

Ultra Sports Bank Latest - October



Stay up-to-date with all the exciting developments at our [Bank clinic](#). From new team members and anniversaries to the latest in professional development and treatment updates, there's always something happening at Ultra Sports Clinic.

Key Takeaways:

- [Team & Personal News: Welcome Ryan & Happy 2 Years James!](#)
- [What's Happening at the Bank Clinic?: Shoulder Study from Professor Tony Kochhar](#)
- [Popular Treatment Offers: Changes to Shockwave Therapy Sessions](#)
- [Case Study: A Patient's Dedication to Completing a Full Ironman](#)

Team & Personal News

Welcome Ryan & Happy 2 Years James!

[Image of Ryan Letts needed]



We're thrilled to welcome Ryan Letts to our Bank clinic team! Ryan will be available for appointments on Tuesday and Friday afternoons. His expertise and fresh perspective are a fantastic addition to our clinic, and we're excited for you to meet him.

We're also celebrating a significant milestone for one of our own. James, one of our expert clinicians, has now been with us for two years. James's dedication and commitment to his patients have made him an invaluable member of the Ultra Sports Clinic family. We're incredibly proud of the work he does and the positive impact he has on our patients' lives.

What's Happening at the Bank Clinic?

Shoulder Study from Professor Tony Kochhar



As part of our ongoing commitment to providing the highest standard of care, our very own Nicola and Colin recently attended a shoulder study day led by the renowned Professor Tony Kochhar. Professor Kochhar is a leading Consultant Orthopaedic Surgeon specializing in shoulder, elbow, and upper limb surgery. This intensive training day provided Nicola and Colin with the latest insights and techniques in the assessment, diagnosis, and treatment of shoulder injuries, ensuring our patients benefit from cutting-edge, evidence-based practice.

Popular Treatment Offers

Changes to Shockwave Therapy Sessions



We're making some changes to our [shockwave therapy](#) sessions to enhance the quality and effectiveness of your treatment. We will no longer be offering 15-minute sessions. Instead, all shockwave therapy will now be provided within a 30-minute session. This change allows for a more comprehensive treatment approach, combining the benefits of shockwave therapy with other manual techniques to optimise your recovery.

For our insurance patients, the 30-minute session including shockwave therapy will be covered as standard. For our private patients, there will be a rate increase to reflect the extended session time and enhanced treatment. We will, of course, honour all existing shockwave therapy blocks until they are completed. We are confident that this change will provide all our patients with a superior treatment experience and even better clinical outcomes.

Case Study

A Patient's Dedication to Completing a Full Ironman



One of our patients recently completed a full Ironman competition. The patient came to us with a debilitating injury that was severely impacting his training and putting his Ironman ambitions at risk. Under the expert care of [James](#), The patient underwent a comprehensive and personalised treatment plan. Through a combination of manual therapy, targeted exercises, and expert guidance, they not only recovered from their injury but also went on to achieve their dream of completing the gruelling Ironman.

The patient's story is a testament to their incredible determination and the transformative power of expert [physiotherapy](#). We're honoured to have been a part of their journey and wish them all the best in their future athletic endeavours.

Contact Ultra Sports Clinic Today



Whether you're dealing with a stubborn injury or want to optimise your health, our team at [Ultra Sports Clinic](#) Bank is here to help you achieve your goals. To [book an appointment](#) with our physio clinic experts, please [get in touch](#) with our reception team.