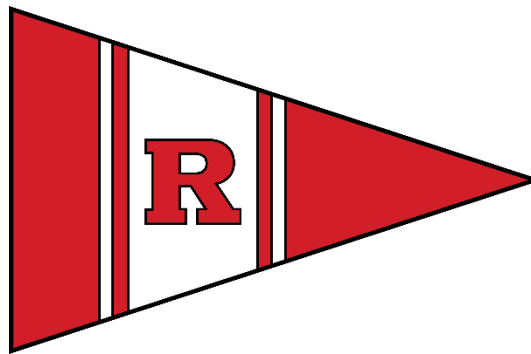


RUTGERS SAILING TEAM SWIM TEST



SAILORS:

Please make sure the lifeguard signs and dates below, and return this sheet to a sailing team officer.

See the checklist below for a list of what you need to do before you go to practice.

STUDENT NAME (PRINT):

STUDENT NAME (SIGNATURE):

BEFORE YOU ATTEND PRACTICE:

- ☐ Pass the Swim Test
- ☐ Fill out your info at https://rutgers.dserec.com/online/clubsports_widget so you can be formally recognized as a member of the sailing team.
- ☐ Register with ICSA if you want to go to any regattas. <https://ts.collegesailing.org/sailor-registration>
- ☐ Consider joining our Discord!

LIFEGUARD:

Thank you for taking the time out of your day to evaluate our team members. To complete the swim test, they must swim 50 yards without stopping and complete a 5-minute tread. Please sign below on this form once the sailor completes their test.

LIFEGUARD NAME (PRINT):

LIFEGUARD NAME (SIGNATURE):

DATE:
