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Friday 19th May, 2023

Dear Parents,

Well wasn't today another great success! Huge congratulations to all the students who braved that weather and resiliently participated in the school's annual Athletics Carnival. A lot of planning and preparation goes into this school event each year, and Kieran Whelan and the teachers are always looking for ways to ensure all students, no matter their athletic ability, have a fantastic day. And today did not disappoint. Thank you to Kieran Whelan for all of his hard work in organising this event and thank you to Colleen Douglas and Simone Nott for your support and work that took place in the background. Finally, thank you to Clare Mayby and Monica Rylance for putting social stories together for the student regarding resilience, winning and losing. I am sure this set everyone up for success today.

To continue the thank yous, a shout out to our Community Group members who supported our recent Mothers Day Stall. Thank you to Tiff Vahland, Rosie Davis, April Scala, Cara Mills, Kelly Bradley, Pip O'Donoghue, Kate Jackson and Jenni Harper. Furthermore, thank you to Kelly Toyne and Mags Watts for your donations. The gifts within the stall this year were a mixture of store bought and gifts talentedly made by members of our school community. Hopefully mum's and special figures in our children's lives were pleasantly surprised on Sunday morning by the quality of gifts purchased! I also saw some of the fantastic handmade cards and treats made by our students in their classrooms. There was definitely some cuteness overload!

Finally I want to thank the 109 people who came to our Mothers Day Morning Tea; it was great to catch up with many of you. The goal of this morning was in response to feedback from the school community around community connection. The purpose of the morning was to spoil the mothers and special people with a lovely morning tea and hot drink. Beth, our guest speaker, was selected specifically to make the morning feel like a moment of self care and I feel she did achieve this through her presentation. It is disappointing to hear that some year level chat groups misinterpreted the purpose of the event. Please be reminded that as a member of the Christ the King School Community it is an expectation that all parents adhere to the Parent Code of Conduct and Parent Electronic Communication Policy at all times. If you require a refresher on these policies, they are available on the school website.

On the final page of this fortnight's newsletter you will see advertised the upcoming JLC Community Conversation. After extremely positive feedback last year, Giuliett Moran will return to continue her work with us on developing resilience in young children. As a mother of three herself, Giuls shares practical and easy to implement strategies and techniques to support parents. We would love to see as many JLC families as possible at the event and as always, it's a great informal way to catch up with other parents within your child's year level.

Everyone will no doubt be pleased to know that after two failed attempts across the last four years, that the Christ the King School Musical will finally be going ahead! Whilst all details are currently quietly underwraps as we finalise the final elements of the plan, please save the date (Thursday October 19th).

We have a busy few weeks ahead of us, as we enter the hump weeks of the term. Stay healthy and use downtime to recuperate and ensure that our students are at school healthy, happy and ready to learn.

Kind regards,
Louise Vakirevic



CHRIST THE KING

Student Leadership

Promoting Student Agency & Wellbeing**Keegan Doherty****Student Leader and Resource Smart Leader**

We could not be prouder of our Student Leadership team and their incredible start to 2023!

They have done an exceptional effort to promote student wellbeing and agency through a multitude of initiatives and actions across the school and wider community. Their dedication and passion for all aspects of school life have had a significant impact on creating a supportive and inclusive environment. From daily actions such as the organisation of lunchtime activities and reporting to a whole-school audience at line up, to larger events such as the Easter Bonnet Parade and today's Athletics Carnival, our Student Leaders have shown an unwavering commitment to the welfare of their peers and representative year levels. Below is a summary of some of the events that occurred at the conclusion of Term One and earlier this term, alongside a snapshot of some of the exciting upcoming opportunities involving our Student Leadership team.

Student Leadership Year Level Meetings

Last term, the members of our Student Representative Council met with their representative year level to seek feedback and input about the ideas and initiative students would like to see across the school. Changes that occurred as a result of this meeting included our updated bell tunes (featuring popular songs from Disney films, several hits by Harry Styles and surprisingly one hit from the 80's *Highway to the Danger Zone!*), lunch time activities based on the suggestions of each year level and school-wide fundraiser events such as *Kickin' For Viqueque*. With our Student Leaders set to meet with their representative year levels once again this coming week, we're excited to hear about what new ideas come to surface!



HALOGEN Leadership Conference

"Success is nothing, if you arrive at the finish line alone" - Robert DiPierdomenico.

The members of our Student Representative Council and Sustainability Leaders had an absolute ball at Halogen Leadership Conference in Melbourne at the conclusion of last term. The Halogen Leadership Conference is an annual event focused on empowering and inspiring young individuals to become effective leaders and make a positive impact in their communities. A panel of four incredibly talented speakers shared their life experiences, their learning and what it means to be a leader. This included tech-entrepreneur Amanda Johnstone, media and TV presenter Candy Hertz, comedian/author Nazeem Hussain, and AFL legend Robert DiPierdomenico.



ResourceSmart Sustainability Initiatives & Collections

A big thank-you goes out to everyone for their donations and engagement in supporting our sustainability initiatives. Remember, every action makes a difference not only in continuing our ResourceSmart progression but most importantly in caring for our common home! Below is a short summary of each of the items that we are **continuing to collect this term**. Donations can be brought to school with your child and dropped off at our collection points pictured and located in our Maker-Space!

Save Our Soles: Donations of old sneakers and certain pairs of shoes are taken to a recycling centre where they are to be broken down and remade into gym mats and playground flooring. [Details can be found here](#).

Bread Tags for Wheelchairs: We are continuing to collect plastic bread tags. Please note, due to oversupply we are NO LONGER collecting milk bottle caps. Thank-you.

E-Waste recycling: Old iPads and mobile phone devices can be dropped off at school which are collected by the Lions Club.

With the topic of waste being our whole-school Problem-based Learning focus at the moment, it is a fantastic opportunity to discuss these great initiatives with your child and get involved! Well done to both Miller, Jordan (Sustainability Leaders) and the members of our Green Team in driving these initiatives.



For the first time since 2020, a special day focusing on Social Justice called **"Kickin' For Viqueque"** is set to be held on Thursday 1st June! Alongside participating in a Round Robin soccer competition, we are looking forward to seeing all of our students dressed up in the colours of the East Timorese flag (with appropriate footwear worn to play soccer!). Trophies will be presented to the winning house teams in the Junior, Middle and Senior Learning Communities.

However, alongside having a day filled with fun activities, the most significant part of this experience is our **coin drive**. **We're encouraging students to donate any pocket money and families to dig deep in an effort to support our Partner Parish, Mary Immaculate in Viqueque, East Timor.** This is one of our school's most prolific fundraising events and really epitomises the phrase "A little for some, is a lot for others". Students will earn points for their House team by donating as many coins as they can for our friends in East Timor and in the morning prior to the sporting festivities, all Learning Communities will place their coins in the letters of the word "HOPE" written on the basketball court. [You can check out a short video and some great pics from our last Kickin for Viqueque event here.](#)



Monica Rylance
Mental Health and Wellbeing Leader

Thank you to all those who attended the Mother's Day morning tea. It was lovely to see so many of you there. Beth Milner from the Geelong Meditation Centre gave some very helpful tips. She reminded us of the importance of spending some time each day on some self-care, even if it is only a couple of minutes doing a short meditation or mindfulness activity. Inserted are a couple of her slides that she shared with us.

If you would like to learn more about the work Beth does, here is the link to her website, [Geelong Meditation Centre](#).

She also spoke about a course for pre-teens called [Being More Me, Mindfulness & Self-compassion for pre-teens and here is the link to this course](#)

Survey

Following on from this we thought it might be great to get a Community Wellbeing Group organised in our school. We have put together a survey to try to determine the level of interest, topics, or activities parents or caregivers might be interested in. We are also wanting to see if you might be willing to join a committee to help organise these well-being activities for our community.

[Here is the link to the survey.](#)

Thank you for taking the time to complete the survey.

REMINDERS

School Uniform

As of the beginning of Week Two, Term Two (Monday 1 May) it is expected that all students will be in full Winter uniform. For further details please visit the [school's website](#). All uniform items can be purchased from [Noone Uniforms](#).

Uniform Term 2 - 2023



BOYS:

Long sleeve striped school shirt
Long navy school pants
School Jumper
Navy socks
Plain Black Leather School Shoes
School Beanie (optional)
School Scarf (optional)

GIRLS

School Jumper
Tunic
White school shirt with Peter Pan collar
Navy socks / Navy Tights
Plain Black Leather School Shoes
School Beanie (optional)
School Scarf (optional)

Some additional information below from our School Uniform Policy:

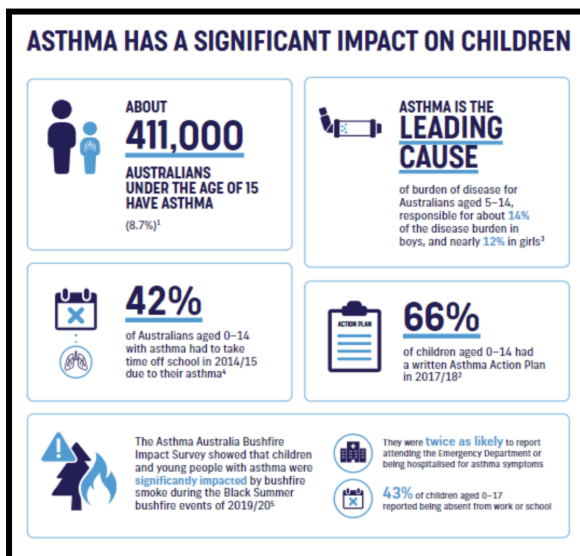
Hair As per the advice of the Head Lice policy, long hair must be tied back. Ribbons and other accessories must be school colours - navy blue, white or red. Extreme hairstyles and unnatural hair colour are not acceptable (exemption may occur for approved fundraising days).

Jewellery No jewellery (except tight sleeper/stud earrings)

Tattoos Tattoos are not permitted

Classroom teachers will contact you directly if students are out of uniform. It is every parent's responsibility to make sure their child is in correct uniform, and if there is a uniform hiccup, please contact your child's teacher via the diary to let them know the reason for your child being out of uniform. We do have some spare articles of uniform at school, but these are mainly for when someone has an accident.

Medical Management: Asthma & Anaphylaxis



We have a number of children in our school who suffer from Asthma and Anaphylaxis. It is important that parents provide an updated Asthma Action Plan and Anaphylaxis Action Plan each year and **upload this to Operoo**.

2023 CALENDAR - TERM TWO

Week Beginning	Date	Event
Week 5 22/05	Mon 22 May Wednesday 24 May	COMMUNITY GROUP MEETING - - 2PM School Advisory Council Meeting - 7.00 PM
Week 6 29/05	Thursday 1 June Thursday 1 June Friday 2 June	JLC COMMUNITY CONVERSATION - 7PM Kicking for Vivqueque Day Recognition Awards Assembly - 2.30 PM
Week 7 05/06	Dates and time as advised Friday 9 June	Program Support Group Meetings SCHOOL CLOSED - Staff Professional Learning
Week 8 12/06	Monday 12 Jun Friday 16 June	SCHOOL CLOSED - King's Birthday Public Holiday Dynamiq Training - Whole School Emergency Exercise
Week 9 19/06	Mon 19 June Wednesday 21 June Wednesday 21 June Thursday 22 June Friday 23 June	COMMUNITY GROUP MEETING - 2.00 PM School Advisory Council Meeting - 7.00 PM Reports and Student Assessment Portfolios Sent Home Recognition Awards Assembly - 2.30PM FINAL DAY FOR STUDENTS (SCHOOL FINISHES AT 12.00PM)

Developing RESILIENCE

IN YOUNG CHILDREN

PART 2!

*This Community Conversation, builds on the work
Giuls presented to our families in 2022! Designed
specifically for our JLC families, we will explore
developing and fostering resilience in children to
support the growth and development of their
emotional intelligence.*

When: Thursday 1st June @ 7pm

Where: School Hall

Who: Parents Only

PRESENTED BY

Giuliett Moran
Psychologist



←-----→
Confirm your attendance by returning this slip by Monday May 29th.

I/We will be in attendance? Yes / No

Names of attendees: _____