

Cardiac Emergency Response Plan (CERP) Protocol

Please follow these steps in responding to a suspected cardiac emergency:

- 1) **Recognize the following signs of sudden cardiac arrest and act quickly in the event of one or more of the following:** person is unresponsive, not moving, unconscious, not breathing normally or at all, or may appear to be having a seizure.
- 2) **Facilitate immediate access to professional medical help:**
 - Call 9-1-1 as soon as you suspect a sudden cardiac arrest.
 - Immediately contact the members of the Cardiac Emergency Response Team (CERT) using the facilities designated communication system (i.e. walkie talkies, overhead page).
- 3) **Start CPR ASAP!** Have someone retrieve the AED.
- 4) **AED Access.** Whoever gets the AED should leave the door to the AED cabinet open as a signal that the AED was retrieved.
- 5) **Additional communication measures:** Give exact location of the emergency, i.e. gym, library, etc. Be sure to let EMS know what door to enter. Assign someone to that door to wait for EMS and escort them to the patient.
- 6) **Use of the AED:** Place by side of patient, press the power-on button, and attach the pads to the patient as shown in the diagram on the pads. Then follow the AED's audio and visual instructions. *It will not deliver a shock if one is not needed. DO NOT REMOVE the pads even if patient regains consciousness.
- 7) **Transition of care** to EMS once they arrive on scene and continue to assist them as needed. Provide patient emergency information to EMS.
- 8) **CERT Team assists EMS safely out of the building/parking lot.**
- 9) **Debrief:** Discussion, Support, Evaluation

