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JUNIOR PUBLIC HEALTH NURSE-NCA

EXAM DATE:30-01-15

1.Time limit for registration of birth is:

A.7 days*

B.10 days

C.14 days

D.15 days

Ans:A

2.First step in the control of a communicable disease is:

A.Health survey

B.Isolation

C.Registrtion

D.Early diagnosis*

Ans:D

3.Number of deaths from puerperal causes per 1000 live births is called:

A.Infant mortality rate

B.Maternal mortality rate

C.Perinatal mortality rate*

D.Neonatal mortality rate

Ans:C

4.Riehest source of vitamin C is:

A.Amla*

B.Radish

C.Meat

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D.Milk

Ans:A

5.One of the positive symptoms of schizophrenia is:

A.Frustration

N.Anger

C.Imaginative thinking

D.Hallucination*

Ans:D

6.One Anganwadi worker covers a population of:

A.3000

B.5000

C.1000*

D.2000

Ans:C

7.Average head circumference at birth is:

A.34 cm*

B.30 cm

C.40 cm

D.45 cm

Ans:A

8.An epidemic which spreads over the whole world is called:

A.Sporadic

B.Pandemic*

C.Endemic

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D.Epidemic

Ans:B

9.By which route BCG vaccination is given:

A.Intramuscular

B.Subcutaneous

C.Intradermal*

D.Intravenous

Ans:C

10.Drug of choice for the treatment of Pneumonia is:

A.Ofloxacin

B.Chloramphenicol

C.Tetracyclin

D.Co trimoxazole*

Ans:D

11.Rabies in man is called:

A.Acrophobia

B.Algophobia

C.Claustrophobia

D.Hydrophobia*

Ans:D

12.Oligohydramnios is a condition when the volume of amniotic fluid is less than:

A.500 ml

B.900 ml

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C.300 ml*

D.600 ml

Ans:C

13.The individual blame others for his mistakes is called:

A.Projection*

B.Repression

C.Regression

D.Sublimation

Ans:A

14.Refuse along with human excreta is disposed of by a method known as:

A.Controlled tipping

B.Composting *

C.Dumping

D.Incineration

Ans:B

15.Amount of water in the well is calculated by applying the formula:

A. $(3.14d^2xh)/4x1000^*$

B. $(3.14xdxh^2)/4x1000$

C. $(3.14xd^2xh)/4x100$

D. $(3.14xdxh)/4x100$

Ans:A

16.Example of non-verbal communication is:

A.Lecture

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B.Facial expression*

C.Symposium

D.Newspaper

Ans:B

17.Sabin vaccine is given for the prevention of:

A.Measles

B.Typhoid fever

C.Poliomyelitis*

D.Diphtheria

Ans:C

18.Protrusion of abdominal viscera through an abnormal opening in the body wall is called:

A.Ulcer

B.Haemorrhoid

C.Distension

D.Hernia*

Ans:D

19.One of the elements of primary health care is:

A.Immunization*

B.Community participation

C.Equitable distribution

D.Bag technique

Ans:A

20.Pap smear is a screening test for:

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- A.Carcinoma stomach
- B.Carcinoma rectum
- C.Carcinoma cervix*
- D.Carcinoma breast

Ans:C

21.Thyroxine is secreted by:

- A.Pancreas
- B.Adrenal gland
- C.Parathyroid gland
- D.Thyroid gland*

Ans:D

22.Baby doubles its birth weight at:

- A.9 months of age
- B.5 months of age*
- C.7 months of age
- D.1 year of age

Ans:B

23.The headquarters of World Health Organization:

- A.Geneva*
- B.New York
- C.New Zealand
- D.Canada

Ans:A

24.Which among the following is a combined Audio visual aid?

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- A.Radio
- B.Tape-Recorder
- C.Posters
- D.Television*

Ans:D

25.Could between 1-5 years is considered to be malnourished,if the Midarm circumference is less than:

- A.16 cm
- B.12.5 cm*
- C.14.5 cm
- D.18.5 cm

Ans:B

26.Formula used for the paediatric dosage of medication for children under the age of one year is:

- A.Clark's rule
- B.Young's rule
- C.Friend's rule*
- D.Evan's formula

Ans:C

27.Which is the angle of insertion for intramuscular injection?

- A.45 degree
- B.90 degree*
- C.75 degree
- D..95 degree

Ans:B

28.Cooking below the boiling point is called:

A.Simmering*

B.Steaming

C.Stewing

D.Baking

Ans:A

29.An example of protein energy malnutrition is:

A.Anemia

B.Scurvy

C.Marasmus*

D.Rickets

Ans:C

30.For effective sterilization in the autoclave,the temperature should be:

A.112 deg C

B.105 deg C

C.103 deg C

D.122 deg C*

Ans:D

31.Which among the following vaccine should be stored at minus 20 deg C.

A.DPT

B.TT

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C.BCG

D.Polio*

Ans:D

32.In hyperpyrexia,the body temperature is-----degree F:

A.Between 99 and 101

B.Between 101 and 103

C.More than 105*

D.Between 103 and 104

Ans:C

33.Characteristic hormone of the placenta is:

A.Oestrogen

B.Chorionic gonadotrophin*

C.Corticotrophin

D.Oxytocin

Ans:B

34.Addition of starch to make the milk thicker is an example of:

A.Fortification

B.Preservation

C.Adulteration*

D.Food additive

Ans:C

35.In which condition,"Basic life Support" is used?

A.Cardiac arrest*

B.Chest injuries

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C.Cardiac failure

D.Pleural effusion

Ans:A

36.Common type of fracture in which the distal portion of the radius is fractured:

A.Linear fracture

B.Colies' Fracture*

C.Spiral fracture

D.Pott's fracture

Ans:B

37.Which among the following parasite is responsible for malaria?

A.Wuchereria bancrofti

B.Brugia malayi

C.Plasmodium*

D.Brugia timori

Ans:C

38.One of the cardinal symptoms of heart disease is:

A.Pallor

B.Anorexia

C.Anemia

D.Dyspnea*

Ans:D

39.Offensive odour of breath is called:

A.Sordes

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B.Pyorrhoea

C.Cheilosis

D.Halitosis*

Ans:D

40.Formation and excretion of less than 100 ml of urine in 24 hours is called:

A.Oliguria*

B.Polyuria

C.Anuria

D.Nocturia

Ans:A

41.Which meal plan is best for the patient with Diabetes Mellitus?

A.Avoidance of fats and proteins

B.High fibre,adequate protein intake*

C.Low fibre,high carbohydrate diet

D.High fibre,low protein intake

Ans:B

42.Most sensitive measure of growth of an Infant is:

A.Weight*

B.Head circumference

C.Height

D.Chest circumference

Ans:A

43.What is the normal respiratory rate of an adult?

A.30-34/minute

B.16-20/minute*

C.25-29/minute

D.12-15/minute

Ans:B

44.Separation of an infected person from the non-infected persons for the period of communicability

A.Quarantine

B.Surveillance

C.Isolation*

D.Prophylaxis

Ans:C

45.Physical activity accomplished by the clients without assistance is called:

A.Active exercise*

B.Flexion exercise

C.Passive exercise

D.Extention exercise

Ans:A

46.Pulse polio immunization programme was launched in the year:

A.1991

B.1993

C.1996

D.1995*

Ans:D

47.Pulse rate below 60 per minute is called:

- A.Bradycardia*
- B.Tachycardia
- C.Cardiac Arrhythmia
- D.Pulses Alternans

Ans:A

48.Causative organism of bookworm infection is :

- A.Ascais lumbricoides
- B.Staphylococcus aureus
- C.Ancylostoma duodenak*
- D.Salmonella typhimurium

Ans:C

49.Temporary opening between two atria in the fetel heart is called:

- A.Ductus venosus
- B.Foramen ovale*
- C.Ductus arteriosus
- D.Hypogastric artery

Ans:B

50.Graphic method of recording the salient features of labour:

- A.Cholangiography
- B.Cervicograph
- C.Computerized axial tomography
- D.Partograph*

Ans:D

51.One of the positive signs of pregnancy is:

- A.Changes in the uterus
- B.Hearing fetal heart*
- C.Abdominal enlargement
- D.Uterine contractions

Ans:B

52.The cardinal sign of pre-clampsia is:

- A.Raised blood pressure*
- B.Abdominal pain
- C.Gastritis
- D.Jaundice

Ans:A

53.Which organ secretes"bile"?

- A.Pancreas
- B.Small intestine
- C.Liver *
- D.Spleen

Ans:C

54.Which among the following drug helps to induce labour?

- A.Papaveretum
- B.Chlormethiazole
- C.Betamethasone
- D.Oxytocin*

Ans:D

55.Perfect apgar score should be:

A.9 or 10*

B.11 or 12

C.6 or 7

D.14 or 15

Ans:A

56.What abnormal constituent is present in the urine in a case of Hyperemesis gravidarum?

A.Protein

B.Sugar

C.RBC

D.Ketones*

Ans:D

57.Which of the following is an Antituberculosis drug?

A.Chloramphenicol

B.Rifampicin*

C.Gentamycin

D.Amoxyicillin

Ans:B

58.Fertilization usually occurs in the:

A.Fundus

B.Isthmus

C.Ampulla*

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D.Corpus

Ans:C

59.Kala-azar is prevented by controlling:

A.Houseflies

B.Rat fleas

C.Tics

D.Sandflies*

Ans:D

60.What is the amount of bleaching powder needed for disinfection 1000 litres of water?

A.2.0 gm

B.3.0 gm

C.2.5 gm*

D.3.5 gm

Ans:C

61.Number of “New cases”occurring in a defined population is called:

A.Prevalence

B.Incidence*

C.Seasonal trend

D.Secular trend

Ans:B

62.The suture in between two parietal bones is called:

A.Sagittal*

B.Coronal

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C.Lambdoidal

D.Frontal

Ans:A

63.Active immunity may be acquired by:

A.An attack of disease*

B.Injection of antiserum

C.Injection of gamma-globulin

D.Maternal antibodies

Ans:A

64.Most important cause of diarrhea in infants and children is:

A.Enterovirus

B.Adenovirus

C.Rota virus*

D.Coronavirus

Ans:C

65.Janani Suraksha Yojana is related to:

A.ICDS

B.RCH*

C.WHO

D.UNICEF

Ans:B

66.One of the complications of Intra-uterine device insertion is:

A.Weight gain

B.Breast tenderness

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C.Headache

D.Bleeding*

Ans:D

67.Increase in the depth of respiration is called:

A.Hyperpnoea*

B.Apnoea

C.Orthopnoea

D.Tachypnoea

Ans:A

68.Drugs that cause expulsion of gas from the intestinal tract:

A.Cathartics

B.Carminatives*

C.Diuretics

D.Expectorants

Ans:B

69.One of the leading causes of maternal mortality in India:

A.Obstructed labour

B.Ectopic pregnancy

C.Obstetric haemorrhage*

D.Eclampsia

Ans:C

70.Freedom from disease-causing micro organisms:

A.Sepsis

B.Bacteriostasis

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C.Antisepsis

D.Asepsis*

Ans:D

71.Under vitamin A prophylaxis programme,children between 1 to 6 years are given:

A.3 lakh IU of Vit A

B.2 lakh IU of Vit A*

C.2.5 lakh IU of Vit A

D.1.5 lakh IU of Vit A

Ans:B

72.The safe and effective drug again filarial infection is:

A.Diethylcarbamazine*

B.Rifampicin

C.Ofloxacin

D.Tetracyclin

Ans:A

73.Severe bleeding during the third stage of labour:

A.Placenta praevia

B.Puerperal haemorrhage

C.Postpartum haemorrhage*

D.Placental abruption

Ans:C

74.Incubation period of Mumps is:

A.4 Weeks

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B.1 Week

C.4-5 Weeks

D.2-3 Weeks*

Ans:D

75.Deficiency of Vitamin B12 causes:

A.Pernicious anaemia*

B.Osteomalacia

C.Xerophthalmia

D.Kwashiorkor

Ans:A

76.Which among the following ease is not due to Aeses mosquitoes?

A.Rift valley fever

B.Malaria*

C.Dengue fever

D.Chikangunya fever

Ans:B

77.Calcium requirement during pregnancy and lactation is:

A.0.5gm

B.3.0 gm

C.2.0 gm

D.1.0 gm*

Ans:D

78.World AIDS day is celebrated every year on:

A.July 11th

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B.April 7th

C.December 1st*

D.June 5th

Ans:C

79.First course of oral contraceptives should be started in which day of menstruation?

A.5th day*

B.3rd day

C.7th day

D.9th day

Ans:A

80.H1N1 infection spreads through:

A.Contaminated water

B.Droplet nuclei*

C.Contaminated fruits and vegetables

D.Infected vector mosquitoes

Ans:B

81.Who raised the slogan 'One Caste',One Religion and One God for Man'?

A.Sree Narayanaguru*

B.Vaikunda Swami

C.Sahodaran Ayyappan

D.Thycaud Ayya

Ans:A

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82.Nair Service Society was organized on the pattern of the :

- A.SNDP
- B.Sahodara Sangham
- C.Yogakshema Sabha
- D.Servants of India Society*

Ans:D

83.The newspaper 'Swadesh abhimani'was owned by:

- A.K.P.Kesavamenon
- B.Vakkam Abdul Khadir Moulavi*
- C.C.V.Kunjiraman
- D.K.Ramakrishnapillai

Ans:B

84.Who was honoured by Maharaja of Cochin with the title 'Kavithilakan'?

- A.Kumaranasan
- B.Pandit Karuppan*
- C.Ullor
- D.Vallathol

Ans:B

85.Birthplace of Ayyankali:

- A.Panmana
- B.Chempazhanti
- C.Venganoor*
- D.Kaladi

Ans:C

86.The present Loksabha Speaker is:

A.Sumithra Mahajan*

B.Smrithi Irani

C.Umabharathi

D.Sushama Swaraj

Ans:A

87.Which nation was the winner in the World cup Football 2014?

A.Italy

B.Brazil

C.Argentina

D.Germany*

Ans:D

88.Name the first Keralite who sail around the World:

A.George Kulangara

B.Vijayan

C.Abhilash Tomy*

D.Magalien

Ans:C

89.Who is known as'Little Master?'

A.Sunil Gavaskar*

B.Sachin Tendulkar*

C.Mathew Haiden

D.Dhony

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Ans:A,B

90.ESA means:

- A.Ecologically sensational area
- B.Ecologically sensitive authority
- C.Eco Sensitive area
- D.Ecologically sensitive area*

Ans:D

91.'Discovery of India'is written by:

- A.R.K.Narayan
- B.M.K.Gandhi
- C.Jawaharlal Nehru*
- D.Tilak

Ans:C

92.Founder of Scheduled Caste Federation:

- A.Gandhi
- B.Ambedkar*
- C.Jayaprakash Narayan
- D.Annie Besant

Ans:B

93.The highest Mountain peak in the world:

- A.Mount Everest*
- B.Kanchen Junga
- C.Manaslu
- D.Makalu

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Ans:A

94.Who publish 'Annual Demographic year book':

A.W.H.O

B.U.N.O*

C.I.L.O

D.P.L.O

Ans:B

95.Which is the biggest rainforest in kerala?

A.Thekkady

B.Wayanad

C.Lakkidy

D.Silentvalley*

Ans:D

96.Headquarters of National Film Archives:

A.Poona*

B.Delhi

C.Bombay

D.Calcutta

Ans:A

97.Who wrote Vandemataram:

A.Subrahmanyabharathi

B.Tagore

C.Premchand

D.Bankim Chandra Chatterji*

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Ans:D

98.Indian National Congress founded in:

A.1784

B.1884

C.1885*

D.1785

Ans:C

99.First Education Minister of Kerala:

A.Pattam Thanupillai

B.Joseph Mundassery*

C.R.Sankar

D.A.V.John

Ans:B

100.Indian Oil Corporation came into being in:

A.1965

B.1978

C.1964*

D.1974

Ans:C

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