

Add News Item: Virtual Smart Talk

### **AADC Virtual Smart Talk: Empowering vs. Overpowering in the Workplace**

Explore the nuanced landscape of workplace dynamics at our AADC Smart Talk featuring Executive Coach and Diversity Equity and Inclusion Specialist Tynisha Coleman '08, ACC, on **Wednesday, February 28 at 7:00 pm via Zoom**. We will delve into the intricacies of leadership as we navigate the delicate balance between empowering colleagues and avoiding overpowering tendencies.

"As an executive coach, it's my duty to help people understand the power they have within themselves," says Tynisha, ACC CEO and Founder, Leadership & Executive Coach, Exalt Consulting. [Register](#) to join our virtual event.

(<https://interland3.donorperfect.net/weblink/weblink.aspx?name=E209370&id=334>)

In our AADC Smart Talk you will discover the art of fostering a positive workplace culture through real-world examples and contemporary research.

Join us on this enlightening journey, exploring leadership nuances that can transform how we work and interact with colleagues, fostering a collaborative and thriving professional environment.

"I enjoy speaking to diverse audiences," says Tynisha. "I love the idea of women sharing things that uplift other women. The AADC provides a great venue for that. There's a generational diversity that exists within the community which is not always common. Being able to speak with a community as devoted to sisterhood, positivity, respect and lifelong learning is always a pleasure."

### **About Tynisha Coleman**

Our presenter is a dynamic force in both academia and community service, has an impressive legacy as a recent former AADC Board of Directors Member. As the current leader steering the AADC Sisterhood Book Club, Tynisha doesn't just facilitate discussions—she orchestrates meaningful connections and intellectual exploration.

Previously, Tynisha served as the chair of the AADC Lectures Committee. During the AADC 100th Anniversary Proud History to Bright Future celebrations, she led the Community Service Committee's successful "AADC – Helping Women, PERIOD" service project to provide menstrual products to people in need.

Tynisha's impact extends far beyond her AADC contributions. As the Founder and CEO of Exalt Consulting, she is a catalyst for transformation, specializing in leadership development, conflict resolution, and performance excellence. Tynisha is on a mission to unleash the full potential of leaders through her coaching and development expertise.

At Rutgers University, Tynisha is the Assistant Vice Chancellor for Diversity, Inclusion, and Development, serving as a strategic thought leader. Her responsibilities include designing and implementing unit-wide programs that fuel diverse workforce recruitment, retention, and advancement. Recognized for her exceptional commitment, she received the prestigious 2023 Torchbearer Award from the Rutgers Committee to Advance Our Common Purposes.

Tynisha holds an Associate Certified Coach designation from the International Coach Federation (ICF), augmented by her status as an Accelerating Coaching Excellence Enhanced Practitioner. Her expertise is fortified by certifications in Leadership Coaching for Organizational Performance from Rutgers University and Inclusive and Ethical Leadership from the University of South Florida Muma College of Business.

Tynisha's academic journey includes a master's degree in city and regional planning, a bachelor's degree in urban studies—both earned at Rutgers University—and a certificate from the Leadership Academy at Rutgers. Her commitment to excellence has garnered accolades, including the AADC Alumnae Recognition Award in 2022 and the RBHS Chancellor Community Service Award in 2021.

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