



Many of you are fans of basketball! I have attached a cool drill and tip website from the Boston Celtics.

<https://www.nba.com/celtics/jrceltics/at-home>

You will find a bunch of great ideas and drills. I really liked the Beat the Pro Game! 4th one down. Give it a *Shot* and have some fun.

* To those not interested in basketball... find a way to make the drills work for your sport of choice.

Always be Safe and Have Fun