

NIKE FOLAGBADE's PROFILE

PERSONAL TRANSFORMATION AND COACHING PROFILE

NIKE FOLAGBADE | FAMILY TRANSFORMATION ARCHITECT | CERTIFIED COACH | THERAPIST | CORPORATE TRAINER

Nike Folagbade is a Trauma Therapist and a certified Family Life Coach, Marriage Counselor, Therapist, and Emotional Intelligence Strategist with a proven track record of helping individuals, couples, and organizations navigate emotional pain, improve communication, and build healthier relationships at home, in marriage, and in the workplace.

As the founder of BloomNest, a transformation-focused company that empowers individuals, teens, singles, couples, and corporate teams to grow emotionally, strengthen relationships, and lead more fulfilling lives both personally and professionally, Nike leads high-impact programs that help people break destructive patterns, master emotional intelligence, and experience deep personal growth. From coaching couples through marital restoration to assisting corporate teams to build healthier work cultures, her work bridges the gap between emotional healing and sustainable transformation.

With certifications in Neuro-Linguistic Programming (NLP), Results Coaching, Emotional Intelligence, Anger Management, SYMBIS (Saving Your Marriage Before It Starts), and Family Systems Engineering, Nike's approach is both clinically informed and deeply intuitive. She is known for her ability to help clients uncover root causes of emotional conflict, shift harmful thought patterns, and rebuild relationship dynamics with clarity and compassion.

Nike has coached and trained thousands across over 15 countries, working with singles, married individuals, corporate teams, teenagers, and faith-based

communities. She has authored more than 10 relationship-focused books, including:

- Get the Ring
- Untold Secrets That Wreck Marriages
- Uncovering Red Flags
- THRIVE: A Devotional for Marriage Transformation

Through her women's platform, Warrior Brides Network, Nike has built an international community of women navigating difficult marriages and emotional trauma with tools for restoration, inner strength, and healthy communication.

A gifted storyteller and media visionary, Nike produced *The Approach*; a thought-provoking short film that explores how to build a godly home by partnering with the Holy Spirit in marriage. The film boldly challenges cultural stereotypes around love, submission, and spiritual leadership in families. With more film projects underway, Nike is committed to using media to reshape narratives around identity, healing, and the true essence of godly relationships.

Her teaching and thought leadership have been featured by Stanbic IBTC, Business Day, The Punch, Elevation Church, The Guardian, She Leads Africa, and Bella Naija. She also contributes regularly to Business Day Women's Hub and other platforms, shaping conversations around marriage, emotional health, and purpose.

In addition to her work with families and individuals, Nike delivers corporate trainings and executive coaching on emotional intelligence, stress management, workplace communication, and leadership. Her ability to humanize professional development with empathy and practical strategies has made her a trusted partner for growing teams and organizations.

In 2019, Nike was honored as one of Nigeria's 100 Most Inspiring Young People.

Nike is also the Human Resources Manager at WORITAL, a leading book branding and publishing firm in Africa. She is married to a creative visionary, Fola Folagbade, and they are blessed with a son.

Find out more about her works here: www.nikefolagbade.com

Ministry Profile

NIKE FOLAGBADE | MARRIAGE MINISTER | SPIRITUAL EQUIPPER | DELIVERANCE CATALYST | FOUNDER, LIFA GLOBAL

Nike Folagbade is a minister sent to bring revival and healing to the family sphere. She functions as a spiritual reformer, prophetic teacher, and healing vessel commissioned by God to ignite a revival of truth, wholeness, and God's presence in homes and family systems.

She is the President and founder of Life in the Ark Global Ministry (LIFA), a non-denominational, spirit-led movement with a divine mandate to rebuild families, restore identities, and raise godly children as battle axes in the hands of God.

Through LIFA, Nike nurtures a generation of believers into deeper intimacy with God, freedom from emotional and generational bondage, and a practical walk of healing, deliverance, and legacy living.

LIFA is known for its dynamic programs, such as:

- Weekly Early Morning Prayer Altar for Families
- Spiritual Discipleship Tracks for growth and maturity
- Conferences, Healing Meetings, and Virtual events.
- Under Nike's leadership, LIFA has become a center of supernatural healing and transformation, where many individuals and families have

encountered restoration in marriage, emotional wholeness, deliverance, and clarity of divine purpose.

Nike is also a coach and therapist by divine design, one who integrates faith, prophetic insight, psychology, and practical wisdom into healing journeys. Her sessions go beyond talk; they break cycles, activate destiny, and release clarity.

Her books, devotionals, short films, and teachings are being used globally by singles, couples, and ministers as tools for transformation. She also mentors upcoming ministers and marriage coaches to walk in purity, depth, and purpose.

Through her media ministry and short films (beginning with *The Approach*), she is shaping new paradigms and dismantling ungodly foundations around marriage and parenting.

Nike is married to Fola Folagbade, an entrepreneur and founder of WORITAL. Together, they are building a generational legacy of faith, creativity, and impact. They live with their son in Lagos, Nigeria.

Learn more or connect with LIFA: www.thelifeintheark.com