



MINISTRY OF EDUCATION AND SCIENCE OF UKRAINE
BOGDAN KHMELNITSKY MELITOPOL STATE PEDAGOGICAL UNIVERSITY



EXTRACT FROM THE MINUTES

of the meeting of the working group of the project “Boosting University Psychological Resilience and Wellbeing in (Post-) War Ukrainian Nation” No. 101129379 — BURN — ERASMUS-EDU-2023-CBHE

8 September 2025
(date)

No. 6

Zaporizhzhia

- Chair: Associate Professor of the Department of Germanic Languages and Methodology of Teaching Germanic Languages, Head of the International Relations and Project Activity Office, Project Manager Olga GONCHAROVA.
- Secretary: Project implementer, working group member, Senior Lecturer of the Department of Psychology Hanna VARINA.
- Present: project implementers and working group members: Natalia FALKO, Natalia HUZ, Olesia PROKOFIEVA, Liliia KOBLYNYK, Iryna OSTOPOLETS, Svitlana SHEVCHENKO, Hanna VARINA, Tetiana MOSTOVA, Yuliia ZINCHENKO, Liudmyla ROZUMEIKO, Nazar ROZUMEIKO, Hanna USTIUGOVA, and Karina MOLOZHON.

AGENDA:

1. Coordination of BKMSPU team activities following the Project Steering Committee meeting of 5 September 2025.
2. WP2 course piloting, participant numbers and feedback.
3. Organisation of the Centre for Psychological Resilience and Wellbeing and development of training programmes under WP4.
4. Communication, dissemination, documentation and quality assurance follow-up.

1. HEARD:

Coordination of BKMSPU team activities following the Project Steering Committee meeting of 5 September 2025.

REPORTED:

Project Manager Olga GONCHAROVA informed the working group about matters from the Project Steering Committee meeting requiring follow-up within BKMSPU. The project officer requested more detailed clarification in the Progress Report on university approval of the designed courses and module and on how the relevant study programmes ensure the sustainability of the curricula taught. The team was also reminded to collect and store project documentation, including universities' financial statements.

2. HEARD:



WP2 course piloting, participant numbers and feedback.

REPORTED:

The team member Olesia PROKOFIEVA reported that the courses and module are being piloted by the BKMSPU team. The consortium needs to collect the numbers of BA, MA and PhD students targeted by the courses; the coordinator will add the related issue as an unforeseen risk in SyGMA. The quality assurance team will prepare a course feedback form for use by the course teams.

3. HEARD:

Organisation of the Centre for Psychological Resilience and Wellbeing and development of training programmes under WP4.

REPORTED:

The team member and head of the Centre for Psychological Resilience and Wellbeing Liliia KOBYLNYK reported that the Centre is functioning effectively. The Centre's purpose is to provide psychological support and enhance the effectiveness of the professional and personal development of all those involved in the educational process, whilst safeguarding their mental health, social well-being and harmonious integration into the shared space of a multifaceted life. The main areas of activity of the Centre for Psychological Resilience and Well-being are research, educational and preventative work, diagnosis, psychological correction, training, and advisory and methodological support. A significant part of this work involves providing psychological support to help higher education students adapt successfully, creating optimal socio-psychological conditions for self-development, self-improvement and self-fulfilment, fostering a culture of mental health care amongst those involved in the educational process, and familiarising them with and helping them understand the tools that will assist them in looking after their own mental well-being. As part of the BURN project, the Centre was fitted with modern equipment, which was actively used throughout 2026: an interactive panel; a desktop USB scanner for working with teaching materials; VR kit (VR headset, relaxation pouffe) for stabilising exercises; sensory aids (light and tactile elements); materials for art therapy; teaching kits for group sessions. The next step is to develop training programmes and materials in Ukrainian for delivery by the Centre, with the deliverable due in December 2025. Two developer teams need to be established: one for the 16-hour training for university staff and one for the 40-hour training for local communities. Team members were also asked to consider possible consortium events using saved travel costs and potential external evaluators for the training programmes.

4. HEARD:

Communication, dissemination, documentation and quality assurance follow-up.

REPORTED:

Project Manager Olga GONCHAROVA reported that the consortium decided to postpone the webinars about the Centres' work for the Ukrainian audience until January 2026, when initial results are expected to be visible. The project website needs further improvement, including arranging events from the most recent to the oldest. Project-related information and the required disclaimer should be included in publications. The annual dissemination report and the annual dissemination quality assurance report are to be submitted in January 2026. Partners were encouraged to review the quality-control measures and questionnaires prepared for course piloting and dissemination and send comments. The MA feedback form is needed by the end of September for the intensive course in Kryvyi Rih. A questionnaire on the work of the Centre will also be developed, and the possibility of a course-quality checklist for lecturers was discussed.



RESOLVED:

1. Project Manager Olga GONCHAROVA coordinates the follow-up of the Project Steering Committee matters that require action within the BKMSPU team and ensures that relevant project information is passed on to team members.
2. Working group members collect the numbers of BA, MA and PhD students targeted by the courses and module, as required for monitoring the piloting and the related risk.
3. The team proceeds with organising the two developer teams for the WP4 training programmes and considers possible consortium events and external evaluators.
4. Working group members review the quality-control materials and questionnaires and send their comments; the team takes account of the end-of-September need for the MA feedback form for the intensive course in Kryvyi Rih.
5. The team follows up on project documentation, website updates, publication disclaimer requirements, and the dissemination and quality assurance reports due in January 2026.
6. The team member responsible for financial and economic support, Liudmyla ROZUMEIKO, collects and retains all project documents related to the project's financial reporting.

Chair
GONCHAROVA

Olga

Secretary

Hanna VARINA