

2023 Human Growth and Development

~Questions/Discussion~

Due Date: _____

Name: _____ Teacher: _____ Period: _____

Person you are discussing questions with (Name & Who is it _____)

- 1) Choose an adult you trust-a parent, grandparent, family member, or teacher to discuss the following questions, about being a teenager, relationships, and boundaries.
- 2) **On a separate piece of paper**, summarize their response and your responses to questions 1-10. On the back of this paper, on your own, complete a short summary paragraph answering questions 11 and 12.

We encourage the adults to ask how the teen feels with each question for more open discussion

Discussion:

1. Tell me what it was like being a teenager, specifically some of the struggles and difficulties.
2. Tell me what are the biggest responsibilities as a parent/guardian.
3. Tell me what positive attribute you see that I have going for me. Such as academics, good with people, sports, music, explorer, and good characteristics that I possess.
4. Did your parents talk to you about dating relationships when you were a teenager? What did they say?
5. Tell me what you think about dating relationships with teenagers today. Tell me what the messages social media and society tells teens about sex today.
6. Tell me what you think should be the physical boundaries in a dating relationship.
7. Tell me what kind of friend, dating partner would you like your teen to grow up to be.
8. Tell me what you think are the keys to a healthy dating relationship or marriage.
9. Tell me what are ways I can successfully navigate a risky or peer pressure situation.
10. Tell me what is sexting, and why does it pose such a risk to those who do it?

****TURN SHEET OVER****

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SHORT PARAGRAPH

After discussion: In a short paragraph, students are to answer the following questions, reflecting on the conversation, with their trusted adult.

11. Explain what you learned after talking with an adult about this topic.
12. Tell me did this conversation change your perception on dating? If so, explain how.