

Routing: Principals, Grades 6-12	SITE OPERATIONS BULLETIN School Year 2025-2026	BULLETIN NUMBER: 85 DATE: July 16, 2025 DUE DATE: May 28, 2026
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Title: REQUIRED SEXUAL HEALTH EDUCATION AND PROFESSIONAL DEVELOPMENT, GRADES 6-12

Issuing Department: Interscholastic Athletics, APE, ASB, JROTC, PE & SHEP

Reference: [Education Code 51930-51939](#)

Summary: Implementation Requirements for Comprehensive Sexual Health Education in Grades 6-12

Brief Explanation:

Requirements for delivering comprehensive Sexual Health Education for Grades 6-12, as mandated by CA Education Code, are outlined below.

- Principals will identify teachers of existing courses to attend professional development and implement the required curriculum during the school year.
- Principals will communicate directly with the Sexual Health Education Program (SHEP) throughout the school year regarding who needs to be trained.
- The SDUSD Board of Education-approved, CA Ed Code-compliant *Rights, Respect, Responsibility* curriculum will be implemented in Grade 6, Grade 8, and in High School classrooms according to the chart below.
- This instruction must also be delivered within Functional and Essential Science classes by trained Special Education teachers who may use SHEP-reviewed and approved supplemental curricular materials for special education to ensure that instruction and materials are appropriate for pupils with disabilities (CA Ed Code [§51933\(d\)\(1\)](#)).
- Online-based independent study programs may implement the modified online lessons with prior approval from SHEP Resource Teacher Summer Hellewell (shellewell@sandi.net).
- SHEP will collaborate with SDUSD's Investigations, Compliance & Accountability (ICA) Department to assist with accountability and enforcement of state- and district-mandated sexual health instruction. ICA will email a Sex Ed Implementation Verification form to Principals at the end of each semester to verify site compliance.

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Grade Level	Instruction	Hours	Education Codes
6	Sexual Health Education <i>Rights, Respect, Responsibility</i> or supplemental curriculum for special education	10 hours	Ed Code 51933-51935
8	Sexual Health Education <i>Rights, Respect, Responsibility</i> or supplemental curriculum for special education	10 hours	Ed Code 51933-51935
High School (Biology, Functional/Essential Science, or Grade 10)	Sexual Health Education <i>Rights, Respect, Responsibility</i> or supplemental curriculum for special education	10 hours	Ed Code 51933-51935

Professional development for new Sex Ed teachers is required by CA Ed Code [§51934\(a\)](#) prior to implementing the *Rights, Respect, Responsibility* or supplemental special education curriculum. A flier with registration details will be forthcoming. If someone would like assistance with PD registration or with curriculum implementation, please contact SHEP Resource Teacher Summer Hellewell at shellewell@sandi.net.

Professional development for previously trained Sex Ed teachers is required by SDUSD prior to implementing the online *Rights, Respect, Responsibility* curriculum. Details about this professional development will be communicated to previously trained Sex Ed teachers by the Sexual Health Education Program as needed.

For more information about this bulletin, please contact:

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