

**Life West Student Council Minutes**  
**Feb 8th, 2023 – In-Person/ Virtual – Noon**  
[Google Meet Link](#)

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**Meeting called to Order at: 12:01pm**

**Absent:** Ashton H. Marley S.

**Late:** Jasleen K.

**Corrections or Additions to the last week minutes as Published: None**

**Adopt the [2/1/23](#) Minutes – Motion to adopt:** Kira L

**2nd:** Renee B.

**Vote: PASSED**

**Adopt today's agenda – Motion to adopt/accept:** Kira L

**2nd:** Maddy D.

**Vote: PASSED**

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**Guest Speakers:**

**Advisor's Report – Loretta Saunders** [lsaunders@lifewest.edu](mailto:lsaunders@lifewest.edu)

- FWS positions open in various departments between \$16.34 - \$20.00/per hour. See Mimi or Loretta for an application
  - Jobs bulletin board and Student Employment website are updated.
- Housing opportunities - Share all open housing opportunities with Mimi or Loretta in Student Life
- Learning Commons Extended Hours - Starting February 13th
  - Monday - Thursday 8am - 8pm / Friday hours are 8am - 5pm / No Saturday Hours
  - Looking to hire more federal work-study employees for extended hours

**Advisor's Report – Adriaan Ferris** [aferris@lifewest.edu](mailto:aferris@lifewest.edu)

- Student survey!
  - [https://lifewest.qualtrics.com/jfe/form/SV\\_0k5GooOtozi1Tp4](https://lifewest.qualtrics.com/jfe/form/SV_0k5GooOtozi1Tp4)
- Transitioning to new security in February
- Please do not prop doors as this is a security issue not just for students but for staff
- Marketing help for student events can be found in the emailed "Student Advocate"
  - Right now, approval of postings around campus, are sent to Mimi in student life
  - For additional exposure please send an email, or cc Xander ([aburgos@lifewest.edu](mailto:aburgos@lifewest.edu))
- Looking for interest to use photos by students for new banners to be put up around the school

**President – Diego Montes** [studentcouncil@lifewest.edu](mailto:studentcouncil@lifewest.edu)

- Final Quarter as exec!
  - Running for E-Board, come talk to us!!!!

**Vice President – Emma Harbage** [studentcouncil@lifewest.edu](mailto:studentcouncil@lifewest.edu)

- Oklahaven - Have-A-Heart Fundraiser
  - Asking for volunteers next week to help with activities/ fundraisers
  - What is it?: Care center that works with life threatening illnesses in children using chiropractic as their holistic approach
  - Feb 8-14
    - Tickets to win a nice valentines day basket will be available today
      - 1 ticket = 2\$ or more if you're able to give!
      - Drawing for the prize will happen at 1pm on Feb 14th
  - 3-4 volunteers
    - Renee
    - Lizzy
    - Jene
    - Ashton
    - Kira
    - Shaan
- FESCO Cards
  - Awaiting arrival
- Boards Scholarship!
  - [https://docs.google.com/forms/d/e/1FAIpQLSc8R3DN8Hi6axcZU6J\\_dQJJZh2oAor2tV4MI6YsBO58pnLiFQ/viwwform](https://docs.google.com/forms/d/e/1FAIpQLSc8R3DN8Hi6axcZU6J_dQJJZh2oAor2tV4MI6YsBO58pnLiFQ/viwwform)
  - Reminder: there are 4 winners!

**Treasurer – KayLyn Stirton** [studentcouncil@lifewest.edu](mailto:studentcouncil@lifewest.edu)

- Budget committee:
  - We meet to discuss our budget, date to meet will be announced at later a later time.
  - We need 3-4 volunteers:
    - Diego
    - Dannis
    - Shaan
    - Maddy
    - Lizzy
- How requesting funds works:

- How to Request Funds
  - Clubs can only request once every 3 quarters around \$400**
  - Cohort funding: please email before the event! Hard deadline of week 10**
- Check Request forms from quarters before deadline Week 1 of next quarter.
  - Please send in Cohort plan for gatherings before the event, so I have an idea of the amount going out.
  - Cohort gatherings, clubs, etc.
  - Requests should be sent in by week 10 if possible (due to finals) and is for the quarter things are happening in. otherwise the hard deadline is week 1 of the following Quarter
- Reminder: Club proposals need to be sent in with proof of fundraising

**Secretary – Lizzy Wong** [studentcouncil@lifewest.edu](mailto:studentcouncil@lifewest.edu)

- Attendance record
  - Joining via video will not be counted for attendance credit unless there is special circumstances **and** you have emailed me 24 hours in advance.
  - You must onboard by week 7 to be paid for your work.
  - 2 absences or more means a pay deduction of 30%!
- Link to the: Constitution
  - This is being reviewed and will bring more news on this soon!
  - Please review your sections! And be aware of your jobs, if you do not follow your roles we will meet for a warning then if issue persists, you may be stripped of your position
- Class Rep Training!
  - Please review the following document
  - Class Rep Handbook
  - How to make announcements: (socials, in class, poster posts...)
- Reps, take your polaroid picture for the bulletin board!
  - Reach out to schedule a time with me

**Athletics – Tina Mai** [tmai@college.Lifewest.edu](mailto:tmai@college.Lifewest.edu)

ANNOUNCEMENTS: Open to collaborations with other clubs for events, intramural leagues, etc.

- Next Quarter:** Intramural Volleyball League collaboration with Volleyball Club
  - Date: Week 5-9 on Wednesdays after school
  - LCCW BBall gym
  - Prizes for league championship playoffs(Week 9)
- Activity: Yoga/Mindful Movement Fair - Collaboration with Mindfulness Club
  - Date: Week 8 Friday, March 3, 2023
  - Lunch Hour 11:45AM-12:40PM
  - SPAH Foyer
  - Description: 2-3 Different types of Yoga will be showcased and a short session (a handful of poses) will be led by student instructors. Stretching sessions (individual and/or partner stretching) sessions will be demonstrated.
- Activity: Intramural Basketball Tournament collaboration with SPI club
  - Date: Week 9 Friday, March 10, 2023
  - Time: 5pm-7:30pm
  - Description: Teams of 5-6 players sign up to compete for Bragging Rights (and cash prizes). Light refreshments will be provided for participating teams and spectators. Sign up will open during Week 6, CAP at 6 teams.
- Interested to contribute/ collab for next quarter? Please reach out.

**Activities – Trzur Lee** [tlee@college.lifewest.edu](mailto:tlee@college.lifewest.edu) (Instagram: @lccw\_activities )

- Google sign ups sheets will be released per event as they come along
- Valentines Day Grams
  - Google doc for gram submissions are currently open and close **2/10 at 5pm SHARP**  
<https://forms.gle/bQcmw9grSj9wc3uX8>
  - Grams will be distributed 2/14 during 9:20 break and lunch hour break
- Week 5-6: Surprise: 1 Free Medium Drink from Eon Coffee (until tab runs out, updates daily)
  - STILL AVAILABLE**
  - Take a photo at eon then post and tag the athletics instagram for a chance to win a prize
- Week 7: Movie Night 2/22
  - Movie Poll will release next Wednesday (2/15) at 12:30 and close (2/20)
  - Partnering with SABCA
- Week 8: Hip Hop Dance Class 3/1

- Instructed by: **Camila Peraza**
- 5pm-7pm (Beginners Friendly)
- Food and Drinks will be provided
- *The event will be recorded*
- Week 9: Luck of the Draw 3/17
  - More information to come
- Week 10: Donuts & Coffee 3/14

#### **Lifelines – Zeltzin Serrano Lifelines Blog link - [lifewest.edu/lifelines-magazine/](http://lifewest.edu/lifelines-magazine/)**

Winter '23 issue should be out by next week at the latest!

- Spring '23 Issue
  - Love & Art!
  - Contributions
    - Article - \$100
    - Poem / Recipe / Puzzles - \$50
    - Digital Art / Photos - \$50
    - Ideally by week 7 but hard deadline by week 9!
- Email: [zserrano@college.lifewest.edu](mailto:zserrano@college.lifewest.edu)

#### **Health Center Rep – Sharn Sandhu [sharnsandhu@college.lifewest.edu](mailto:sharnsandhu@college.lifewest.edu)**

- HC trouble tickets - please use google chrome or internet explorer for OPAL, not microsoft edge
- MIDS
  - Xray is a part of MIDS this quarter and was also part of Exits this quarter. Next quarter xray will also be part of both, although no intern will be required to take the xray test as part of MIDS and Exits; interns will only have to take it during one of the tests. Which test may vary, but no one will be asked to take it twice (unless it's a fail scenario).
  - MIDS xray is Weds 3/8 12-12:45pm on Canvas
  - MIDS case management is Thurs 3/9 12-1:30pm on Canvas
  - Dr. Chester edited the announcement on Canvas so that it's completely accurate, and those interns on the roster were emailed about it.
- Preceptorship - Dr. Clum: If you don't have a doc but have the requirements met, you can still apply for preceptorship but it will not get approved until there is a paired doc.
- Please email me if you have any questions or need clarification on anything!

#### **Committee Updates**

- StuCo Swag:
  - Nothing new to report
- Green Committee:
  - Utilizing all 3 bins appropriately (recycle, compost, trash)
  - Finalizing our "green" certificate/campus
  - Future "Clean Life West Day"
    - Suggestion: around April 22nd earth day
- Security council Committee:
  - In progress of getting new surveillance cameras and a new security company.
  - Better lighting in the dark and panic buttons tbd.
- D&I Committee:
  - Lunar new year event on Feb 16th!!!!

#### **Class Rep Updates – (Updates/ shout outs about your cohort or cohort specific concern)**

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#### **New Business – (Business we need to discuss & vote on)**

- Classroom yoga balls (Confirmed Adriaan will work with me to order these.)
  - 7 yoga balls, pump, and plug remover (**\$246.84**)
  - Motion to discuss: Maddy D, Seconded by Topher A.
  - No need to vote as the cost will not be from the stuco budget
  - Thank you Adriaan, and KayLyn!

#### **Old Business –**

- Electrician has been sighted!
  - Will find out about couch corner outlets
- For The Love of FESCO (Family Emergency Services Coalition)
  - Motion to discuss: Renee B. seconded by Maddy D.
  - Making a cards for kids station on campus and to help collect donations
  - This is separate from our backpack drive
  - Due date is Feb 12th
  - Motion to partake by Renee B. and seconded by Zack C.
  - KayLyn will find out how to make our own card templates on Google docs to be printed in mass

- Students can sign them in person
- Motion PASSES

### New Concerns – (general concerns)

- Idea: QR code to create tickets for fixable items
  - S/O Meagan!
- Emergency protocols
- Trigger warning for this Friday's seminar speaker (Dr Mindy Peltz)
  - For fasting – Eating disorders
  - If people leave during please email Dr Mary Jo after the fact with the reason why you left
    - [migiagiari@lifewest.edu](mailto:migiagiari@lifewest.edu)
  - Seek support with Susie Childes
- Vending machines
  - Snack options
    - Update:
      - The two in the cafe are supplied by the cafe the other ones around campus are being looked at for newer snack options/ vendors
- Health center
  - Outpatients being stuck within one pod
    - Advise patient to ask and request their intern
- SID Square handicap stall toilet seat is broken
- Increased budget for IWS
  - This is a yearly done budget – to be reviewed closer to summer
  - There will be no new positions at this time

### Old Concerns –

- Gym concerns:
  - Treadmills in the gym and Pulling machines
  - Number of mats to stretch and lay on
  - Punching bag (instructions on where and how to hang)
- Can student fees be discounted for people on preceptorships, Preceptor cost has increased
- Hand sanitizer dispensers
  - Hand soap not sanitizer in lab classrooms
  - No sanitizer
- Hand wipes in clinic causing rashes
  - Maybe having gloves for sensitive skin
- Maybe caused by old cleaners (green container)
- Pod doc adjusting
  - Some students are leaving their adjustments in pain
  - Students getting areas adjusted that are contraindicated.
  - Options for cases like this:
    - File a report
    - Speak about it to your pod doc or Dr Clum
    - Seek help from a student advocate!
      - Nick Kubler and Alex Vargas
  - Dr Razzaqui has been noted
- 150\$ graduation fee
  - What exactly does it cover
    - Told it was to print diploma
  - Why not add it to tuition or student fees?
  - Done this after the fact
  - Some people received an email some didn't
- Spray disinfectant is not working very well although it is green
  - 154A
  - Will bring this forward
- Whiteboards are getting messed up either due to the board or due to the cleaning spray
  - 157
  - Will also bring this forward
- Badge issues at the courtyard into the clinic
- Issues with echo 360
  - Audio sound sometimes low, camera pans away from front of the class
- Gym equipment/ hours
  - Student discounts (student life is working on looking and providing it)
  - Current hours: 8-2pm on weekend, 6am-8pm on school days

- Finals set up
  - Admin is aware of what happened last quarter but exec will bring it up again
- Request: More seating outside but sid and nell courtyard/ new umbrellas
- Wifi in classrooms ("Academic success" wifi does not work)
  - Admin and facilities are aware
  - If there are issues that arise with exams and professors please direct emails to the stuco exec to get additional help to voice your concerns.

#### **Announcements –**

- Key Card access for students allow for the following hours: (student side entrance)
  - Monday-Friday 6am-8pm
  - Saturday-Sunday 7am-4pm
- Brown bag – week 6
  - CLL/ Service trips/ Clinic
- Hiring student advocates
  - See Loretta and Adriaan for more info
  - Work study position (so apply in student life)
- Work Study with Xander
  - For media around campus as well as off campus and photography
- SABCA Block party!!!
  - Friday week 7 after seminar
  - Student parking lot
  - Please fill out the survey
  - [https://docs.google.com/forms/d/e/1FAIpQLSeKT6y7zTraCBS1cR0SPcQX3-SnHo\\_-XH8A-NsyRKlgTFn\\_PQ/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSeKT6y7zTraCBS1cR0SPcQX3-SnHo_-XH8A-NsyRKlgTFn_PQ/viewform?usp=sf_link)
- Please check in with the facebook body page for info on Irene Gold Board Reviews
- Please clean up after yourselves in the student lounge
  - Cover your food with a paper towel

#### **Adjournment**

**Motion:** Miguel F. **Second:** Jasleen K

**Vote: PASSED**

**Meeting concluded at: 12:51 pm**



STUDENT COUNCIL BRINGS YOU

# *The Oklahaven Valentine's draw.*

**WIN A FULL VALENTINES  
HAMPER FOR YOU AND  
YOUR SPECIAL PERSON!**

*Tickets sold from the 8th of Feb to the 14th Feb &  
the winner will be announced at 1:00pm on Feb  
14th.*

*contact your student reps and student council exec  
board to get your tickets!*

*\$2 per ticket, unlimited entries & all proceeds go  
to The Oklahaven childrens chiropractic charity.*



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