Characteristics - qualities of an organism

**Inherited Traits** - Characteristics that are passed down from parents to offspring. *Ex: eye color, height, dimples* 

Likeness - similar or nearly the same

**Organism** - an individual living system

**Traits** - distinguishing characteristics

Generation - a group of individuals born and living at the same time, such as sibling

**Offspring** - the young of a person, animal, or plant. (the child)

Parents - animals (including humans) or plants that produce offspring

DNA - material in organisms that transfers genetic characteristics from parents to offspring

Cell - the basic unit of life

Multicellular - composed of many cells

Unicellular- single-celled; composed of one cell

Permeable - able to pass through

**Tissue -** similar cells with a specific function

Organ - a part of the system that consists of cells and tissues and is specialized to do a particular task

Bones - supports the body and protects organs such as the heart and lungs

Cardiac Muscle - heart muscle - pumps blood throughout the body

Joints - place where two bones are joined together to allow motion. Ex: elbow, knee, ankle

**Muscles** - tissues that cause motion in the body

**Skeletal Muscle** - muscle connected to bones for movement (these are voluntary)

Smooth Muscle - found in walls of internal organs such as lungs and stomach (involuntary)

Voluntary muscles - muscles that move because YOU tell them to - they are attached to bone.

Involuntary muscles - smooth muscles that move without you telling them to. Ex: stomach

**Ligaments** - connects bones to each other.

**Muscular System** - produces motion so we can move, provides posture, generates heat through metabolism, and helps other systems

**Skeletal System** - protects organs like the brain, heart, lungs; supports the body and allows us to stand, helps us move since our muscles are attached, stores fats and minerals.

- Why is it important to know about cells?
- How do the muscular system and skeletal system work together?

### Know basic vocab below:

DNA	Ligaments	Skeletal system	Tendon
Inherited Traits	Cells	Voluntary	Involuntary
Multicellular	Heart	Organ	Muscular System
Unicellular	Tissue		

The skeletal system and muscular system work together because the bones are connected to muscles and help the body to move. The muscular system also works with other systems other than the skeleton. Since there are involuntary muscles like the heart and stomach, it helps with digestion and other things throughout the body.

# Lesson 8 - Nervous System

Brain - tells all other parts of the body what to do

Spinal Cord - goes from the brain to the length of the body and nerves come off of it

**Nerves** - carry the messages to the needed area in the body

The nervous system reacts to changes in the body; it sends and receives messages throughout the body

It works with the other systems by telling them what to do - voluntarily and involuntarily.

#### Lesson 9 - Blood

**Blood** - circulates in the body to sustain life

**Red Blood Cells** - Carry oxygen throughout the body

White Blood Cells - fights off infections and diseases

Platelets - smallest blood cells that form clots if you have an injury like a cut or scrape

Plasma - watery part of your blood that contains protein

Arteries - blood vessels that carry blood AWAY from the heart

**Veins** - blood vessels that carry blood **TO** the heart

Capillaries - the smallest blood vessels

**Heart**- cardiac muscle - an organ that pumps blood throughout the body

Spleen - large, flat, oval organ that stores blood

How do the nervous and circulatory systems work together with other systems? They cannot work alone, so how are they interdependent? (check your notebooks)

## **Lesson 11 - Respiratory System**

**Diaphragm -** sheet like muscle separating the chest from the abdominal (Stomach) cavity; its movement creates a change in air pressure to draw air in and expand the lungs

Exhale -to breathe out

Inhale - to breathe in

Lungs - two respiratory organs located in the chest; they are soft and protected by the ribs

**Respiration** - the act of breathing in and out

**Trachea** - windpipe - the passage from pharynx to lungs

Pharynx - throat; collects incoming air from the nose and passes air to the trachea

**Larynx -** the hollow muscular organ forming an air passage to the lungs and holding the vocal cords in humans and other mammals; the voice box.

The respiratory system interacts with other systems because red blood cells collect oxygen from the lungs and carry it to the parts of the body where it is needed.

## **Lesson 12 - Digestive System**

Mouth-where digestion begins

**Esophagus -** muscular passage connecting the mouth and the stomach; its rhythmic motion pushes food into the stomach

Epiglottis - located in the back of the mouth; prevents food and drink from entering the larynx

**Liver -** filters blood coming from the digestive tract, releases bile, and helps take toxins (poisons) from chemicals in the body

**Large intestine -** where stool (solid waste) accumulates

**Small intestine -** helps in the passage of food that comes from the stomach

Pancreas - secretes insulin

**Pharynx** - throat; collects incoming air from the nos'e and passes air to the trachea

Saliva - watery fluid (spit) for tasting and swallowing and chewing food. Keeps the mouth moist/wet.

The respiratory system interacts with other systems because red blood cells collect oxygen from the lungs and carry it to the parts of the body where it is needed.

You will have questions about transport systems within cells. Remember, our main transport system is the circulatory system, it gets things to where they need to go. A human needs transport systems to help them fulfill all of our needs because we cannot do it on our own. All organisms, both single and multicellular, go through the same life processes - eat, grow, respond to stimuli, reproduce, remove waste, and breathe.

Even if an organism is ONE cell, it can still do those 5 things, but it doesn't need a transport system, it just does the exchange with the outside world automatically.

Most multicellular organisms need transport systems.