

3.4.1 Extension activities are carried out in the neighborhood community, sensitizing students to social issues, for their holistic development, and impact thereof during the last five years.

The college has been able to mark the unbreakable bond between the college and the community. As a part of that, the activities carried out by organizations like NCC, NSS, Women cell, etc. in the college in the last five years are commendable. The college has been able to utilize the physical, intellectual and human potential of the college for social progress.

Cognitive level:

Sasthrayan program organized by the College with the financial support from the Govt of Kerala and RUSA, was very impressive. It was a very beneficial program which opened the resources of the college to the public. It helped to create scientific awareness among the public and school students in the neighborhood.

Padayani's presentation conducted in the month of January 2020 in collaboration with Kerala Folklore Academy by the Department of Malayalam was well received by the people and the media. The visual Presentation of Padayani, Kerala's unique folk art form, refreshed the college students and the general public.

Galileo Night;

Solar Eclipse:-

Covid 19:- During the pandemic period the college was utilized as CFLTC(Covid First Line Treatment Center). Dept of Chemistry advocated 'Break the Chain Campaign against CoronaVirus' initiated by Govt.of Kerala. The sanitizer prepared by the chemistry department is used in the college throughout the academic year. The first dose of sanitizer was prepared on 17th March 2019. The pandemic period witnessed the active involvement of the NCC cadets by participating in the distribution of masks and sanitizer at District Homeo Hospital, Munduparamba. The NSS unit too proved itself alert to the urgency of the period by involving themselves in the cleaning of AMUP School Munduparamba prior to the reopening of schools after the lockdown.

Flood Relief:- Under the leadership of the NCC & NSS units of the college, several relief operations were carried out during the years 2018 and 2019, when the common people suffered due to the massive floods in Kerala. Flood Relief at MSP Relief Camp Malappuram (NCC), Cleaning & Chlorination of Flood affected houses in Kannathupara & Koottilangadi (NCC), Reconstruction of Road, Mampatta, Karuvarakundu (NCC), Food packing for flood affected families at Indoor Stadium Malappuram (NCC & NSS), Cleaning Houses in Flooded Regions (NCC & NSS), Fund collection-Flood Relief Mission (NSS), Rat Fever Awareness in Flooded Regions (NSS & Govt. Taluk hospital Malappuram). Residential Chlorine Test in Flooded Regions (NSS, Health Department Authorities), Rebuild Nilambur - Cleaning of flood

and landslide affected house in Pothukal, Food Packing for flood affected families at Malappuram District Collectorate,

The activities done by the students of the college in the field of health, environmental protection and philanthropic activities are remarkable.

Health

Under the leadership of NCC and NSS, health activities are conducted every year. A blood donation camp for girls was organized in collaboration with All Kerala Blood Donation Society. Psychosocial training class was organized in association with District Medical Office and NSS. Similarly, an awareness class was also organized when Nipa disease was reported in Kerala. Basic Life Support Class in collaboration with MIMS Hospital Kottakkal. Hospital cleaning at Dist. Taluk hospital Malappuram, Health seminar conducted with Kerala kaumudi, Organ Donation Awareness Programme., Life Style Disease Procession with Kerala State Health Department, Chithira Thirunal Institute for Medical Science & Institute. Nutrition Week Celebration with Kerala State Health Department. These include blood donation camps and epidemic awareness activities. Every year on the occasion of International Yoga Day, College NCC and NSS units organises Yoga training and seminars on yoga practices. The activities of the women's cell in the college are also worth mentioning. The campus, where more than 85 percent girls study, organizes many activities for women empowerment.

Environmental Protection

The students of the college are very actively involved in the field of environmental protection. Every year on World environment day, NCC & NSS unit clean the college campus and its surroundings. The NSS unit in collaboration with the Social Forest Department of Kerala carried out tree planting and irrigation of plants in summer. Campaign activities were organised to make the nereby village Anakkayam Panchayat a *Plastic free panchayat* under the leadership of NSS unit. NSS collaborate with Shujithwa Mission Malappuram, organised One day Training programme about Plastic Free Campus.

Social

Transgender Friendly Campus'- NSS organised an Interaction with Riya Isha from Transgender activist, former student of our college. NSS unit showed its affinity towards the marginalised communities by visiting the tribal community residing at Thazhekod and distributed study materials to the children there besides creating rapport between them by conducting cultural programs too. The college has not neglected the needy at its own vicinity as is evident from the NSS activity of distributing food packets for the street vendors. These bodies have observed important days like, Independence Day, Gandhi Jayanti, International Women's Day, International White Cane Day, National Unity Day and so on by organizing programs like quiz, rally, poster making competitions, essay competitions and so on thereby inculcating the spirit of the days observed among the students

2017-18

Title of the activities	Organising unit/ agency/ collaborating agency	Number of teachers coordinated in such activities	Number of students participated in such activities
Plantation/Watering of Plants	Social Forestry Dept, NSS	10	100
Plastic Free Campus-Oneday Training	Shujithwa Mission Malappuram, NSS	40	500
Basic Life Support Class	MIMS Hospital Kottakkal, NSS	10	100
Hospital cleaning	NSS, District Taluk Hospital Malappuram	20	100
Cancer awareness class	NSS, District Medical Office	5	100
Trauma Care Class	NSS, NCC, MIMS Hospital Kottakkal	15	200
Training on 'Pain and Palliative care'	Department of Health Services	20	200
Trekking/One day camp	NSS, Social Forestry Dept	10	100
Seven Days Special Camp	NSS, Local People of Pathiniparambu, Melmuri	40	100
Survey at Areacode Panchayat	District Authorities (Assistant Collector, Malappuram)	2	50
Volunteer Work	Federation of Blind, Kerala	2	100
Volunteer Work	District Panchayat, NSS	2	100
Blood donation Camp	NSS, Kerala State Blood donor's Society	45	200
Sastrayan	RUSA	60	3000
Water analysis: Department offers water analysis service to the members of the college and their allies, free of cost	Department of chemistry	2	5

2018-19

Title of the activities	Organising unit/ agency/ collaborating agency	Number of teachers coordinated in such activities	Number of students participated in such activities
Share a Meal' Programme	NSS, District Taluk Hospital	50	500+
Flood Relief Activities	NSS, Malappuram Municipality Authorities	40	200
Cleaning Houses in Flooded Regions	NSS and NCC	20	100
District Taluk Hospital Cleaning	NSS and NCC	25	190
Fund collection-Flood Relief Mission	NSS	10	120
Rat Fever Awareness in Flooded Regions	NSS, District Taluk Hospital	15	130
Residential Chlorine Test in Flooded Regions	NSS, Health Department Authorities	10	130
Psycho-Socio Training class	NSS, District Medical Office	15	110
Blood donation Camp for Girls	NSS,All Kerala Blood Donor's Society	40	100
Pink Police Interaction	NSS, Pink Police Kerala	10	90
Sign- Campaign on Green Protocol in Election	NSS, Shujithwa-Haritha Mission(Govt. Kerala)	10	100
Plastic Free Village campaign	NSS , Anakkayam Panchayat	10	130
Transgender Friendly Campus'-Interaction with Riya Isha from Transgender Community	NSS	20	140
River Conservation Campaign	NSS,Villagers	30	150
Nipah Awareness Class	NSS, District Medical Office	10	140
Health seminar	NSS, Kerala Kaumudi	15	125
Organ Donation Awareness Programme	NSS	7	90
Wildlife Conservation Week Observation	NSS & Kerala Forest and Wildlife Department	10	100
Life Style Disease Procession	NSS,Kerala State Health	10	100

	Department, Chithira Thirunal Institute for Medical Science & Institute		
Nutrition Week Celebration	NSS, District Health Department	20	130
Job Fair	NSS, District Employment Office	30	300+
Terrace Farming	NSS & District Agriculture Office	30	200+
Anti Drug Campaign	NSS, PTA Committee	25	300+
Seven Days Special camp at Edakkara, Nilambur	NSS, Local Administrations	50	100
Campus Cleaning (World Environment Day)	NCC	1	57
Yoga program (International Day of Yoga)	NCC	5	58
Rain Harvesting in Kannathupara	NCC	1	15
Flood Relief at MSP Relief Camp Malappuram	NCC	1	10
Cleaning & Chlorination of Flood affected houses in Kannathupara & Koottilangadi	NCC	1	56
Reconstruction of Road, Mampatta, Karuvarakundu	NCC	1	20
Food packing for flood affected families at Indoor Stadium Malappuram	NCC & NSS	5	80
Surgical Strike Day	NCC	1	105
College campus cleaning	NCC	1	105
Unity Run on Unity Day	NSS & NCC	1	102
Organ Donation Awareness Programme	Donor the Great Foundation	1	101
Campus Walk on World Diabetes Day	NSS & NCC	35	102
NCC Day Rally & Cleaning of Munduparamba town	NCC	1	102
Flag Day Fund Collection (Armed Forces Flag Day)	NCC	1	106
Anti-corruption Run in Malappuram	NSS & NCC	10	125
Election Awareness Rally & Seminar	NSS & District Collectorate Malappuram	20	90

Water analysis: Department offers water analysis service to the members of the college and their allies, free of cost	Department of chemistry	2	5
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2019-20

Title of the activities	Organising unit/ agency/ collaborating agency	Number of teachers coordinated in such activities	Number of students participated in such activities
Galileo Night	Kerala Shastra Sahithya Parishad	7	51
Solar Eclipse	Department of Physics, GCM	3	40
Padayani Presentation	Dept. of Malayalam collaborate with Kerala state Folklore Academi	4	750
Film Workshop	Dept.of Malayalam collaborate wth Kerala State Film Academi	1	40
Cleaning Drive at College Campus on World Environment Day	NCC	1	72
Yoga Program (International Day of Yoga)	NCC	4	51
Victory Rally (Kargil Vijay Diwas)	NCC	1	60
Post-flood cleaning & chlorination drive in Kavungal & Kannathupara	NCC	1	40
Rebuild Nilambur - Cleaning of flood and landslide affected house in Pothukal	NCC	1	25
Food Packing for flood affected families at Malappuram District Collectorate	NCC	1	20
NCC Day Rally & Campus Cleaning	NCC	1	65
Plogging (Swatchtha Pakhwada)	NCC	1	89
Flag Day Fund Collection on Armed Forces Flag Day	NCC	1	90
Women Cell (Personality and Career Development Workshop)	NSS	2	50

Women Cell (Face to Face to E M Radha, Member, Kerala State Women Commission)	NSS	2	60
Flash mob and street play on green protocol	NSS	2	95
Plastic free campus campaign	NSS	2	77
Waste classification training programme	NSS	2	80
Collect plastic-collect food , Aproject of malappuram municipality	NSS	2	65
SWACHATA PACKWADA' two weeks cleaning campaign	NSS	2	90
PROGRAMMES FOR THE WELFARE OF DIFFERENTLY- ABLED INDIVIDUALS			
a)Volunteer work for computer training of Blind teachers	NSS	2	30
b)Volunteer work forLouis Braille memorial Library	NSS	2	30
c)'Kaivalya'-Vocational & carrier guidance class for differently abled students	NSS	2	55
d)Kerala federation for blind's meeting and election	NSS	2	40
e)International differently abled day	NSS	2	100
f)Blind association	NSS	2	70
Fund collection for ABHAYAM HOUSE CONSTRUCTION (pattu vandi)	NSS	2	85
GREEN PLANET PROJECT			
a) Plantation in houses	NSS	2	100
b)sprout planting	NSS	2	75
c)distribution of herbal plants	NSS	2	100
d)campus beautification(medical garden)	NSS	2	100
e)harvesting		2	70
f)distribution of seeds	NSS	2	100
g)terrace garden		2	100
h)mushroom cultivation		2	100
ACTIVITIES FOR WOMEN EMPOWERMENT			
a)'Penkaruthu' Thycaundo training forvolunteers	contns..	2	50
b)Personality development class in association with women cell	NSS	2	80

c)Girl's day celebration	NSS	2	100
d)Girl's blood donationcamp on international women's day	NSS	2	75
FLOOD RELIEF ACTIVITIES			
a)Chlorination and psycho socio support in flooded areasin Munduparamba	NSS	2	100
b)Chlorination and psycho socio support in flooded areas in adopted village Anakkayam	NSS	2	100
c)Chlorination and psycho socio support in floodeddd areas in malappuram muncipality	NSS	2	100
d)Chlorination and packing at collectorate	NSS	2	60
e)Donating books to Edakkara govt school	NSS	2	100
f)Re-build kerala survey	NSS	2	100
AWARENESS PROGRAMMES			
a)Procession on world health day (Anakkayam)	NSS	2	70
b)Anti -drug campaign	NSS	2	100
football match against drugs	NSS	2	60
c)Awarenes class for the prevening flu outbreaks after rain		2	95
c1- Home visit	NSS	2	100
c2-Preparation of 'KARKIDAKA THENGA MARUNNU'	NSS	2	150
d)Anti-cancer campaigning	NSS	2	100
e)Posion Abhiyan			
e1-Nutrition awareness class	NSS	2	80
e2-Rally	NSS	2	120
e3-Street play	NSS	2	100
f)Flash mob for leprosy awareness	NSS	2	65
g)World mental health day	NSS		
g1-Mass running (koottayottam)	NSS	2	105
g2-Emotional tree	NSS	2	100
g3-Quiz competition	NSS	2	100
h)World AIDS DAY awareness programme			
h1-Lighting candles at Kottakkunnu	NSS	2	60
h2-Rally	NSS	2	100
i)Pain and palliative day			

i1-Fund collection	NSS	2	100
i2-'Sanghamam-Entertainment programme for palliative care patients	NSS	2	100
j)CORONA awareness class	NSS	2	120
DAY CELEBRATION			
a)Yoga day			
a1-Observation in college	NSS	2	80
a2-Yoga day observation in association with NYK	NSS	2	60
b)Teachers day celebration	NSS	2	100
c)NSS DAY celebration	NSS	2	100
c1- Share a meal			
c2signing up for environmental protection	NSS		100
d) Gandhi jayanthi week celebration	NSS	2	100
d1-cartoon contest	NSS	2	60
d2-cleaning		2	100
- cleaned apond in Munduparamba	NSS	2	75
-cleaning of family court and munsif court	NSS	2	65
-cleaned up - campus_farm and its area	NSS	2	100
d3-Gandhi film exhibition and quiz competetion	NSS	2	100
e)'Shallow matha' - visit on world food day	NSS	2	70
f)Run for unity- national unity day	NSS	2	100
g)childrens day celebration	NSS	2	100
g1-childrens day celebration in Kattungal anganavadi		2	95
g2-childrens day celebration in Nehru yuva kendra		2	70
h)Nalla nadapp	NSS	2	95
i)Human rights day celebration	NSS	2	100
j)Republic day celebration	NSS	2	100
k)Debate competetion-National youyth day	NSS	2	65
OTHER PROGRAMMES			
a)Meet the scholar-interaction with SAJED IAS	NSS	2	105
b)Orientation class	NSS	2	75
c)Mashroom food fest	NSS	2	100

d)Reception to unity awareness Bicycle ride from Punjab to Kanyakumari	NSS	2	45
e)Book release			
e1-autobiography release of KV RABIYA	NSS	2	100
e2-releasing of 'Nervazhi' written by Shabeerali k	NSS	2	100
f)Changathi - two days training programme	NSS	2	100
g)Speech competetion	NSS	2	60
NSS CAMPS			
a)Saaradhya-Leaders activation workshop	NSS	2	100
b)Kaadoram- seven days camp	NSS	2	100
SHARE A MEAL continuation work		all students have participated	
Dept of Chemistry advocated 'Break the Chain Campaign against Corona Virus' initiated by Govt.of Kerala (Through out the academic year the sanitizer prepared by the chemistry department is used in the college. The first dose of sanitizer was prepared on 17th March 2019)	Dept of Chemistry	3	10
Dr Geetha Nambiar visited Manjeri Sub Jail on March 23 and demonstrated the preparation of liquid sanitizer to the officials and inmates of jail on 23rd March 2019	Manjeri Sub Jail, Dept of Chemistry	1	0
The faculty members headed by Dr. Geetha Nambiar prepared 30 liters of hand sanitizers and handed over to Malappuram Municipality. Municipal Chairperson received it from the principal on 31st March 2019.	Malappuram Municipality, Dept of Chemistry	3	10
Water analysis: Department offers water analysis service to the members of the college and their allies, free of cost	Department of chemistry	2	5

2020-21

Title of the activities	Organising unit/ agency/ collaborating agency	Number of teachers coordinated in such activities	Number of students participated in such activities
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Government college Malappuram situated at the headquarters of the district serves as an extension of the government as was evident at crucial periods like elections, floods and pandemic. During the election to the Legislative Assembly 2021, in addition to being booth and the strong room, the college auditorium was used by the election commission to store election materials for a long period before and after the election. During floods the staff and students of the college were involved in rescue and relief activities. The pandemic period found the college being utilized as CFLTC (Covid First Line Treatment Center). The various departments, cells, bodies and clubs of the college cater to social commitment and environmental awareness as envisaged by the vision and the mission of the college. The department of Chemistry conducted a workshop on 'Water Analysis' which was attended by eighty students. Collaborating with the Malappuram municipality, the Department of Chemistry prepared liquid sanitizer as part of the 'Break the Chain' campaign against the spread of corona virus. The main bodies that accelerate the mission of the college towards social commitment are NCC, NSS and Women cell. They have revealed their presence in the realm of social and environmental matters even at the time of lock down by online programs on various socially relevant themes like gender equality, dowry system, diseases like cancer, AIDS, Green Earth Kerala, health awareness and so on. These bodies have observed important days like, Independence Day, Gandhi Jayanti, World Environment Day, International Women's Day, International White Cane Day, National Unity Day and so on by organizing programs like quiz, rally, poster making competitions, essay competitions and so on thereby inculcating the spirit of the days observed among the students. At the time of flood the college NCC unit worked in the Flood Management Control Room at District Collectorate Malappuram. The pandemic period witnessed the active involvement of the NCC cadets by participating in the distribution of mask and sanitizer at District Homeo Hospital, Munduparamba. The NSS unit too proved itself alert to the urgency of the period by involving themselves in the cleaning of AMUP School Munduparamba prior to the reopening of schools after the lockdown. NSS unit showed its affinity towards the marginalised communities by visiting the tribal community residing at Thazhekod and distributed study materials to the children there besides creating rapport between them by conducting cultural programs too. The college has not neglected the needy at its own vicinity as is evident from the NSS activity of distributing food packets for the street vendors. Women Cell of the college too made its active presence in the realm of social cause as is evident from the webinars and talks conducted on women, gender and campus. The academic year 2020-21 in spite of lock downs was fully packed with socially oriented activities which have extended the college to the immediate community in particular and the society in general.

Title of the activities	Organising unit/ agency/ collaborating agency	Number of teachers coordinated in such	Number of students participated in such activities
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		activities	
World Environment Day	NCC	1	74
Tree Plantation Drive	NCC	1	74
Online Quiz Competition on Independence Day	NCC	1	40
Online Essay Writing Competition on Gandhi Jayanthi	NCC	1	60
Fit India Freedom Run	NCC	1	74
Virtual Unity Run on National Unity Day	NCC	1	74
Poster Making Competition on World AIDS Day	NCC	1	35
Essay Writing Competition on Indian Constitution Day	NCC	1	25
Cancer Awareness Campaign	NCC	1	106
Armed Forces Flag Day	NCC	1	106
Video Demonstration on India-Pak War Vijay Diwas	NCC	1	102
Road Safety Awareness Programme	Malappuram District Police	0	30
Online Quiz Competition (NCC Day Celebration)	NCC	1	45
Workshop on water analysis	Department of Chemistry	3	80
Preparation of liquid sanitizer as a part of the 'Break the chain' campaign against Corona virus spread	Department of Chemistry & Malappuram Municipality	3	10
International Yoga Day	NSS	2	78
Health Awareness Programme-Webinar	NSS	2	100
Online Talk Show_Gender Equality	NSS	3	100
Online Debate on 'Toxic Relations'-Gender Equality	NSS	2	47
Civil Services-Orientation Class	NSS	2	50
Green Earth Kerala	NSS	2	5000
Food Distribution at Old Age Care Home	NSS	1	100
Anti Dowry Pledge	NSS	2	20
Book Donation To College Library	NSS	2	15
Intercollege Photo Graphy Contest	NSS	2	15
Mobile Photography Contest	NSS	2	30
Awareness Class On Palliative Care	NSS	2	70
Food Pack Distribution For Street Vendors	NSS	2	20

Visit To Tribal Colony And Distribution Of Study Materials ,Cultural Activities etc	NSS	2	45
Fit India Freedom Run	NSS	2	20
World Day Against Child Labour-Caption Making Competition	NSS	2	25
Tree Planting Environmental Day	NSS	2	70
AMUP School Munduparambu Cleaning	NSS	2	80
Rally On International White Cane Day	NSS	2	15
International Women's Day online Talk "Sthreeyum Samoohavum" Adv. Cuckoo Devaki	Women Cell	1	71
Towards a Democratic Campus -Webinar by Dr Shimna Azeez Public Health Worker and Writer	Women Cell	1	100
Essay writing Competition"Swathantryam Indiyil Innu" and Poster Making Competition"Changing Face of India"	Women Cell	1	40
Webinar on Sthree Suraksha :Niyamangal, Prayogikathakal, Velluvilikal" by Adv Sujata Varama on 30/10/2021	Women Cell, ICC, CASH	3	538
Arappootinullile Kalippavayo Ival" poster making competition on 25 Nov 2021 in connection with International Day for Elimination of Violence Against women	Women Cell	1	30
Pledge to End Violence against Women and Girls on 9 December 2021	Women Cell	1	all students