny season 2 episode 6

Star Wars Episode VI Return of the Jedi

Forces of Destiny season 1 episode 3

Forces of Destiny season 1 episode 14

Forces of Destiny season 2 episode 14

Forces of Destiny season 2 episode 9

Hunted short

The Mandalorian chapters 1-12 Tales of the Empire episode 3

The Mandalorian chapters 13-16

The Book of Boba Fett chapters 1-7

The Mandalorian chapters 17-24

Ahsoka parts 1-8

COMING SOON

Skeleton Crew episodes 1-8

The Mandalorian and Grogu

Star Wars Resistance: The Recruit(Star Wars Resistance season 1 episode 1-2)

Star Wars Resistance season 1 episode 3-7

Star Wars Resistance shorts episode 1

Star Wars Resistance season 1 episodes 8-13

Star Wars Resistance shorts episodes 2-3,7,4-6,8-9,12,11,10

Star Wars Resistance season 1 episodes 14-16

Forces of Destiny season 1 episode 15

Forces of Destiny season 2 episode 5

Star Wars Resistance season 1 episode 17-19

Star Wars Episode VII The Force Awakens

Galaxy of Adventures episode 46

Forces of Destiny season 1 episode 1-2,10

Star Wars Resistance season 1 episode 20-21

Star Wars Resistance season 2 episode 1

Forces of Destiny season 2 episode 13

Star Wars Episode VIII The Last Jedi

Forces of Destiny season 2 episode 8,12,3

Star Wars Resistance season 2 episode 2-4

Galaxy of Creatures episode 12,5,11,2-3,9,4,6,10,8,7,1

Galactic Pals episode 1-12

Galaxy of Creatures episodes 13-16,18,17,20,19,22,21,24,23

Star Wars Resistance season 2 episode 5-17

Galaxy of Adventures episode 52,51,53

Forces of Destiny Volumes 1-4

Star Wars Resistance The Escape(Star Wars Resistance season 2 episodes 18-19)

Star Wars Episode IX The Rise of Skywalker

Galaxy of Adventures episode 37-38,44

As soon as you get that first thought, run to God. Put your phone down, get up and move to another room and occupy yourself with something else. Pray and talk to God until that feeling passes. And it will pass. You'll feel so proud of yourself for not giving in.

B - breathe deeply. Breathe in through your nose for 3 seconds, hold for 3 seconds, and breathe out of your mouth for three seconds. This increases oxygen flow to your brain and helps you to think more clearly. Use this time to think about what underlying want or need may be contributing to your temptation.

R - remember the truth. Recite a passage of Scripture, remind yourself of why you don't want to give in to temptation. An effective truth I recently started telling myself is, "It's okay to feel lonely (or whatever emotion I may be feeling at the time), but you know that masturbation is not a healthy way to cope with it and will only make you feel worse. A much better and healthier option is to ______" A - ask God for help. Pray for strength and thank God for His ability to save you.

C - call a friend. If you have an accountability partner (and like I said, you definitely should) give them a call and tell them how you're feeling. Sometimes even just a casual conversation with a friend can help alleviate temptation.

E - escape to a healthy alternative. Remove yourself from whatever the tempting situation is, do something else (like go for a walk, pick up a book, make yourself a snack or do some chores) Again, sometimes just going to a different physical location can alleviate temptation.

Scripture tells us to be on guard against sexual immorality.

1. Ephesians 5:3 But among you there must not be even a hint of sexual immorality, or of any kind of impurity, or of greed, because these are improper for God's holy people.

- 2. 1 Corinthians 6:18 Flee immorality. Every other sin that a man commits is outside the body, but the immoral man sins against his own body.
- 3. Colossians 3:5 Put to death, therefore, whatever belongs to your earthly nature: sexual immorality, impurity, lust, evil desires and greed, which is idolatry.
- 4. 1 Thessalonians 4:3–4 For this is the will of God, your sanctification: that you abstain from sexual immorality; that each one of you know how to control his own body in holiness and honor.

Scripture teaches us to guard the heart and honor the Lord with our body. Masturbation violates these Scriptures.

- 5. Proverbs 4:23 Above all else, guard your heart, for everything you do flows from it.
- 6. 1 Corinthians 6:19–20 Do you not know that your body is a temple of the holy Spirit within you, whom you have from God, and that you are not your own? For you have been purchased at a price. Therefore glorify God in your body.

In masturbation you are coveting and lusting for someone who is not for you. It's not only hurting you. It's hurting someone else. It's treating someone like they are a piece of meat.

- 7. Exodus 20:17 "You shall not covet your neighbor's house. You shall not covet your neighbor's wife, or his male or female servant, his ox or donkey, or anything that belongs to your neighbor."
- 8. Matthew 5:28 But I say unto you, That whosoever looketh on a woman to lust after her hath committed adultery with her already in his heart.
- 9. Job 31:1 "I made a covenant with my eyes not to look lustfully at a young woman."

Any type of sexual activity is to be within marriage.

- 10. Genesis 1:22-23 God blessed them and said, "Be fruitful and increase in number and fill the water in the seas, and let the birds increase on the earth." And there was evening, and there was morning—the fifth day.
- 11. Genesis 2:24 That is why a man leaves his father and mother and is united to his wife, and they become one flesh.
- 12. Hebrews 13:4 Marriage should be honored by all, and the marriage bed kept pure, for God will judge the adulterer and all the sexually immoral.

Satan finds a way to pervert sex within marriage, which is good with masturbation.

13. Acts 13:10 "You are a child of the devil and an enemy of everything that is right! You are full of all kinds of deceit and trickery. Will you never stop perverting the right ways of the Lord?"

No one can honestly say that they are going to masturbate for the glory of God.

- 14. 1 Corinthians 10:31 Whether, then, you eat or drink or whatever you do, do all to the glory of God.
- 15. Colossians 3:17 And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him.

Masturbating once can lead to addiction, slavery, and danger. That is why it is essential that you stay away.

16. John 8:34 Jesus replied, "Very truly I tell you, everyone who sins is a slave to sin."

It might seem hard, but God has given us the Holy Spirit help us overcome any addiction.

- 17. 1 Corinthians 10:13 No temptation has overtaken you that is not common to man. God is faithful, and he will not let you be tempted beyond your ability, but with the temptation he will also provide the way of escape, that you may be able to endure it.
- 18. 2 Timothy 1:7 For God did not give us a Spirit of fear but of power and love and self-control.
- 19. John 14:16 "I will ask the Father, and He will give you another Helper, that He may be with you forever."

If you're doubting and you still proceed, that is sin.

20. Romans 14:23 And he that doubteth is damned if he eats, because he eateth not of faith: for whatsoever is not of faith is sin.

Sin grows larger overtime.

21. James 1:14 But every man is tempted, when he is drawn away of his own lust, and enticed. Then when lust hath conceived, it bringeth forth sin:

Discipline yourself and cry out to the Lord for help. Occupy yourself, find an accountability partner, listen to sermon jams, put a child block on your computer, go be around people, stop following sensual people on social media. Distract yourself with something positive so you won't sin.

- 22. Matthew 5:29 If your right eye causes you to stumble, gouge it out and throw it away. It is better for you to lose one part of your body than for your whole body to be thrown into hell.
- 23. Matthew 5:30 And if your right hand causes you to stumble, cut it off and throw it away. It is better for you to lose one part of your body than for your whole body to go into hell.
- 24. 1 Corinthians 9:27 No, I keep on disciplining my body, making it serve me so that after I have preached to others, I myself will not somehow be disqualified.

Go to the cross and confess your sins daily. Christ can set you free from anything.

25. 1 John 1:9 If we acknowledge our sins, he is faithful and just and will forgive our sins and cleanse us from every wrongdoing.

Bonus

Galatians 5:1 It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery.

Are you engaging in more spiritual disciplines to grow your faith? Reading your Bible, prayer, meditation, fasting, etc.?

What are your spiritual gifts? How are you using them in the Church?

What can you do to serve or lead in ministries at the Church?

How can you be more involved in sharing your faith or living out your faith?

Other ways to be disciplined such as working out, having a disciplined diet, and things like these can also help improve your self control and your temple of the Holy Spirit too.