

■ Modified Meal Request

## Polytechnic High School

## **Annual Modified Meal Request**

Email to: foodservices@pphs.purdue.edu or return directly to the culinary services associate at your student's school.

Update Modified M	leal Request  End date:						
Start date .	Liid date .						
TO BE COMPLETED BY PARENT OR GUARDIAN							
Date	School	Student First Name	Student Last Name	Student Last Name			
Date of Birth	Street Address		City, State	Zip			
Parent or Guardian Home Number Parent or Guardian Cell Number			E-Mail Address	E-Mail Address			
My child will require a menu modification at the following:  Breakfast Lunch Supper Lunderstand it is my responsibility to renew this form before each school year and any time my child's medical or health needs change.  Parent / Guardian Name Printed  Parent / Guardian Signature							
		TO BE COMPLETED BY MEDICAL AUT	THORITY				
The Dietary Needs below are related to (ex: Celiac Disease, Lactose Intolerance):							
Food Restrictions* (check the appropriate boxes below):			Nutrient Restrictions	Food Allergen Management What are the student's possible reactions to the indicated allergen(s) or conditions?			
<ul> <li>Milk - Fluid milk, cheese, yogurt, and other dairy ingredients such as casein and whey. Fluid Milk - Milk to drink.</li> <li>Peanuts - Peanuts, peanut butter, and peanut oil.</li> </ul>			☐ Carbohydrate ☐ Fat ☐ Sodium				
<ul> <li>Tree Nuts - Almonds, hazelnuts, and cashews.</li> <li>Wheat - Wheat-based grains such as buns, crackers, pasta, and wheat as an ingredient. Gluten - Wheat, rye, barley, and non-certified oats.</li> <li>Fish - Fin-fish such as cod and tilapia.</li> <li>Shellfish - Shrimp and crab.</li> </ul>			Protein Calories				
			List allotment by meal:				
<ul> <li>□ Egg - Visible egg in dish such as an omelet.</li> <li>□ Egg Ingredients - Visible egg in dish and egg as an ingredient.</li> </ul>			Breakfast:	Foods	s to be omitted		
Soybean - Food items such as Textured Soy Protein (TSP), Textured Vegetable Protein (TVP), tofu, and whole soybeans (edamame). Soybean Ingredients - TSP, TVP, soy protein concentrate, soy protein isolate, soy sauce, soy flour, unrefined soybean oil, tofu, and whole soybeans (edamame).			Supper:				
Other:		rided are not all-inclusive; other foods may apply	Snacks:				



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		Foods to be substituted:					
Texture Modification (if applicable):							
Chopped							
Ground							
☐ Pureed							
* Chopped: Food is cut with a knife to "pea size" pieces. No liquid is added.  * Ground: Ground with added liquid in a food processor to "small curd" cottage cheese							
consistency.							
* Pureed: Blended with added liquid in a food processor to a smooth, pudding consistency.							
Additional comments:							
Prescribing Physician / Medical Authority Name Printed Pr	rescribing Physician / Medical Authority Signature						
PPHS CULINARY SERVICE NOTES							
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This institution is an equal opportunity provider.

7/14/2025